

## MILFORD 21

28th March 2010

No	Name	Club	Time	
1	164 Chris Nicoll	Derby Tri Club	2.18.16	M40-49
2	29 Jamie Anderson	Telford AC	2.21.18	
3	142 Alastair Payne	Unattached	2.24.12	M40-49
4	30 Marc Gadsden	Telford AC	2.25.05	
5	14 Mark Bridges	RSC	2.25.59	
6	154 Paul Swan	West Midlands Police AA	2.26.42	M40-49
7	150 Tim Charles	Cheltenham County Harriers	2.29.02	M40-49
8	22 Gordy Smith	Hatton Darts RC	2.29.10	
9	41 Danny Evans	Sneyd Striders	2.29.13	
10	123 Nick Thomas	Telford Harriers	2.32.38	M40-49
11	162 Andrew Soltysik	Chase Harriers	2.33.04	M40-49
12	37 Nigel Elson	Hatton Darts RC	2.33.28	
13	35 Jason Corns	Stourbridge RR	2.35.06	
14	161 Adele Salt	Trentham	2.36.15	W35-44
15	110 Michelle Clarke	Telford AC	2.37.20	W35-44
16	44 Gary Postins	Newport & District RC	2.39.38	
17	156 Maurice Reid	Newport & District RC	2.40.36	M40-49
18	25 Lee Jones	Unattached	2.40.41	
19	170 John Todd	Vale Royal	2.40.57	M40-49
20	130 Robert Edwards	Wolverhampton & Bilston	2.41.22	M40-49
21	172 John Mujinga	Tree Runners	2.41.42	M40-49
22	149 Ian Wood	Oak Park RC	2.41.59	M40-49
23	46 David Clarke	Stafford Harriers	2.43.19	
24	24 Naomi Warr	Hatton Darts RC	2.44.53	
25	132 Martin Summers	Unattached	2.45.04	M50-59
26	155 Andy Kelford	Chase Harriers	2.45.41	M40-49
27	108 Neil Herron	Black Pear Joggers	2.46.24	M40-49
28	145 John Masters	Rugeley	2.46.59	M50-59
29	33 Paul Scholte	Peel Road Runners	2.47.33	
30	117 Jason Richards	Tipton Harriers	2.49.36	M40-49
31	38 Jordan Maddocks	Peel Road Runners	2.50.43	
32	104 Colin Highfield	Sneyd Striders	2.52.47	M40-49
33	106 Robert Simpson	Stafford Harriers	2.54.05	M40-49
34	47 Gemma Barnett	Vale Royal	2.57.12	
35	42 Pat Hudson	South Cheshire Harriers	2.58.07	
36	165 Karen Davies	Stafford Harriers	2.58.39	W45-54
37	8 Matt Kenny	Action Heart Club	2.58.57	
38	126 Stephen Thompson	Unattached	2.59.05	M40-49
39	129 Clare King	Wolverhampton & Bilston	2.59.21	W35-44
40	40 Paul Stead	Northbrook AC	3.00.22	
41	127 Richard Brooks	Cobra RC	3.00.30	M40-49
42	15 Richard Bunn	Peel Road Runners	3.00.36	
43	45 Michael Quane	Dudley Kingswinford	3.01.21	
44	39 Alix Critchley	Northbrook AC	3.01.57	
45	119 Brian Jones	Halesowen Cobra	3.02.14	M40-49
46	9 Sue Peeters	Action Heart Club	3.02.54	
47	116 Richard Orme	Shropshire Shufflers	3.04.04	M40-49
48	105 Libby Collinson	Shropshire Shufflers	3.04.04	W45-54
49	125 John Foulds	Fell Runners Association	3.04.33	M50-59

50	128	Kevin Uzzell	Stone MM	3.04.43	M60-69
51	13	Rachael Thompson	Peel Road Runners	3.05.05	
52	120	Jamie Bird	Wolverhampton & Bilston	3.05.11	M40-49
53	31	Paul Mellor	Hatton Darts RC	3.06.04	
54	146	Andrew Grigg	Hatton Darts RC	3.06.30	M40-49
55	12	Lee Richards	Peel Road Runners	3.06.40	
56	27	Paul Parkinson	Newport & District RC	3.06.54	
57	101	Tricia Bunn	Peel Road Runners	3.08.22	W35-44
58	21	Ian Bishop-Parker	Chase Harriers	3.09.15	
59	102	Martin Dodd	Black Country Tri	3.10.53	M40-49
60	139	Mary Tavener	Vale Royal	3.11.01	W45-54
61	122	Charles Larsson	Newcastle Staffs AC	3.11.21	M40-49
62	10	Raj Patel	Unattached	3.11.26	
63	163	Stephen Wood	Dudley Kingswinford	3.11.29	M40-49
64	6	Helen Beecham	Aldridge RC	3.12.45	
65	173	Colin Melville	Unattached	3.13.21	M40-49
66	147	Tony Press	Hatton Darts RC	3.14.56	M60-69
67	152	Keith Parry	Chase Harriers	3.16.24	M50-59
68	141	Dave Hicks	Unattached	3.16.58	M40-49
69	167	Chris Derham	Fell Runners Association	3.17.35	M50-59
70	158	Adrian Read	Sneyd Striders	3.17.43	M50-59
71	157	Graham Kemp	Newcastle Staffs AC	3.18.51	M40-49
72	34	David Quinn	Peel Road Runners	3.19.05	
73	153	Clive Robinson	Peel Road Runners	3.19.34	M40-49
74	5	David Pearson	Unattached	3.21.03	
75	151	Philippa Boote	Stone MM	3.21.35	W35-44
76	28	Simon Turner	Unattached	3.21.56	
77	2	Gavin Goodale	Wrekin Road Runners	3.22.26	
78	26	Denzil Martin	Wrekin Road Runners	3.22.28	
79	124	David Gould	West Bromwich Harriers	3.24.46	M50-59
80	166	John Greatholder	Stafford Harriers	3.28.00	M60-69
81	43	Andrew Dasey	Newcastle Staffs AC	3.28.30	
82	144	Ben Rowell	Unattached	3.29.09	M50-59
83	11	Colin Butler	Telford Harriers	3.29.12	
84	168	Paul Clutterbuck	Vale Royal	3.29.57	M40-49
85	160	Rachel Yates	Stone MM	3.31.33	W35-44
86	16	Zoe Yeomans	Stourbridge RR	3.32.21	
87	121	Nigel Warrington	Dudley Kingswinford	3.34.31	M50-59
88	114	Paul Connor	Halesowen Cobra	3.37.02	M50-59
89	148	Rachel Tweedie	Newcastle Staffs AC	3.38.00	W35-44
90	143	Belinda Riley	Newcastle Staffs AC	3.38.01	W45-54
91	137	Barbara Bostock	Unattached	3.43.57	W45-54
92	171	Mike Cutler	South Cheshire Harriers	3.45.07	M50-59
93	36	Christopher Whitehouse	Chase Harriers	3.47.30	
94	133	Andrew Oakley	Dudley Kingswinford	3.48.46	M40-49
95	131	Andy Munford	Wolverhampton & Bilston	3.49.39	M50-59
96	134	Nigel Simms	Newcastle Staffs AC	3.53.54	M40-49
97	136	Sonia Hopkins	Unattached	3.54.04	W45-54
98	135	Juliet Chilton	Unattached	3.54.12	W45-54
99	138	Amanda Swannick	Unattached	3.56.05	W45-54
100	32	Julian McEvoy	Unattached	3.56.16	
101	169	Steve Bradshaw	Vale Royal	3.56.30	M40-49
102	140	Chris Barlow	Stone MM	3.56.50	M60-69
103	3	Debbie Goodale	Wrekin Road Runners	3.57.05	
104	115	Martyn Candy	Peel Road Runners	3.59.23	M40-49
105	4	Geoffrey Bateman	Unattached	3.59.57	

## Veterans Results

### Female

#### W35-44

1 Adele Salt	Trentham
2 Michelle Clarke	Telford AC
3 Clare King	Wolverhampton & Bilston

#### W45-54

1 Karen Davies	Stafford Harriers
2 Libby Collinson	Shropshire Shufflers
3 Mary Tavener	Vale Royal

### Male

#### M40-49

1 Chris Nicoll	Derby Tri Club
2 Alastair Payne	Unattached
3 Paul Swan	West Midlands Police AA

#### M50-59

1 Martin Summers	Unattached
2 John Masters	Rugeley
3 John Foulds	Fell Runners Association

#### M60-69

1 Kevin Uzzell	Stone MM
2 Tony Press	Hatton Darts RC
3 John Greatholder	Stafford Harriers