



2026 STAFFORDSHIRE COUNTY CHAMPIONSHIPS
Saturday 09 May 2026 - At Northwood Stadium, Stoke on Trent ST1 6PB

To Be Held Under UKA Rules

ENTRIES CLOSE AT MIDNIGHT SUNDAY 03 MAY 2026 - NO LATE ENTRIES WILL BE ACCEPTED

AGE GROUPS

Senior Men & Women: Must be at least 20 years of age on the 31st December 2026.

Under 20 Men & Women: Competitors who have reached their 17th birthday on the 31st August 2026 but not their 20th birthday by the 31st December 2026.

Under 18 Men & Women: Competitors who have reached their 16th birthday but not their 18th birthday by midnight on the 31st August 2026.

Under 16 Boys & Girls: Competitors who have reached their 14th birthday but not their 16th birthday by midnight on the 31st August 2026.

Under 14 Boys & Girls: Competitors who have reached their 12th birthday but not their 14th birthday by midnight on the 31st August 2026.

Under 12 Boys & Girls: Competitors who have reached their 10th birthday but not their 12th birthday by midnight on the 31st August 2026.

Entry fee, £8 per event. All entries must be made online. No refunds will be given.

<https://entry4sports.co.uk/staffstandf2026>

CONDITIONS OF ENTRY

1. ELIGIBILITY

Athletes who were born, or who have lived for the previous nine months in the county of Staffordshire, including by service in a Unit of HM Forces, within the County boundaries (pre 1964), or who have previously acquired and exercised eligibility and not competed subsequently for another County. (See UKA rule G2S6). Entry fees will not be refunded if you are subsequently found to be ineligible to compete.

2. HELD UNDER UKA RULES

All events will be subject to UKA Rules for Competition.

3. EVENT RESTRICTIONS

The committee reserves the right to cancel any event in which the entries are insufficient to justify the holding of a competition. As we are short of officials, events will not be held if there are insufficient entries, and it is probable that the number of trials in field events will have to be restricted.

4. UKA RULE T3 S2 APPLIES

Athletes may choose to compete in an age group above their own subject to rule T3 S2.

5. CLUB MEMBERSHIP AND CLOTHING RULE T5 S1(4)

All Athletes must be a paid-up member of a club and be registered with England Athletics. Athletes must wear the vest of their first claim affiliated club or alternatively a County, Area, National or International vest, or any other representative vest approved by UKA. Failure to wear one of these vests could result in disqualification. Schools vests should not be worn.

6. EQUIPMENT

The organisers will provide implements for the throwing events. Competitors may use their own implements provided that these are booked in a minimum of one hour prior to the scheduled start of the individual event and approved by the Field Referee. Competitors may use their own starting blocks if they conform to regulations and are approved by the Starter's Assistant.

7. MEDALS

Medals will be awarded to the first three in each event except for under 12 track races where if there are too many athletes for a single race, medals will be awarded to the fast three.

8. TRIPLE JUMP

Only standard 9m, 11m and 13m take-off boards will be used.

9. MASTERS ATHLETES

Senior & Masters athletes will compete together, with Senior implement weights and hurdle heights where applicable.

10. WITHDRAWAL FROM EVENTS

The following rule (UKA Rule T4) will apply for the duration of the competition: An athlete shall be excluded from participation in all further events (including other events in which they are simultaneously participating) in the competition, in cases where: 1. Final confirmation was given that the athlete would start in an event but failed to participate: 2. An athlete qualified in any qualification round of an event for further participation in that event but then failed to participate further: 3. An athlete failed to compete honestly with bona fide effort.

11. REGISTRATION

Athletes must register at least one hour prior to their first competition. Please bring with you proof of entry i.e. copy of your email confirmation.

12. ANTI-DOPING STATEMENT

All entrants shall be deemed to have made him/herself familiar with and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from 11th May 2025 whether or not the entrant is a citizen of, or resident in the UK.

IMPORTANT PLEASE READ NOTES BELOW

Please be aware that if an athlete enters several events there are likely to be clashes in timetabling. In the case your events clash, it is suggested that the athlete or athletes coach or parent report to the field event lead to register. When the athlete returns to the field event they may then join in at the point that the field event is in, i.e. if they return and trial 2 has started the athlete must join in at that stage meaning they will miss trial 1. In the high jump and pole vault they may enter at the height of the bar when they return, provided that the second round at that height has not already started.

This is a Championship meeting. In several events, particularly sprint events there may be a requirement to run heats and finals. If you have not received an email confirmation by the 6th May 2026, or if you experience any issues with on-line entries please contact, entries@staffs-champs.org.uk

Entries close Midnight Sunday 03 May 2026. No late entries will be accepted.

EVENTS

Under 12 Girls *(Please read note 1 below)*

75m, 600m

Long Jump, Shot (2kg / 2.72kg - TBC)

Under 14 Girls *(Please read note 2 below)*

100m, 200m, 800m **OR** 1500m, 75m Hurdles (68.5cm)

High Jump, Long Jump, Pole Vault, Shot (2.72kg), Hammer (2kg), Discus (0.75cm), Javelin (400g)

Under 16 Girls *(Please read note 2 below)*

100m, 200m, 300m, 800m **OR** 1500m, 80m Hurdles (76.2cm), 300m Hurdles (76.2cm)

High Jump, Long Jump, Triple Jump, Pole Vault, Shot (3kg), Hammer (3kg), Discus (1kg), Javelin (500g)

Under 18 Women

100m, 200m, 400m, 800m, 1500m, 100m Hurdles (76.2cm), 400m Hurdles (76.2cm)

High Jump, Long Jump, Triple Jump, Pole Vault, Shot (3kg), Hammer (3kg), Discus (1kg), Javelin (500g)

Under 20 Women

100m, 200m, 400m, 800m, 1500m, 5000m, 100m Hurdles (84.0cm), 400m Hurdles (76.2cm)

High Jump, Long Jump, Triple Jump, Pole Vault, Shot (4kg), Hammer (4kg), Discus (1kg), Javelin (600g)

Senior Women

100m, 200m, 400m, 800m, 1500m, 5000m, 100m Hurdles (84.0cm), 400m Hurdles (76.2cm)

High Jump, Long Jump, Triple Jump, Pole Vault, Shot (4kg), Hammer (4kg), Discus (1kg), Javelin (600g)

Under 12 Boys *(Please read note 1 below)*

75m, 600m, Long Jump, Shot (2kg ?)

Under 14 Boys *(Please read note 2 below)*

100m, 200m, 800m **OR** 1500m, 80m Hurdles (76.2cm)

High Jump, Long Jump, Pole Vault, Shot (3kg), Hammer (3kg), Discus (1kg), Javelin (500g)

Under 16 Boys *(Please read note 2 below)*

100m, 200m, 300m, 800m **OR** 1500m, 100m Hurdles (84.0cm), 300m Hurdles (76.2cm)

High Jump, Long Jump, Triple Jump, Pole Vault, Shot (4kg), Hammer (4kg), Discus (1.25kg), Javelin (600g)

Under 18 Men

100m, 200m, 400m, 800m, 1500m, 110m Hurdles (91.4cm), 400m Hurdles (84.0cm)

High Jump Long Jump, Triple Jump, Pole Vault, Shot (5kg), Hammer (5kg), Discus (1.5kg), Javelin (700g)

Under 20 Men

100m, 200m, 400m, 800m, 1500m, 110m Hurdles (99.1cm), 400m Hurdles (91.4cm), 5000m

High Jump Long Jump, Triple Jump, Pole Vault, Shot (6kg), Hammer (6kg), Discus (2kg), Javelin (800g)

Senior Men

100m, 200m, 400m, 800m, 1500m, 110m Hurdles (106.7cm), 400m Hurdles (91.4cm), 5000m

High Jump Long Jump, Triple Jump, Pole Vault, Shot (7.26kg), Hammer (7.26kg), Discus (2kg), Javelin (800g)

Walks

This year there will be Championship walks events available, but will be held within the Worcester Championships held on the same day in Stourport. The distances will be 2K for U14 and 3K for all older age groups. Entries will be handled separately by Worcestershire County.

- (1) There will be no heats and finals for Under 12 track races. Medals will be awarded to the fastest three athletes overall.
- (2) Under 14 / 16 athletes may only compete in one distance race, 800m **OR** 1500m on a single day (UKA Rule TR3 S2). In 800m races if there are too many athletes for a single final then an A and B final will be run. Medals will be awarded to the 3 fastest athletes in each age group.