

M 100m A	Wind -2.2 m/s
1 Antoe Walters	BIR 11.1
2 Paul Bennett	WWA 11.4
3 Timon Skervin	U17 NOT 11.4
4 Marcell Hodge	CHW 11.5
5 Chris Morris	C&S 11.9
6 Matt Wright	CLT 12.0
7 James Gardner	STK 12.1
8 Tom Walle t t	U17 MNS 12.2

M 100m B	Wind -2.7 m/s
1 Shane Henry	BIR 11.5
2 Jamie Price	WWA 11.6
3 Scott Douglas	U17 CHW 11.9
4 Jarrod Skervin	U17 NOT 12.1
5 Talent Gukwe	C&S 12.1
6 Yesper Adams	CLT 12.4
7 Andrew Bedson	STK 12.4
8 Alex Heath	U17 MNS 12.5

M 200m A	Wind -2.1 m/s
1 Zach King	NOT 22.9
2 Ash Hill	CLT 22.9
3 Abian Richards	BIR 23.3
4 Jamie Price	WWA 23.6
5 Marcell Hodge	CHW 23.9
6 Matt Scragg	STK 24.0
7 Ryan Childs	MNS 24.1
8 Chris Morris	C&S 24.2

M 200m B	Wind -2.4 m/s
1 Matthew Davies	U17 WWA 23.7
2 Scott Douglas	U17 CHW 23.9
3 Wayne Stewart	BIR 23.9
4 Charlie Waterhouse	U17 NOT 24.1
5 Matthew Mayne	U17 C&S 24.2
6 Matt Wright	CLT 24.6
7 Tom Walle t t	U17 MNS 25.5
8 Andrew Bedson	STK 25.7

M 400m A	
1 David Lagerberg	U17 MNS 48.4
2 Tom Guy	U17 STK 48.9
3 Jarryd Dunn	BIR 49.0
4 Scott Douglas	U17 CHW 51.9
5 Evan Jenkins	WWA 52.0
6 Alex Skidmore	U17 NOT 52.0
7 Matthew Mayne	U17 C&S 55.8
8 Tom Migli wold	CLT 61.2

M 400m B	
1 Efekemo Okoro	BIR 49.5
2 Joe Sassi	U17 MNS 51.4
3 Dominic Friend	CHW 53.7
4 Owain Morgan	WWA 54.3
5 Ryan Bloor	NOT 57.0
6 Jamie Graham	C&S 60.1
7 Carsten Adams	CLT 71.0

M 800m A	
1 Tom Guy	U17 STK 2.00.0
2 Lewis Bostock	NOT 2.00.4
3 Jordan Drummond	U17 BIR 2.02.0
4 Ashley Wickett	U17 C&S 2.03.0
5 George Buttery	CHW 2.03.4
6 Luke Clements	WWA 2.06.4
7 Ryan Childs	MNS 2.07.7
8 Pat Sekinger	CLT 2.12.2

M 800m B	
1 Tom Collins	NOT 2.00.6
2 James Allen	BIR 2.04.4
3 Ryan Saxton	U17 MNS 2.08.0
4 Sean White	U17 WWA 2.08.1
5 Harry Buttery	U17 CHW 2.11.6
6 Jamie Graham	C&S 2.19.4

M 1500m A	
1 Joshua Moody	NOT 4.00.4
2 Dave Sheldon	U17 STK 4.10.2
3 Johnathon Gooringe	BIR 4.20.8
4 Ryan Saxton	U17 MNS 4.24.6
5 Dan Owen	CLT 4.27.7
6 Morgan Smith	U17 WWA 4.30.4
7 Ashley Wickett	U17 C&S 4.38.2
8 Harry Buttery	U17 CHW 4.46.3

M 1500m B	
1 Paul Thompson	NOT 4.10.6
2 Josh Lacey	BIR 4.23.1
3 Mike Harding	STK 4.26.5
4 Tom Migli wold	CLT 4.40.6
5 Joe Wales	CHW 4.46.9
6 Liam Lloyd	U17 WWA 4.56.5
7 Sam Derry	C&S 5.10.6

M 3000m A	
1 Blayne Pick	NOT 9.11.8
2 Johnathon Gorringe	BIR 9.24.3
3 Sam Densham	CHW 9.24.4
4 Liam Lloyd	U17 WWA 9.26.1
5 Will New	CLT 9.26.6
6 Liam Hendri cken	STK 9.41.7
7 Stuart Davi es	C&S 10.33.9

M 3000m B	
1 Ronan Llyr	U17 WWA 9.46.1
2 James Barker	NOT 9.58.4
3 Joe Wales	CHW 10.22.6
4 Adam Johnson	U17 C&S 11.14.8
5 Carsten Adams	CLT 11.22.8

M 110mH A Wind -1.7 m/s
1 Dafydd Walters WWA 16.0
2 Onajite Okoro BIR 16.1
3 Perry Offler U17 NOT 17.6
4 Richard Adiya CHW 18.3

M 110mH B Wind -1.7 m/s
1 Shane Jones WWA 19.6
2 Matthew Lee U17 BIR 22.9

M 400mH A
1 Paul Bennett WWA 57.2
2 Ash Hill CLT 58.5
3 Perry Offler U17 NOT 58.9
4 Richard Adiya CHW 62.7
5 Scott Gregory U17 BIR 63.7
6 Alasdair Rigby C&S 69.5
7 Lewis Martin U17 STK 70.1

M 400mH B
1 Dafydd Walters WWA 60.1
2 Lewis Colledge U17 NOT 61.8
3 Luke Moreby U17 BIR 64.1
4 Connor McHale U17 MNS 73.6
5 Stuart Davies C&S 75.8
6 CLT 78.3

M 2000m Sc A
1 George Buttery CHW 6.33.4
2 Dougie Musson U17 NOT 6.41.9
3 Joe Broom STK 7.01.5
4 Matthew Thomas WWA 7.06.4
5 James Allen BIR 7.15.8
6 Adam Johnson C&S 8.15.2

M 2000m Sc B
1 Sam Densham CHW 6.57.2
2 Morgan Smith U17 WWA 7.21.6
3 Luke Moreby BIR 8.15.2
4 Talent Gukwe C&S 9.26.9
5 Andrew Bedson STK 10.25.3

M Discus Throw A
1 Najee Fox STK 46.19
2 Fforest Francis BIR 39.99
3 Hugh Walton CLT 38.08
4 Tom Pearson CHW 37.43
5 Dan Timmis C&S 37.29
6 Chris Clarke U17 MNS 31.42
7 Ashley Gilder U17 NOT 28.54

M Discus Throw B
1 Marc Williams STK 32.94
2 Josh Newman U17 BIR 28.09
3 Greg Millar MNS 23.44
4 Adam Ruberry CHW 22.95
5 Ryan Bloor NOT 18.39
6 Stuart Davies C&S 12.40
7 Will New CLT 10.24

M Hammer Throw A
1 Ashley Gilder U17 NOT 55.34
2 Rob Dean STK 53.22
3 Ashley Andrews BIR 50.18
4 Tom Pearson CHW 48.28
5 Greg Millar MNS 28.03
6 Hugh Walton CLT 24.17
7 Dan Timmis C&S 22.55
8 Owain Morgan WWA 6.42

M Hammer Throw B
1 Najee Fox STK 39.74
2 Peter Arnold CHW 22.40
3 Ryan Bloor NOT 18.99
4 Wayne Stewart BIR 16.18
5 Ryan Childs MNS 13.75
6 Will New CLT 9.77
7 Talent Gukwe C&S 8.34
8 Jordan Brock WWA 4.20

M High Jump A
1 Onajite Okoro BIR 1.90
2 Alasdair Rigby C&S 1.85
3 Robbie Wells WWA 1.70
4 Lewis Martin U17 STK 1.65
5 Jack Kent U17 CHW 1.65
6 Ollie Zorko U17 NOT 1.65
7 Carsten Adams CLT 1.50

M High Jump B
1 Richard Stanley U17 C&S 1.70
2 Jordan Brock WWA 1.65
3 Matthew Lee U17 BIR 1.60
4 Lewis Colledge U17 NOT 1.50

M Javelin Throw A

1	Greg Millar	MNS	51.55
2	Liam Downer	CLT	48.13
3	Alex Pinner	C&S	47.57
4	Nick Davies	WWA	43.15
5	Howard Stapleton	U17 BIR	43.02
6	Marc Williams	STK	39.95
7	Peter Arnold	CHW	37.21
8	Ryan O'Donnell	U17 NOT	36.72

M Javelin Throw B

1	Richard Stanley	U17 C&S	44.09
2	Adam Ruberry	CHW	33.07
3	Hugh Walton	CLT	32.72
4	Sebastian Bukowski	BIR	32.49
5	Robbie Wells	WWA	31.89
6	Chris Clarke	U17 MNS	31.38
7	Rob Dean	STK	26.99
8	Blayne Pick	NOT	12.27

M Long Jump A

1	Dellian Moore	BIR	6.94
2	Rio Bailey	STK	6.63
3	Kueni Igbagiri	WWA	6.49
4	Yesper Adams	CLT	5.81
5	Richard Adiya	CHW	5.79
6	Ollie Zorko	U17 NOT	5.70
7	Ryan Saxton	U17 MNS	5.02
8	Alasdair Rigby	C&S	4.47

M Long Jump B

1	Nathaniel Facey	U17 BIR	6.77
2	Reece Davies	STK	6.42
3	Robbie Wells	WWA	5.88
4	Lewis Colledge	U17 NOT	5.25
5	Matt Wright	CLT	5.24
6	Jack Kent	U17 CHW	5.15
7	Connor McHale	U17 MNS	4.64
8	Max Johnson	U17 C&S	3.69

M Pole Vault A

1	Mark Cooper	STK	4.05
2	Emyr Jones	WWA	3.80
3	Tom Lyons	U17 NOT	3.50
4	Connor McHale	U17 MNS	2.90

M Pole Vault B

1	Adam Cooper	U17 STK	3.35
2	Greg Millar	MNS	2.15

M Shot Putt A

1	Josh Newman	U17 BIR	13.40
2	Tom Pearson	CHW	13.05
3	Dan Timmis	C&S	12.41
4	Marc Williams	STK	12.03
5	Chris Clarke	U17 MNS	11.99
6	Hugh Walton	CLT	11.91
7	Ashley Gilder	U17 NOT	10.92
8	Lee Taylor	U17 WWA	10.67

M Shot Putt B

1	Najee Fox	STK	11.60
2	Adam Ruberry	CHW	9.54
3	Lewis Bostock	NOT	8.65
4	Myles Morris	U17 BIR	8.51
5	Richard Brittain	U17 C&S	8.37
6	Liam Downer	CLT	8.37
7	Greg Millar	MNS	8.31

M Triple Jump A

1	Jose Martin-Fullerton	BIR	14.26+1.1
2	Reece Davies	STK	13.60+2.9
3	Paul Bennett	WWA	13.05+1.9
4	Ollie Zorko	U17 NOT	12.64+0.6
5	Richard Adiya	CHW	11.42+0.6
6	Ryan Childs	MNS	10.73+2.0
7	Hugh Walton	CLT	10.65+1.6

M Triple Jump B

1	Jamal Nesbitt	U17 BIR	12.89+1.3
2	Rio Bailey	STK	11.49+1.6
3	Jordan Brock	WWA	10.90-1.4
4	Tom Lyons	U17 NOT	10.71+2.4
5	Joe Sassi	U17 MNS	10.31+2.2
6	Yesper Adams	CLT	10.19-0.5
7	Jack Kent	U17 CHW	9.89+0.0

W 100m A

		Wind	-1.1 m/s
1	Melisa Hanson	U17 BIR	12.5
2	Rhiannon Jeffreys	U17 WWA	12.9
3	Olivia Walker	U17 C&S	13.3
4	Laura Mason	NOT	13.5
5	Sam Griffiths	U17 CLT	13.6
6	Paige Machin	U17 STK	13.6
7	Vicky Reeve	U17 CHW	13.9
8	Yvette Robinson	U17 MNS	14.2

W 100m B

		Wind	-0.6 m/s
1	Effie Asmah	BIR	12.9
2	Kate Platts	U17 NOT	13.1
3	Sarah Evans	WWA	13.6
4	Megan Jones	U17 C&S	13.6
5	Jenny Stowell	U17 MNS	14.6
6	Sav Devillez	CLT	14.6
7	Jessica Merri man	U17 CHW	15.0

W 200m A			W 200m B		Wind -0.1 m/s	
1	Melisa Hanson	U17 BIR	25.5	1	Nardhia Kidd-Walker	BIR 26.6
2	Hannah Stevenson		NOT 26.1	2	Catrin Rees	U17 WWA 27.2
3	Rhiannon Jeffreys	U17 WWA	26.5	3	Chloe Boulter	C&S 27.7
4	Olivia Walker	U17 C&S	26.8	4	Laura Mason	NOT 28.9
5	Vicky Reeve	U17 CHW	28.3	5	Emma Nutt	U17 CHW 30.6
6	Shelley Brace		STK 28.3	6	Jenny Stowell	U17 MNS 31.0
7	Sam Griffiths	U17 CLT	28.8			
8	Yvette Robinson	U17 MNS	29.3			
W 400m A			W 400m B			
1	Sophie Clark		BIR 61.0	1	Liliane Sutton	U17 BIR 61.6
2	Natalie Ainge		C&S 61.0	2	Hannah Stevenson	NOT 62.0
3	Emma Hourd		NOT 62.1	3	Charlotte Smith	U17 C&S 63.3
4	Shelley Brace		STK 62.4	4	Ffion Rees	WWA 64.8
5	Sophie Thomas		WWA 62.7	5	Grace Mahony	U17 STK 65.3
6	Vicky Reeve	U17 CHW	64.8	6	Katya Blackledge	CHW 69.2
7	Yvette Robinson	U17 MNS	68.1	7	Jenny Stowell	U17 MNS 73.2
W 800m A			W 800m B			
1	Sarah Hopcroft		BIR 2.17.0	1	Cally Read	BIR 2.20.4
2	Briony Bendle		CHW 2.18.1	2	Stacey Webber	U17 WWA 2.27.8
3	Jemima Osborn	U17 WWA	2.20.6	3	Lucy Arkinstall	U17 CHW 2.29.3
4	Beth Hawling	U17 CLT	2.23.7	4	Demi-Jade Jakymelen	U17 MNS 3.00.7
5	Emma Wilkinson		MNS 2.25.2	5	Alicia Clarke	C&S 3.53.9
6	Beth Clarke		C&S 2.41.2			
7	Anabella Palmer	U17 NOT	3.17.5			
W 1500m A			W 1500m B			
1	Danni Johnson		BIR 4.52.5	1	Jourdanna Beresford-Smith	U17 BIR 5.05.2
2	Rachel Atherton		C&S 5.02.7	2	Lucy Arkinstall	U17 CHW 5.27.8
3	Elysia Pearson	U17 WWA	5.06.2	3	Charlotte Smith	U17 C&S 5.31.7
4	Beth Hawling	U17 CLT	5.13.5	4	Emily Downey	WWA 5.41.7
5	Katya Blackledge		CHW 5.18.6	5	Rachel Brandham	U17 MNS 6.17.6
6	Emma Wilkinson		MNS 6.00.0			
W 3000m A			W 3000m B			
1	Rebecca Bray		C&S 12.01.5	1	Victoria Greenwood	U17 BIR 12.56.9
2	Isabelle Perry	U17 CHW	12.10.5	2	Demi-Jade Jakymelen	U17 MNS 13.28.2
3	Charlotte Foxall	U17 BIR	12.27.6	3	Sophie Thomas	WWA 13.48.9
4	Rachel Brandham	U17 MNS	12.39.7			
5	Catrin Lewis		WWA 13.07.9			
W 100mH A		Wind -3.8 m/s	W 100mH B		Wind -1.4 m/s	
1	Catrin Stone		WWA 15.2	1	Karina Jakovenko	BIR 16.3
2	Emma Komocki		NOT 15.8	2	Stacey Collins	U17 WWA 18.9
3	Amber Burdett		CHW 18.6	3	Alice Knight	U17 CHW 19.3
4	Amy Porter		MNS 22.0	4	Lucy Johnson	NOT 19.5
5	Harriett Thompson		C&S DISQ	5	Natalie Ainge	C&S 26.0
6	Deonne Samuel s		BIR DNF	6	Amie Grainger	MNS 28.4

W 400mH A

1 Emma Komocki	NOT	67.1
2 Atlanta Williams	U17 WWA	69.7
3 Charlotte Monk	BIR	69.7
4 Katie Gardner	U17 STK	71.6
5 Rebecca Cooke	C&S	72.0
6 Lara Thomas	MNS	73.9
7 Emma Nutt	U17 CHW	78.2

W 400mH B

1 Chloe Boulter	C&S	74.5
2 Lucy Johnson	NOT	1.20.8
3 Jessica Huddleston	WWA	1.22.4
4 Amie Grainger	MNS	1.28.5
5 Helen Orr	CHW	1.41.4

W 1500m Sc A

1 Lara Thomas	MNS	5.11.2
2 Katie Gardner	U17 STK	6.28.7
3 Beth Clarke	C&S	6.30.4
4 Catrin Lewis	WWA	6.32.8
5 Izzy Bailey	CLT	7.10.2

W 1500m Sc B

1 Amie Grainger	MNS	6.16.6
2 Paige Machin	U17 STK	7.32.3
3 Jess Boulter	U17 C&S	7.57.0

W Discus Throw A

1 Charlotte Gair	MNS	39.70
2 Nina Prellis	U17 WWA	33.93
3 Emily Campbell	U17 NOT	29.23
4 Jane Bourne	BIR	28.29
5 Charlotte Lawson	CLT	24.85
6 Amber Burdett	CHW	23.80
7 Beth Denning	U17 C&S	23.55

W Discus Throw B

1 Toni Wells	WWA	32.46
2 Alicia Clarke	C&S	20.71
3 Claire Beaumont	MNS	19.47
4 Mia Gell	U17 NOT	19.24
5 Jessica Merriam	U17 CHW	17.06
6 Stephanie Hurst	BIR	16.84

W Hammer Throw A

1 Toni Wells	WWA	48.85
2 Kirsty Douglas	CHW	39.11
3 Emily Campbell	U17 NOT	35.86
4 Claire Beaumont	MNS	35.54
5 Kelly Highman	BIR	26.79
6 Charlotte Lawson	CLT	21.92
7 Beth Denning	U17 C&S	21.56

W Hammer Throw B

1 Charlotte Gair	MNS	28.29
2 Gaby Cirillo	U17 WWA	27.13
3 Annabelle Palmer	NOT	24.84
4 Stephanie Hurst	BIR	23.79
5 Jessica Merriam	U17 CHW	17.18
6 Alicia Clarke	C&S	15.85
7 Izzy Bailey	CLT	13.83

W High Jump A

1 Zoey Phillips	BIR	1.73
2 Chloe Boulter	C&S	1.60
3 Allesia Valenta	NOT	1.55
4 Atlanta Williams	U17 WWA	1.55
5 Danielle Stanley	CHW	1.45
6 Demi-Jade Jakymelen	U17 MNS	1.30

W High Jump B

1 Emily Morris	U17 WWA	1.55
2 Kate Platts	U17 NOT	1.50
3 Emma Nutt	U17 CHW	1.45
4 Rebecca Cooke	C&S	1.35
5 Naomi Chin	BIR	1.30

W Javelin Throw A

1 Amber Burdett	CHW	40.28
2 Carys Mansfield	U17 WWA	37.50
3 Kate Morley	U17 BIR	37.22
4 Becky Woolley	U17 MNS	36.54
5 Emma Claydon	U17 STK	32.49
6 Lucy Heap	U17 C&S	28.68
7 Izzy Bailey	CLT	28.60
8 Jessica Adcock	U17 NOT	23.26

W Javelin Throw B

1 Alice Knight	U17 CHW	32.47
2 Katie Gardner	U17 STK	28.29
3 Kelly Highman	BIR	27.12
4 Stacey Collins	U17 WWA	19.81
5 Charlotte Lawson	CLT	16.14
6 Rebecca Bray	C&S	15.75
7 Mia Gell	U17 NOT	11.40
8 Amie Grainger	MNS	8.94

W Long Jump A

1 Allesia Valenta	NOT	5.71
2 Laura Samuel	BIR	5.66
3 Catrin Stone	WWA	5.32
4 Jessica Leek	U17 C&S	5.32
5 Paige Machin	U17 STK	4.79
6 Rosie Hall	CLT	4.29
7 Becky Woolley	U17 MNS	4.21
8 Maria Goodwin	U17 CHW	4.09

W Long Jump B

1 Connie James	U17 BIR	5.57
2 Ffion Rees	WWA	5.22
3 Megan Jones	U17 C&S	4.92
4 Amy Porter	MNS	4.02
5 Laura Mason	NOT	3.90
6	CLT	3.79
7 Helen Orr	CHW	3.56

W Pole Vault A

1 Enfys Jones	U17 WWA	2.40
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W Pole Vault B

No competitors

W Shot Putt A

1 Lucy Griffiths	U17 WWA	10.93
2 Stephanie Hurst	BIR	10.57
3 Emily Campbell	U17 NOT	9.09
4 Amber Burdett	CHW	8.87
5 Becky Woolley	U17 MNS	8.14
6 Emma Claydon	U17 STK	8.00
7 Charlotte Lawson	CLT	7.92
8 Beth Denning	U17 C&S	7.86

W Shot Putt B

1 Toni Wells	WWA	10.75
2 Jane Bourne	BIR	8.41
3 Anabella Palmer	U17 NOT	7.87
4 Alicia Clarke	C&S	7.35
5 Alice Knight	U17 CHW	6.89
6 Amy Porter	MNS	5.31
7 Beth Hawling	U17 CLT	4.47

W Triple Jump A

1 Laura Samuel	BIR	12.69+0.6
2 Allesia Valenta	NOT	12.27+1.2
3 Natalie Ainge	C&S	9.88+2.5
4 Rosie Hall	CLT	9.49+0.3
5 Maria Goodwin	CHW	9.21+0.5
6 Rhannon Thomas	U17 WWA	8.99+0.9
7 Amy Porter	MNS	8.80+2.3

W Triple Jump B

1 Shannel Hutchinson	U17 BIR	11.26+1.8
2 Ruby Coates	U17 C&S	9.78-0.4
3 Lucy Johnson	NOT	8.66+2.3
4 Chelsea Christopher	U17 WWA	8.29+2.0
5 Helen Orr	CHW	8.19+3.1
6 Emma Wilkinson	U17 MNS	7.60+0.3

W 4x100m Relay

1 BIR 50.5	1 Deonne Samuel s	2 Effi e Asmah	
	3 Nardhi a Ki dd-Wal ker	4 Mel i sa Hanson	U17
2 WWA 50.8	1 Sarah Evans	2 Catrin Stone	
	3 Catrin Rees	4 Rhi annon Jeffreys	U17
3 C&S 51.4	1 Chloe Boul ter	2 Megan Jones	U17
	3 Ol i via Wal ker	4 Jessi ca Leek	U17
4 NOT 53.5	1 Al l esia Val enta	2 Kate Platts	U17
	3 Hannah Stevenson	4 Laura Mason	
5 CHW 55.5	1 Jessi ca Merri man	2 Helen Orr	
	3 Mari a Goodwin	4 Vick y Reeve	U17
6 MNS 57.0	1 Jenny Stowell	2 Beck y Wool ley	U17
	3 Cl ai re Beaumont	4 Amy Porter	
7 CLT 59.4	1 Charlotte Lawson	2 Rosi e Hall	
	3 Sav Devi elle z	4 Sam Gri ffi ths	U17

W 4x400m Relay

1 BIR 4.06.8	1 Cal ly Read	2 Lili ane Sutton	U17
	3 Karina Jakovenko	4 Sarah Hopcroft	
2 WWA 4.09.8	1 Elysi a Pearson	2 Sophi e Thomas	
	3 Ffi on Rees	4 Jemima Osborn	U17
3 C&S 4.26.0	1 Rebecca Cooke	2 Chloe Boul ter	
	3 Natalie Ai nge	4 Rachel Atherton	
4 MNS 4.27.8	1 Rachel Brandham	2 Yvette Robi nson	U17
	3 Ami e Grainger	4 Lara Thomas	
5 CHW 4.28.5	1 Lucy Arki nstall	2 Bri ony Bendl e	
	3 Emma Nutt	4 Katya Bl ackl edge	
6 NOT 4.39.8	1 Emma Hourd	2 Emi ly Campbel l	U17
	3 Lucy Johnson	4 Emma Komocki	
7 CLT 4.40.8	1 Sav Devi elle z	2 Rosi e Hall	
	3 Beth Hawl ing	4 Izzy Bai ley	

M 4x100m Relay

1 WWA 43.6	1 Matthew Davi es	2 Mi ke Nevi ll	
	3 Jamie Pri ce	4 Paul Bennett	
2 NOT 44.0	1 Jarrod Skervi n	2 Jermai ne Aki nbi yi	U17
	3 Timi on Skervi n	4 Eli jah Skervi n	
3 CHW 45.5	1 Marcell Hodge	2 Domi nic Fri end	
	3 Ri chard Adi ya	4 Scott Dougl as	U17
4 BIR 46.2	1 Hakeen Powell	2 Onaji te Okoro	
	3 Shane Henry	4 Antoe Wal ters	
5 CLT 46.8	1 Matt Wri ght	2 Ash Hill	
	3 Yesper Adams	4 Pat Seki nger	
6 C&S 50.9	1 Jamie Graham	2 Matthew Mayne	U17
	3 Talent Gukwe	4 Chris Morri s	

M 4x400m Relay

1 BIR 3.26.6	1 Scott Gregory U17	2 Wayne Stewart
	3 Tom Hinton	4 Efekeko Okoro
2 WWA 3.30.0	1 Luke Clements	2 Mike Nevill
	3 Dafydd Walters	4 Paul Bennett
3 NOT 3.32.7	1 Perry Offler U17	2 Alex Skidmore U17
	3 Lewis Colledge U17	4 Charlie Waterhouse U17
4 MNS 3.34.6	1 Alex Heath U17	2 Joe Sassi U17
	3 Ryan Childs	4 David Lagerberg U17
5 CLT 3.42.6	1 Ash Hill	2 Matt Wright
	3 Tom Migiwold	4 Pat Sekinger
6 C&S 3.48.4	1 Ashley Wickett U17	2 Jamie Graham
	3 Chris Morris	4 Matthew Mayne U17
7 CHW 4.05.7	1 Sam Densham	2 George Buttery
	3 Peter Arnold	4 Scott Douglas U17

MATCH RESULT

LEAGUE STANDINGS Not Available

	Event	Lge
1 Birchfield Harriers	556	8
2 West Wales	517	7
3 Notts AC	439	6
4 Charnwood AC	392	5
5 Cannock & Stafford AC	380	4
6 Mansfield Harriers	340	3
7 City of Stoke AC	291	2
8 Cheltenham & County H	254	1

Athlete of the Match: Nagee Fox Discuss 46.19

Alyssia Valenta Triple Jump 12.27

General Comment: No competitors W Pole Vault B,

Note(s)

BIR Includes + 35pts,

C&S Includes + 35pts,

CHW Includes + 25pts,

CLT Includes + 35pts,

STK Includes + 35pts,

MNS Includes + 35pts,

NOT Includes + 35pts,

WWA Includes + 35pts,

M 200m	Wind -2.7 m/s	M 100m	Wind +0.8 m/s
1 Mike Neville	WWA 23.1	1 Mike Neville	WWA 11.5
2 Tom Hinton	BIR 23.5	2 Dominic Friend	CHA 11.8
3 Talent Gukwe	C&S 24.9	3 Shane Jones	WWA 12.4
4 Owain Morgan	WWA 25.0	4 Nicholas Robinson	U17 BIR 12.5
5 Nicholas Robinson	U17 BIR 26.2		
W Long Jump		W Discus Throw	
1 Alyce Phillips	U17 WWA 4.49NWI	1 Lucy Griffiths	U17 WWA 30.19
2 Chelsea Christopher	U17 WWA 4.40NWI	2 Jessica Huddleston	WWA 27.44
3 Rhannon Thomas	U17 WWA 4.21NWI	3 Jessica Adcock	U17 NOT 22.59
		W 200m	Wind -0.1 m/s
1 Alyce Phillips	U17 WWA 4.49NWI	1 Esther Dixon	WWA 27.7
2 Chelsea Christopher	U17 WWA 4.40NWI		
3 Rhannon Thomas	U17 WWA 4.21NWI		
W 100m	Wind -0.6 m/s	M 400m	
1 Esther Dixon	WWA 13.8	1 Christian Byron	BIR 50.1
M 800m		W Pole Vault	
1 Carwyn Evans	U17 WWA 2.11.2	1 Alex Thomas	U17 WWA 2.60
W High Jump		W Javelin Throw	
1 Alyce Phillips	U17 WWA 1.30	1 Danielle Stanley	CHA 31.66
W 1500m Sc			
1 Nicole Roberts	BIR 5.20.5		