

NJL Midland Premier Div Round:4 RESULTS
 NOTts AC, Mansfield, Sun 25 July 2010

M 100m A	Wind -3.0 m/s	M 100m B	Wind -1.9 m/s
1 Antoe Walters	BIR 11.3	1 Timmion Skrvin	U17 NOT 11.6
2 Elijah Skervin	NOT 11.4	2 Shane Henry	BIR 11.7
3 Marcel Hodge	CHW 11.6	3 Lewis Evans	WWA 11.7
4 Guy Mayer	C&S 11.7	4 Tom Evans	CHW 11.8
5 Andrew Lord	CLT 12.0	5 Tom Wallett	U17 MNS 12.0
6 Mathew Davies	U17 WWA 12.0	6 Chris Morris	C&S 12.0
7 Alex Lloyd	MNS 13.2	7 Matt Wright	CLT 12.1
		8 Andrew Bedson	STK 12.6
M 200m A	Wind -1.5 m/s	M 200m B	Wind -0.1 m/s
1 Antoe Walters	BIR 23.1	1 Shane Henry	BIR 23.2
2 Zach King	NOT 23.4	2 Jermaine Akinbiyi	NOT 23.4
3 Marcel Hodge	CHW 23.6	3 Dominic Friend	CHW 23.9
4 Paul Bennett	WWA 23.6	4 Lewis Evans	WWA 24.1
5 Adam Sansom	MNS 24.0	5 Tom Wallett	U17 MNS 24.4
6 Guy Mayer	C&S 24.1	6 Chris Morris	C&S 24.5
7 Andrew Lord	CLT 24.3	7 Matt Wright	CLT 24.9
8	STK 25.9		
M 400m A		M 400m B	
1 David Lagerberg	U17 MNS 48.8	1 Christian Bryon	BIR 50.0
2 Efekemo Okoro	BIR 49.8	2 Joe Sassi	U17 MNS 51.9
3 Matthew Mayne	U17 C&S 52.4	3 Aqueel Hassan	CHW 54.1
4 Charlie Waterhouse	U17 NOT 53.9	4 Adam Chambers	U17 NOT 56.0
5 Jake Domingo	CHW 54.2	5 Matt Wright	CLT 56.7
6 Matthew Richards	WWA 55.2	6 Jamie Graham	C&S 57.8
7 Andrew Scull	U17 CLT 56.3	7 Richard Triggs	U17 WWA 58.6
M 800m A		M 800m B	
1 Joshua Moody	NOT 1.54.8	1 Josh Spering	CLT 2.03.9
2 Ryan Childs	MNS 2.01.0	2 Tom Guy	U17 STK 2.05.2
3 Josh Lacey	BIR 2.02.7	3 James Allan	U17 BIR 2.06.6
4 Ashley Wickett	U17 C&S 2.03.1	4 Carwyn Evans	U17 WWA 2.07.5
5 Matthew O'Leary	U17 WWA 2.03.4	5 Tom Baldwin	U17 C&S 2.08.6
6 George Buttery	CHW 2.06.4	6 Tom O'Mara	MNS 2.14.6
7 Carsten Adams	U17 CLT 2.16.7		
M 1500m A		M 1500m B	
1 Blayne Pick	NOT 4.12.6	1 Paul Thompson	NOT 4.14.8
2 Elliott Giles	U17 BIR 4.17.4	2 Ryan Childs	MNS 4.33.1
3 George Buttery	CHW 4.18.6	3 Rowan Tibbs	CLT 4.34.2
4 Chris Dale	MNS 4.22.6	4 Morgan Smith	U17 WWA 4.36.0
5 Josh Spering	CLT 4.28.5	5 Stuart Davies	C&S 4.43.5
6 Carwyn Evans	U17 WWA 4.32.5		
7 Tom Baldwin	U17 C&S 4.39.8		
M 3000m A		M 3000m B	
1 Robert Needham	U17 NOT 9.09.1	1 Nick Hardy	BIR 9.38.1
2 Chris Dale	MNS 9.14.6	2 Ryan Saxton	U17 MNS 9.41.5
3 Mike Harding	STK 9.21.2	3 Daniel Lewis	U17 WWA 10.27.4
4 Johnathon Gorringe	BIR 9.37.5	4 Jamie Graham	C&S 12.02.1
5 Matthew O'Leary	U17 WWA 9.51.9		
6 James Lake	C&S 10.58.4		
7 Carsten Adams	U17 CLT 11.08.2		
M 110mH A	Wind -0.4 m/s	M 110mH B	Wind -1.0 m/s
1 Deo Milandu	STK 15.0	1 Shane Jones	WWA 18.7
2 Dafydd Walters	WWA 15.2	2 Luke Moreby	U17 BIR 19.0
3 Onajite Okoro	BIR 15.3	3 Jamie Allen	U17 MNS 20.7
4 Jamie Courtney	CLT 16.1		
5 Perry Offler	U17 NOT 16.8		
6 Jake Domingo	CHW 17.7		

7 Alex Lloyd MNS 20.2

M 400mH A

1 Paul Bennett WWA 56.2
2 Adam Sansom MNS 57.9
3 Perry Offler U17 NOT 58.7
4 Jake Domingo CHW 59.0
5 Scott Gregory U17 BIR 61.1
6 Alasdair Rigby C&S 70.3
7 Rowan Tibbs CLT 74.0

M 400mH B

1 Dafydd Walters WWA 59.7
2 Luke Moreby U17 BIR 60.2
3 Lewis Golledge U17 NOT 61.8
4 Aqueel Hassan CHW 65.7
5 Jamie Allen U17 MNS 68.3
6 Stuart Davies C&S 77.6
7 Carsten Adams U17 CLT 80.2

M 2000m Sc A

1 Alex Brecker U17 STK 6.27.6
2 Nick Hardy BIR 6.31.4
3 Dougie Musson U17 NOT 6.37.1
4 Matthew Richards WWA 6.39.6
5 Ryan Saxton U17 MNS 7.04.9
6 Rowan Tibbs CLT 7.21.5

M 2000m Sc B

1 Joe Broom STK 6.43.7
2 Morgan Smith U17 WWA 7.13.1
3 Tom O'Mara U17 MNS 7.50.0
4 Joe Coleshaw U17 NOT 7.58.4
5 Josh Spering CLT 8.03.1

M Discus Throw A

1 Adam Damadzic BIR 49.62
2 Najee Fox STK 48.34
3 Hugh Walton CLT 38.79
4 Dan Timmis C&S 34.92
5 Joe Dunderdale MNS 33.27
6 Lee Taylor U17 WWA 31.69
7 Adam Ruberry CHW 25.55
8 Joshua Moody NOT 15.96

M Discus Throw B

1 Forrest Francis U17 BIR 40.48
2 Jamie Courtney CLT 34.73
3 Joshua Moore U17 STK 33.47
4 Dan Millerchip C&S 31.00
5 Greg Millar MNS 23.15
6 Aqueel Hassan CHW 17.71
7 Zach King NOT 14.44
8 Matthew Riley U17 WWA 11.49

M Hammer Throw A

1 Tim Williams BIR 61.35
2 Ashley Gilder U17 NOT 57.58
3 Dan Millerchip C&S 26.40
4 Hugh Walton CLT 25.82
5 Greg Millar MNS 19.77
6 Aqueel Hassan CHW 11.32

M Hammer Throw B

1 Ashley Andrews BIR 48.89
2 Kaylan Francis Stephen U17 NOT 24.43
3 Dan Timmis C&S 21.90
4 Liam Downer U17 CLT 21.72
5 Ryan Childs MNS 11.12

M High Jump A

1 Ben Davies WWA 1.95
2 Onajite Okoro BIR 1.90
3 Alasdair Rigby C&S 1.75
4 Jamie Courtney CLT 1.75
5 Deo Milandu STK 1.70
6 Alex Lloyd MNS 1.65
7 Jake Domingo CHW 1.60
8 Kaylan Francis Stephen U17 NOT 1.55

M High Jump B

1 Jordan Brock WWA 1.70
2 Ryan Saxton U17 MNS 1.60
3=Matthew Lee U17 BIR 1.50
3=Lewis Golledge U17 NOT 1.50
5 Alex Poad CLT 1.40
6 Dan Timmis C&S 1.40

M Javelin Throw A

1 Joe Dunderdale MNS 59.06
2 Charlie Stock CHW 57.58
3 Jon Llewelyn WWA 50.45
4 Liam Downer U17 CLT 49.94
5 Howard Stapleton U17 BIR 44.50
6 Alex Pinner C&S 43.86
7 Charlie Waterhouse U17 NOT 29.08

M Javelin Throw B

1 Greg Millar MNS 48.93
2 Niki Davies WWA 44.63
3 Richard Stanley U17 C&S 41.24
4 Hamish Cosgrove BIR 39.07
5 Adam Ruberry CHW 36.23
6 Hugh Walton CLT 29.00

M Long Jump A

1 Kueni Igbagiri WWA 6.75
2 Hakeen Powell U17 BIR 6.23
3 Tom Evans CHW 5.99
4 Alex Lloyd MNS 5.80
5 Yesper Adams U17 CLT 5.67
6 Makoye Kampengele U17 NOT 5.52
7 Guy Mayer C&S 4.84

M Long Jump B

1 Jose Martin-Fullerton BIR 6.21
2 Robbie Wells WWA 5.94
3 Joe Dunderdale MNS 5.66
4 Lewis Golledge U17 NOT 5.45
5 Alex Poad CLT 5.17
6 Jamie Graham C&S 4.04

M Pole Vault A			M Pole Vault B		
1=Cameron Walker-Shepher	BIR	4.10	1 Rowan May	U17 BIR	3.80
1=Jamie Courtney	CLT	4.10	2 Greg Millar	MNS	2.30
3 Emyr Jones	WWA	3.65			
4 Connor McHale	U17 MNS	3.05			
M Shot Putt A			M Shot Putt B		
1 Najee Fox	STK	13.83	1 Hugh Walton	CLT	12.34
2 Jamie Courtney	CLT	13.63	2 Deo Milandu	STK	11.88
3 Josh Newman	U17 BIR	13.07	3 Dan Millerchip	C&S	10.36
4 Joe Dunderdale	MNS	11.84	4 Lee Taylor	U17 WWA	9.78
5 Dan Timmis	C&S	11.05	5 Charlie Stock	CHW	9.25
6 Jon Llewelyn	WWA	10.91	6 Greg Millar	MNS	8.93
7 Adam Ruberry	CHW	9.83	7 Onajite Okoro	BIR	8.05
8 Jackson Mearon-Blyton	NOT	8.08			
M Triple Jump A			M Triple Jump B		
1 Jose Martin-Fullerton	BIR	14.13	1 Jamal Nesbit	U17 BIR	11.58
2 Alasdair Rigby	C&S	12.50	2 Makoye Kampengele	U17 NOT	11.07
3 Perry Offler	U17 NOT	12.14	3 Jordan Brock	WWA	10.96
4 Paul Bennett	WWA	12.12	4 Yesper Adams	U17 CLT	10.33
5 Alex Poad	CLT	11.07	5 Joe Sassi	U17 MNS	9.70
6 Connor McHale	U17 MNS	10.21			
W 100m A			W 100m B		
	Wind	-2.4 m/s		Wind	-2.2 m/s
1 Olivia Walker	U17 C&S	13.1	1 Nardhia Kidd-Walker	BIR	13.2
2 Sam Griffiths	U17 CLT	13.2	2 Kate Platts	U17 NOT	13.3
3 Rhiannon Jeffreys	U17 WWA	13.3	3 Vicky Harris	U17 CLT	13.5
4 Effie Asmah	BIR	13.4	4 Sarah Evans	WWA	13.7
5 Laura Mason	NOT	13.5	5 Megan Jones	U17 C&S	13.9
6 Emily Wardle	U17 CHW	13.6	6 Christie Childs	MNS	14.1
7 Amy Porter	MNS	15.1	7 Maria Goodwin	U17 CHW	14.8
W 200m A			W 200m B		
	Wind	-1.8 m/s		Wind	-1.8 m/s
1 Melisa Hanson	U17 BIR	25.8	1 Emma Hourd	NOT	27.2
2 Olivia Walker	U17 C&S	26.5	2 Nardhia Kidd-Walker	BIR	27.3
3 Hannah Dunderdale	U17 MNS	27.0	3 Natalie Ainge	C&S	28.0
4 Catrin Rees	U17 WWA	27.2	4 Fifon Kelly	U17 CLT	28.7
5 Laura Mason	NOT	27.2	5 Sarah Evans	WWA	29.5
6 Sam Griffiths	U17 CLT	27.9			
7 Emily Wardle	U17 CHW	28.2			
W 400m A			W 400m B		
1 Christie Childs	MNS	59.6	1 Emma Komocki	NOT	60.0
2 Sophie Thomas	WWA	60.7	2 Vicky Harris	U17 CLT	62.9
3 Natalie Ainge	C&S	61.4	3 Ffion Rees	WWA	64.2
4 Emma Hourd	NOT	61.9	4 Beth Garke	C&S	68.8
5 Fifon Kelly	U17 CLT	63.6	5 Amy Porter	MNS	82.2
6 Lilianne Sutton	U17 BIR	71.7			
W 800m A			W 800m B		
1 Cally Read	BIR	2.15.4	1 Lucy Farnell	BIR	2.22.3
2 Rachel Atherton	C&S	2.18.7	2 Teresa Hulme	U17 C&S	2.23.3
3 Angharad Davies	WWA	2.19.1	3 Stacey Webber	U17 WWA	2.30.1
4 Beth Hawling	U17 CLT	2.21.1	4 Rachel Brandham	U17 MNS	2.54.7
5 Lucy Arkinstall	U17 CHW	2.28.7			
6 Hannah McLennaghan	U17 NOT	2.31.3			
7 Hayley Silver	U17 MNS	2.36.1			
W 1500m A			W 1500m B		
1 Jemima Osborn	U17 WWA	4.56.7	1 Hannah Robinson	U17 NOT	5.09.8
2 Lori Marshall	NOT	5.00.7	2 Grace Rossiter	U17 C&S	5.15.5
3 Jourdana Berresford-s	U17 BIR	5.04.4	3 Stacey Webber	U17 WWA	5.20.4
4 Beth Hawling	U17 CLT	5.11.4	4 Alice Mortiboy	U17 MNS	5.34.5
5 Catherine Hulme	U17 C&S	5.11.4			
6 Lucy Arkinstall	U17 CHW	5.17.9			

7 Hannah Hardy	U17 MNS 5.28.2		
W 3000m A		W 3000m B	
1 Nicole Roberts	BIR 10.32.7	1 Charlotte Foxall	U17 BIR 12.12.4
2 Rachel Brandham	U17 MNS 11.54.8	2 Sophie Thomas	WWA 14.57.5
3 Emily Downey	WWA 12.05.8		
4 Charlotte Saunders	NOT 13.13.3		
W 100mH A		W 100mH B	
	Wind -2.0 m/s		Wind -1.0 m/s
1 Catrin Stone	WWA 15.2	1 Karina Jakovenko	BIR 16.4
2 Emma Komocki	NOT 16.0	2 Savannah Devillez	CLT 18.3
3 Frankie Courtney	CLT 16.6	3 Lucy Johnson	U17 NOT 19.5
4 Dionne Samuels	BIR 17.4	4 Jessica Huddlestone	WWA 19.6
5 Beth Farr	MNS 19.0	5 Natalie Ainge	C&S 21.1
6 Rebecca Cooke	C&S 22.6	6 Amy Porter	MNS 22.1
W 400mH A		W 400mH B	
1 Katie Stainton	U17 BIR 63.8	1 Atlanta Williams	U17 WWA 68.8
2 Emma Komocki	NOT 65.3	2 Alice Hillyer	U17 NOT 77.6
3 Angharad Davies	WWA 68.0	3 Amie Grainger	MNS 85.4
4 Frankie Courtney	CLT 72.1	4 Chloe Boulter	C&S 88.6
5 Rebecca Cooke	C&S 73.9		
6 Beth Farr	MNS 79.7		
7 Emma Nutt	U17 CHW 80.0		
W 1500m Sc A		W 1500m Sc B	
1 Lara Thomas	MNS 5.07.7	1 Amie Grainger	MNS 6.07.7
2 Beth Clarke	C&S 6.22.7	2 Teresa Hulme	U17 C&S 6.45.0
3 Ayeshia Gardnier	U17 CLT 8.23.2	3 Rosie Hall	CLT 8.23.2
W Discus Throw A		W Discus Throw B	
1 Jade Moore	BIR 42.60	1 Jessica Huddlestone	WWA 30.91
2 Charlotte Gair	MNS 38.70	2 Jane Bourne	BIR 29.66
3 Nina Prells	U17 WWA 31.14	3 Beth Farr	MNS 23.34
4 Amber Burdett	CHW 27.75	4 Dan Bird	U17 CLT 21.93
5 Charlotte Lawson	CLT 26.88	5 Danielle Stanley	CHW 21.17
6 Emily Campbell	U17 NOT 26.63	6 Jessica Adcock	U17 NOT 19.21
7 Beth Denning	U17 C&S 24.25	7 Alicia Garke	C&S 17.72
W Hammer Throw A		W Hammer Throw B	
1 Toni Wells	WWA 49.93	1 Vicky Judd	U17 CHW 35.74
2 Kirsty Douglas	CHW 45.33	2 Annabelle Palmer	U17 NOT 28.90
3 Dan Bird	CLT 36.74	3 Gaby Ciillo	WWA 25.01
4 Emily Campbell	U17 NOT 35.90	4 Charlotte Lawson	CLT 23.41
5 Charlotte Gair	MNS 34.41	5 Brogan Francis	BIR 19.25
6 Beth Denning	U17 C&S 20.47	6 Alicia Garke	C&S 16.92
7 Jane Bourne	BIR 19.77	7 Rachel Brandham	U17 MNS 8.18
W High Jump A		W High Jump B	
1 Zoe Phillips	BIR 1.70	1 Lizie Parry	BIR 1.60
2 Chloe Boulter	C&S 1.55	2=Byrony Thurbon	CLT 1.50
3 Atlanta Williams	U17 WWA 1.55	2=Helena Madan	U17 WWA 1.50
4 Kate Platts	U17 NOT 1.55	4 Emma Nutt	U17 CHW 1.40
5 Frankie Courtney	CLT 1.50	5 Alice Hillyer	U17 NOT 1.30
6 Danielle Stanley	CHW 1.50		
W Javelin Throw A		W Javelin Throw B	
1 Amber Burdett	CHW 44.98	1 Kate Morley	U17 BIR 34.74
2 Jade Perry	U17 BIR 36.06	2 Danielle Stanley	CHW 33.78
3 Hannah Dunderdale	U17 MNS 33.82	3 Sally Garke	C&S 30.30
4 Lucy Heap	U17 C&S 33.59	4 Charlotte Lawson	CLT 19.82
5 Byrony Thurbon	CLT 26.14	5 Helen Gill	U17 NOT 16.01
6 Jessica Adcock	U17 NOT 24.33		
7 Sophie Pick	WWA 21.24		

W Long Jump A
 1 Connie James U17 BIR 5.52
 2 Catrin Stone WWA 5.35
 3 Jess Leek U17 C&S 5.24
 4 Chloe Elphick U17 MNS 4.85
 5 Rosie Hall CLT 4.43
 6 Laura Mason NOT 4.39
 7 Maria Goodwin U17 CHW 4.14

W Pole Vault A
 1 Sophie Cook U17 BIR 3.10
 2 Enfys Jones U17 WWA 2.45
 3 Chloe Elphick U17 MNS 2.00

W Shot Putt A
 1 Toni Wells WWA 10.94
 2 Jade Perry U17 BIR 10.10
 3 Emily Campbell U17 NOT 9.39
 4 Charlotte Lawson CLT 8.89
 5 Beth Farr MNS 8.54
 6 Danielle Stanley CHW 8.54
 7 Beth Denning C&S 7.47

W Triple Jump A
 1 Chloe Elphick MNS 10.57
 2 Andrea Barrow U17 BIR 10.04
 3 Ruby Coates U17 C&S 10.00
 4 Rhiannon Thomas U17 WWA 9.32
 5 Maria Goodwin U17 CHW 9.27
 6 Savannah Devillez CLT 9.06
 7 Hannah McLennaghan U17 NOT 9.04

W 4x100m Relay
 1 BIR 50.2 1 Dionne Samuels
 3 Karina Jakovenko
 2 WWA 50.9 1 Sarah Evans
 3 Catrin Rees
 3 NOT 51.0 1 Emma Hourd
 3 Alice Hillyer
 4 CLT 52.4 1 Frankie Courtney
 3 Savannah Devillez
 5 C&S 54.0 1 Chloe Boulter
 3 Rachel Atherton
 6 CHW 55.8 1 Emily Wardle
 3 Danielle Stanley
 7 MNS 58.2 1 Amy Porter
 3 Alice Mortiboy

W 4x400m Relay
 1 BIR 4.07.3 1
 3
 2 MNS 4.07.9 1 Christie Childs
 3 Hannah Dunderdale
 3 WWA 4.08.2 1 Angharad Davies
 3 Ffion Rees
 4 NOT 4.16.5 1 Emma Hourd
 3 Hannah McLennaghan
 5 CLT 4.27.6 1 Fifon Kelly
 3 Ayeshia Gardnier
 6 C&S 4.27.7 1 Natalie Ainge
 3 Chloe Boulter

W Long Jump B
 1 Ffion Rees WWA 5.25
 2 Jade Perry U17 BIR 5.15
 3 Hannah Dunderdale U17 MNS 4.75
 4 Ayeshia Gardnier CLT 4.17
 5 Lucy Johnson U17 NOT 4.03
 6 Megan Jones U17 C&S 3.85
 7 Emily Wardle U17 CHW 2.99

W Pole Vault B
 1 Alice Mortiboy U17 MNS 1.70

W Shot Putt B
 1 Lucy Griffiths U17 WWA 10.24
 2 Helen Gill U17 NOT 9.12
 3 Jane Bourne BIR 8.18
 4 Amber Burdett CHW 7.92
 5 Dan Bird U17 CLT 7.60
 6 Alicia Garke C&S 6.97
 7 Christie Childs MNS 4.27

W Triple Jump B
 1 Connie James U17 BIR 9.83
 2 Chelsea Chistopher U17 WWA 9.21
 3 Emma Nutt CHW 9.19
 4 Natalie Ainge C&S 9.15
 5 Byrony Thurbon CLT 8.61
 6 Amy Porter MNS 8.44
 7 Alice Hillyer U17 NOT 7.53

2 Effie Asmah
 4 Melisa Hanson
 2 Catrin Stone
 U17 4 Rhiannon Jeffreys
 2 Kate Platts
 U17 4 Laura Mason
 2 Vicky Harris
 4 Sam Griffiths
 2 Megan Jones
 4 Jess Leek
 U17 2 Emma Nutt
 4 Maria Goodwin
 2 Rachel Brandham
 U17 4 Chloe Elphick

2
 4
 2 Amie Grainger
 U17 4 Lara Thomas
 2 Sophie Thomas
 4 Jemima Osborn
 2 Laura Mason
 U17 4 Emma Komocki
 U17 2 Rosie Hall
 U17 4 Savannah Devillez
 2 Rebecca Cooke
 4 Rachel Atherton

M 4x100m Relay

1 BIR 43.5	1 Tom Hinton	2 Hakeem Powell
	3 Shane Henry	4 Antoe Walters
2 NOT 43.8	1 Jackson Mearon-Blyton	2 Jermaine Akinbiyi
	3 Timmion Skrvin	U17 4 Elijah Skervin
3 CHW 45.4	1 Marcel Hodge	2 Aqueel Hassan
	3 Tom Evans	4 Dominic Friend
4 C&S 45.4	1 Alasdair Rigby	2 Matthew Mayne
	3 Chris Morris	4 Guy Mayer
5 MNS 46.2	1 Adam Sansom	2 Joe Dunderdale
	3 Tom Walleth	U17 4 Alex Lloyd
6 CLT 48.4	1 Matt Wright	2 Andrew Lord
	3 Yesper Adams	U17 4 Liam Downer
7 WWA DISQ		

M 4x400m Relay

1 BIR 3.24.3	1 Scott Gregory	U17 2 Christian Bryon
	3 Tom Hinton	4 Efekemo Okoro
2 MNS 3.24.3	1 Ryan Childs	2 Joe Sassi
	3 Adam Sansom	4 David Lagerberg
3 NOT 3.25.7	1 Zach King	2 Joshua Moody
	3 Charlie Waterhouse	U17 4 Perry Offler
4 WWA 3.35.6	1 Paul Bennett	2 Dafydd Walters
	3 Matthew O'Leary	U17 4 Carwyn Evans
5 C&S 3.43.7	1 Ashley Wickett	U17 2 Jamie Graham
	3 Tom Baldwin	U17 4 Matthew Mayne
6 CLT 3.57.5	1 Yesper Adams	U17 2 Carsten Adams
	3 Alex Poad	4 Andrew Scull

MATCH RESULT

	Event	Lge
1 Birchfield Harriers	548.5	8
2 West Wales	460.5	7
3 Mansfield Harriers	419	6
4 Notts AC	391.5	5
5 Cheltenham & County H	359.5	4
6 Cannock & Stafford AC	341	3
7 Charnwood AC	238	2
8 City of Stoke AC	89	1

LEAGUE STANDINGS Not Available

Athlete of the Match: Adam Damadzic (Birchfield) - Discus 49.62
 Jade Moore (Birchfield) - Discus 42.60

Note(s)

CHW Did not provide a timekeeper (minus 10 points)

STK Did not provide Timekeeper or full field team (minus 15 points)

M 100m			M 200m	Wind -2.1 m/s
1 Chris Norman		BIR 11.7	1 Tom Hinton	BIR 23.5
2 Jermaine Akinbiyi	U17	NOT 11.8	2 Wayne Stewart	BIR 24.1
3 Jackson Mearan-Blyton		NOT 12.0	3 Lewis Summerell	NOT 24.5
4 Adam Chambers	U17	NOT 12.0	4 Alasdair Rigby	C&S 25.7
5 Nicholas Robinson		BIR 12.3		
6 Makoye Kampengele	U17	NOT 12.6		
7 Andrew Scull	U17	CLT 12.6		
M Pole Vault			W 100m	Wind -2.2 m/s
1 Joe Chesterman	U17	BIR 3.65	1 Ruby Coates	U17 C&S 14.0
2 Ben Williams		BIR 2.90		
W 800m			M 400m	
1 Lilianne Sutton	U17	BIR 2.23.5	1 Joe Mellor	NOT 52.3
M Triple Jump			W 400mH	
1 Armani James	U17	BIR 13.13NWI	1 Sophie Pick	WWA 75.9
M Long Jump			W Hammer Throw	
1 Matthew Madden		NOT 6.59NWI	1 Helena Madan	U17 WWA 29.74
M 4x400m Relay			M 2000m Sc	
1 Joe Mellor		NOT 3.42.2	1 Andrew Bedson	STK 9.26.6

Team		BIR	C&S	CHW	CLT	STK	MNS	NOT	WWA	POINTS		
No's		1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot
M 100m	A	11	7	8	6	0	4	9	5	50	3	53
	B	7	3	5	2	1	4	9	6	37	0	37
	Cumulative	18	10	13	8	1	8	18	11	87	3	90
M 200m	A	11	5	8	4	3	6	9	7	53	0	53
	B	9	3	6	2	0	4	7	5	36	1	37
	Cumulative	38	18	27	14	4	18	34	23	176	4	180
M 400m	A	9	8	6	4	0	11	7	5	50	3	53
	B	9	3	6	4	0	7	5	2	36	1	37
	Cumulative	56	29	39	22	4	36	46	30	262	8	270
M 800m	A	8	7	5	4	0	9	11	6	50	3	53
	B	6	4	0	9	7	3	0	5	34	3	37
	Cumulative	70	40	44	35	11	48	57	41	346	14	360
M 1500m	A	9	4	8	6	0	7	11	5	50	3	53
	B	0	4	0	6	0	7	9	5	31	6	37
	Cumulative	79	48	52	47	11	62	77	51	427	23	450
M 3000m	A	7	5	0	4	8	9	11	6	50	3	53
	B	9	5	0	0	0	7	0	6	27	10	37
	Cumulative	95	58	52	51	19	78	88	63	504	36	540
M 110mH	A	8	0	5	7	11	4	6	9	50	3	53
	B	7	0	0	0	0	6	0	9	22	15	37
	Cumulative	110	58	57	58	30	88	94	81	576	54	630
M 400mH	A	6	5	7	4	0	9	8	11	50	3	53
	B	7	3	5	2	0	4	6	9	36	1	37
	Cumulative	123	66	69	64	30	101	108	101	662	58	720
M 2000Sc	A	9	0	0	5	11	6	8	7	46	7	53
	B	0	0	0	4	9	6	5	7	31	6	37
	Cumulative	132	66	69	73	50	113	121	115	739	71	810
M DT	A	11	7	4	8	9	6	3	5	53	0	53
	B	9	5	3	7	6	4	2	1	37	0	37
	Cumulative	152	78	76	88	65	123	126	121	829	71	900
M HT	A	11	8	5	7	0	6	9	0	46	7	53
	B	9	6	0	5	0	4	7	0	31	6	37
	Cumulative	172	92	81	100	65	133	142	121	906	84	990

	Team No's	POINTS										
		BIR 1 11	C&S 2 22	CHW 3 33	CLT 4 44	STK 5 55	MNS 6 66	NOT 7 77	WWA 8 88	Used	Waste	Tot
M HJ	A	9	8	4	7	6	5	3	11	53	0	53
	B	5.5	3	0	4	0	7	5.5	9	34	3	37
	Cumulative	186.5	103	85	111	71	145	150.5	141	993	87	1080
M JT	A	6	5	9	7	0	11	4	8	50	3	53
	B	5	6	4	3	0	9	0	7	34	3	37
	Cumulative	197.5	114	98	121	71	165	154.5	156	1077	93	1170
M LJ	A	9	4	8	6	0	7	5	11	50	3	53
	B	9	3	0	4	0	6	5	7	34	3	37
	Cumulative	215.5	121	106	131	71	178	164.5	174	1161	99	1260
M PV	A	10	0	0	10	0	7	0	8	35	18	53
	B	9	0	0	0	0	7	0	0	16	21	37
	Cumulative	234.5	121	106	141	71	192	164.5	182	1212	138	1350
M SP	A	8	6	4	9	11	7	3	5	53	0	53
	B	2	6	4	9	7	3	0	5	36	1	37
	Cumulative	244.5	133	114	159	89	202	167.5	192	1301	139	1440
M TJ	A	11	9	0	6	0	5	8	7	46	7	53
	B	9	0	0	5	0	4	7	6	31	6	37
	Cumulative	264.5	142	114	170	89	211	182.5	205	1378	152	1530
W 100m	A	7	11	5	9	0	4	6	8	50	3	53
	B	9	4	2	6	0	3	7	5	36	1	37
	Cumulative	280.5	157	121	185	89	218	195.5	218	1464	156	1620
W 200m	A	11	9	4	5	0	8	6	7	50	3	53
	B	7	6	0	5	0	0	9	4	31	6	37
	Cumulative	298.5	172	125	195	89	226	210.5	229	1545	165	1710
W 400m	A	5	8	0	6	0	11	7	9	46	7	53
	B	0	5	0	7	0	4	9	6	31	6	37
	Cumulative	303.5	185	125	208	89	241	226.5	244	1622	178	1800
W 800m	A	11	9	6	7	0	4	5	8	50	3	53
	B	9	7	0	0	0	5	0	6	27	10	37
	Cumulative	323.5	201	131	215	89	250	231.5	258	1699	191	1890
W 1500m	A	8	6	5	7	0	4	9	11	50	3	53
	B	0	7	0	0	0	5	9	6	27	10	37
	Cumulative	331.5	214	136	222	89	259	249.5	275	1776	204	1980
W 3000m	A	11	0	0	0	0	9	7	8	35	18	53
	B	9	0	0	0	0	0	0	7	16	21	37
	Cumulative	351.5	214	136	222	89	268	256.5	290	1827	243	2070

Team No's	BIR 1 11	C&S 2 22	CHW 3 33	CLT 4 44	STK 5 55	MNS 6 66	NOT 7 77	WWA 8 88	POINTS		
									Used	Waste	Tot
W 100mH A	7	5	0	8	0	6	9	11	46	7	53
B	9	4	0	7	0	3	6	5	34	3	37
Cumulative	367.5	223	136	237	89	277	271.5	306	1907	253	2160
W 400mH A	11	6	4	7	0	5	9	8	50	3	53
B	0	5	0	0	0	6	7	9	27	10	37
Cumulative	378.5	234	140	244	89	288	287.5	323	1984	266	2250
W 1500Sc A	0	9	0	8	0	11	0	0	28	25	53
B	0	7	0	6	0	9	0	0	22	15	37
Cumulative	378.5	250	140	258	89	308	287.5	323	2034	306	2340
W DT A	11	4	7	6	0	9	5	8	50	3	53
B	7	2	4	5	0	6	3	9	36	1	37
Cumulative	396.5	256	151	269	89	323	295.5	340	2120	310	2430
W HT A	4	5	9	8	0	6	7	11	50	3	53
B	4	3	9	5	0	2	7	6	36	1	37
Cumulative	404.5	264	169	282	89	331	309.5	357	2206	314	2520
W HJ A	11	9	5	6	0	0	7	8	46	7	53
B	9	0	5	6.5	0	0	4	6.5	31	6	37
Cumulative	424.5	273	179	294.5	89	331	320.5	371.5	2283	327	2610
W JT A	9	7	11	6	0	8	5	4	50	3	53
B	9	6	7	5	0	0	4	0	31	6	37
Cumulative	442.5	286	197	305.5	89	339	329.5	375.5	2364	336	2700
W LJ A	11	8	4	6	0	7	5	9	50	3	53
B	7	3	2	5	0	6	4	9	36	1	37
Cumulative	460.5	297	203	316.5	89	352	338.5	393.5	2450	340	2790
W PV A	11	0	0	0	0	8	0	9	28	25	53
B	0	0	0	0	0	9	0	0	9	28	37
Cumulative	471.5	297	203	316.5	89	369	338.5	402.5	2487	393	2880
W SP A	9	4	5	7	0	6	8	11	50	3	53
B	6	3	5	4	0	2	7	9	36	1	37
Cumulative	486.5	304	213	327.5	89	377	353.5	422.5	2573	397	2970
W TJ A	9	8	6	5	0	11	4	7	50	3	53
B	9	5	6	4	0	3	2	7	36	1	37
Cumulative	504.5	317	225	336.5	89	391	359.5	436.5	2659	401	3060
W 4x1	11	6	5	7	0	4	8	9	50	3	53
Cumulative	515.5	323	230	343.5	89	395	367.5	445.5	2709	404	3113
W 4x4	11	5	0	6	0	9	7	8	46	7	53
Cumulative	526.5	328	230	349.5	89	404	374.5	453.5	2755	411	3166

Team No's	BIR	C&S	CHW	CLT	STK	MNS	NOT	WWA	POINTS		
	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot
M 4x1	11	7	8	5	0	6	9	0	46	7	53
Cumulative	537.5	335	238	354.5	89	410	383.5	453.5	2801	418	3219
M 4x4	11	6	0	5	0	9	8	7	46	7	53
Cumulative	548.5	341	238	359.5	89	419	391.5	460.5	2847	425	3272
Add	0	0	0	0	0	0	0	0	0	0	0
subtract	0	0	0	0	0	0	0	0	0	0	0
Cumulative	548.5	341	238	359.5	89	419	391.5	460.5	2847	425	3272
TOTALS	548.5	341	238	359.5	89	419	391.5	460.5	2847	425	3272

Pos	Team	Points	Add	Sub	Total
1	Birchfield Harriers	548.5	0	0	548.5
2	West Wales	460.5	0	0	460.5
3	Mansfield Harriers	419	0	0	419
4	Notts AC	391.5	0	0	391.5
5	Cheltenham & County H	359.5	0	0	359.5
6	Cannock & Stafford AC	341	0	0	341
7	Charnwood AC	238	0	0	238
8	City of Stoke AC	89	0	0	89

Used + add - sub = total 2847 0 0 2847
 Unused points 425 425
 (Used+unused)+add-sub=total 3272 0 0 3272

Team	1st	2nd	3rd	4th	5th	6th	7th	8th	1st	2nd	3rd	4th	5th	6th	7th	8th
BIR	A 18	8	4	3	2	1	1	0	B 15	6	3	1	1	0	1	0
WWA	A 7	5	9	6	2	5	1	0	B 7	6	7	6	1	0	1	1
MNS	A 5	7	3	5	8	3	6	0	B 3	5	6	2	7	5	2	0
NOT	A 3	7	6	6	3	5	2	3	B 5	7	3	3	3	1	2	0
CLT	A 1	2	4	9	10	5	5	0	B 2	4	3	7	6	1	3	0
C&S	A 1	5	6	5	5	7	4	0	B 0	3	5	5	4	9	1	0
CHW	A 1	2	5	2	3	8	6	0	B 1	1	3	4	3	1	2	0
STK	A 3	1	1	0	1	0	0	1	B 1	2	1	0	0	0	0	1

Men	Event	Women	Event
1 Birchfield Harriers	286.5	1 Birchfield Harriers	262
2 Mansfield Harriers	226	2 West Wales	248.5
3 West Wales	212	3 Mansfield Harriers	193
4 Notts AC	199.5	4 Notts AC	192
5 Cheltenham & County H	180	5 Cannock & Stafford AC	186
6 Cannock & Stafford AC	155	6 Cheltenham & County H	179.5
7 Charnwood AC	122	7 Charnwood AC	116
8 City of Stoke AC	89	8 City of Stoke AC	0