

Midland Track & Field League Division 3 Fixture 2

4th June 2011

Coventry (held at Leamington Spa)

Total Scores

Position	Team	Points
1	Cannock & Stafford	378.5
2	Broms & Redditch	364
3	Coventry Godiva	356
4	Kettering Town	307
5	Tamworth A	305
6	Halesowen	169.5

Mens Scores

Position	Team	Points
1	Cannock & Stafford	190.5
2	Broms & Redditch	190
3	Coventry Godiva	171
4	Tamworth A	150
5	Kettering Town	145
6	Halesowen	129.5

Womens Scores

Position	Team	Points
1	Cannock & Stafford	173
2	Coventry Godiva	170
3	Broms & Redditch	159
4	Kettering Town	147
5	Tamworth A	140
6	Halesowen	30

Officials Points

Team Name	Points
Cannock & Stafford	15
Broms & Redditch	15
Coventry Godiva	15
Kettering Town	15
Tamworth A	15
Halesowen	10

Match Position after 37 Events

Men 100m (A string)

Posr	Name	Club	Perf	Pts
1	Dewi Hammond	Broms & Redditch	10.8	9
2	Yannick Phippen	Kettering Town	10.8	7
3	Omas Anyanwu	Coventry Godiva	10.9	6
4	Guy Mayer	Cannock & Stafford	11.7	5
5	Paul Jones	Halesowen	11.8	4
6	Cameron Quincey	Tamworth A	11.9	3

Men 100m (B string)

Posr	Name	Club	Perf	Pts
1	Thomas Russell	Broms & Redditch	11.5	7
2	Robert Barker-Davies	Coventry Godiva	11.6	5
3	Jonathan Anderson	Cannock & Stafford	11.8	4
4	Charlie Britten	Kettering Town	12.0	3
5	Sam Crutchley	Halesowen	15.1	2

Men 200m (A string)

Posr	Name	Club	Perf	Pts
1	Yannick Phippen	Kettering Town	22.1	9
2	Dewi Hammond	Broms & Redditch	22.2	7
3	Stewart Marshall	Coventry Godiva	22.8	6
4	Jonathan Anderson	Cannock & Stafford	24.6	5
5	Shane Tickell	Halesowen	24.9	4
6	Daniel Rhodes	Tamworth A	dnf	0

Men 200m (B string)

Posr	Name	Club	Perf	Pts
1	Thomas Russell	Broms & Redditch	23.4	7
2	Guy Mayer	Cannock & Stafford	24.1	5
3	David Lee	Coventry Godiva	24.2	4
4	Charlie Britten	Kettering Town	24.5	3
5	Paul Tasker	Tamworth A	26.1	2
6	Maxwell Park-Davies	Halesowen	27.5	1

Men 400m (A string)

Posr	Name	Club	Perf	Pts
1	Brian Darby	Coventry Godiva	50.6	9
2	Simon King	Tamworth A	51.3	7
3	Jonathan Biddle	Cannock & Stafford	51.3	6
4	Alex Smit	Kettering Town	53.0	5
5	Mark Turner	Halesowen	53.6	4
6	Martin Aspley-Davis	Broms & Redditch	59.8	3

Men 400m (B string)

Posr Name	Club	Perf	<i>Pts</i>
1 Andrew Boon	Coventry Godiva	51.8	7
2 James Hart	Broms & Redditch	53.0	5
3 Luke Roughley	Tamworth A	54.4	4
4 Jamie Mills	Cannock & Stafford	56.1	3
5 Bradley Fox	Kettering Town	56.4	2
6 Sam Crutchley	Halesowen	58.5	1

Men 110m H (A string)

Posr Name	Club	Perf	<i>Pts</i>
1 Alasdair Rigby	Cannock & Stafford	17.7	9
2 Adam Young	Tamworth A	18.0	7
3 Jamie Dean (Milne)	Kettering Town	18.0	6
4 Andrew Lloyd	Halesowen	21.2	5
5 Michael Thompson	Coventry Godiva	21.7	4
6 Thomas Russell	Broms & Redditch	22.2	3

Men 110m H (B string)

Posr Name	Club	Perf	<i>Pts</i>
1 Cameron Quincey	Tamworth A	20.0	7
2 Paul Edwards	Cannock & Stafford	20.5	5
3 Richard O'Connor	Broms & Redditch	32.0	4

Men 400m H (A string)

Posr Name	Club	Perf	<i>Pts</i>
1 Martin Aspley-Davis	Broms & Redditch	60.8	9
2 Shane Tickell	Halesowen	61.5	7
3 Adam Smith	Cannock & Stafford	63.4	6
4 Jamie Dean (Milne)	Kettering Town	67.4	5
5 Adam Young	Tamworth A	69.9	4
6 Michael Thompson	Coventry Godiva	76.2	3

Men 400m H (B string)

Posr Name	Club	Perf	<i>Pts</i>
1 Andrew Freeman	Broms & Redditch	64.1	7
2 Sam Crutchley	Halesowen	65.1	5
3 James Griggs	Coventry Godiva	65.4	4
4 Paul Edwards	Cannock & Stafford	67.7	3
5 Thomas Carvell	Kettering Town	82.3	2

Men 800m (A string)

Posr	Name	Club	Perf	Pts
1	Paul Bisceglia	Coventry Godiva	1.58.8	9
2	Sean Bowden	Broms & Redditch	2.00.3	7
3	Mark Turner	Halesowen	2.00.9	6
4	Simon King	Tamworth A	2.02.9	5
5	Ashley Wickett	Cannock & Stafford	2.03.3	4
6	Edward Cherry	Kettering Town	2.04.5	3

Men 800m (B string)

Posi	Name	Club	Perf	Pts
1	Clark Roberts	Coventry Godiva	2.02.5	7
2	Luke Roughley	Tamworth A	2.03.9	5
3	Maxwell Park-Davies	Halesowen	2.05.3	4
4	Daniel Thompson	Kettering Town	2.06.5	3
5	Samuel Nicholls	Cannock & Stafford	2.07.1	2
6	Calvin Scoltock	Broms & Redditch	2.07.2	1

Men 1500m (A string)

Posr	Name	Club	Perf	Pts
1	Michael Mckeown	Coventry Godiva	4.07.8	9
2	Sean Bowden	Broms & Redditch	4.10.2	7
3	Nicolas Hazelwood	Halesowen	4.13.2	6
4	James Mccann	Cannock & Stafford	4.15.7	5
5	Josh Coles	Kettering Town	4.21.4	4
6	Paul Tasker	Tamworth A	4.33.5	3

Men 1500m (B string)

Posr	Name	Club	Perf	Pts
1	Craig Pearson	Cannock & Stafford	4.22.7	7
2	Daniel Hillman	Coventry Godiva	4.23.7	5
3	Tom Trow-Poole	Halesowen	4.32.5	4
4	Jacob Hughes	Tamworth A	4.34.7	3
5	Daniel Thompson	Kettering Town	4.42.2	2
6	Andrew Freeman	Broms & Redditch	4.48.5	1

Men 3000m (A string)

Posr	Name	Club	Perf	Pts
1	Paul Bisceglia	Coventry Godiva	8.59.5	9
2	Domonik Morton	Halesowen	9.04.1	7
3	Jamie Dancyger	Broms & Redditch	9.50.1	6
4	Aaron Houseman	Cannock & Stafford	9.52.7	5
5	Howard Bush	Tamworth A	9.55.6	4
6	Liam Smith	Kettering Town	10.26.7	3

Men 3000m (B string)

Posr	Name	Club	Perf	Pts
1	James Griggs	Coventry Godiva	9.25.8	7
2	Daniel Cleary	Halesowen	9.31.2	5
3	Andrew Wright	Tamworth A	9.57.1	4
4	Michael Smith	Cannock & Stafford	10.29.2	3
5	Jack Morley	Broms & Redditch	11.10.8	2
6	Liam Kirk	Kettering Town	11.25.1	1

Men 3000m s/c (A string)

Posr	Name	Club	Perf	Pts
1	James Griggs	Coventry Godiva	9.52.9	9
2	Sam Crutchley	Halesowen	10.27.1	7
3	Thomas Orton	Tamworth A	11.07.6	6
4	Mark Appleton	Broms & Redditch	11.22.1	5
5	Peter Goringe	Kettering Town	13.51.1	4

Men 3000m s/c (B string)

Posr	Name	Club	Perf	Pts
1	Andrew Butler	Halesowen	10.52.7	7
2	Howard Bush	Tamworth A	11.15.3	5
3	Michael Peters	Coventry Godiva	11.56.0	4
4	Sam Moran	Broms & Redditch	13.22.6	3
5	Shane Smith	Kettering Town	14.09.8	2

Men Long Jump (A string)

Posi	Name	Club	Perf	Pts
1	Alasdair Rigby	Cannock & Stafford	6.17	9
2	Michael Thompson	Coventry Godiva	5.97	7
3	Jamie Dean (Milne)	Kettering Town	5.67	6
4	Cameron Quincey	Tamworth A	5.55	5
5	Dewi Hammond	Broms & Redditch	5.38	4
6	Shane Tickell	Halesowen	5.10	3

Men Long Jump (B string)

Posi	Name	Club	Perf	Pts
1	Bradley Fox	Kettering Town	5.63	7
2	Adam Young	Tamworth A	5.55	5
3	Akpoviropo Esiekpe	Coventry Godiva	5.28	4
4	Andrew Lloyd	Halesowen	4.77	3
5	Samuel Nicholls	Cannock & Stafford	4.56	2
6	Nicholas Freer	Broms & Redditch	4.53	1

Men Triple Jump (A string)

Pos	Name	Club	Perf	Pts
1	Alasdair Rigby	Cannock & Stafford	12.66	9
2	Jamie Dean (Milne)	Kettering Town	11.92	7
3	Michael Thompson	Coventry Godiva	11.91	6
4	Alex Wyer	Halesowen	11.85	5
5	Cameron Quincey	Tamworth A	11.30	4
6	James Hart	Broms & Redditch	11.19	3

Men Triple Jump (B string)

Pos	Name	Club	Perf	Pts
1	Sam Moran	Broms & Redditch	10.40	7
2	Samuel Nicholls	Cannock & Stafford	9.94	5
3	Mathew Peleszok	Kettering Town	9.72	4

Men High Jump (A string)

Pos	Name	Club	Perf	Pts
1	James Hart	Broms & Redditch	1.83	9
2	Jamie Dean (Milne)	Kettering Town	1.80	7
3	Alasdair Rigby	Cannock & Stafford	1.75	6
4	Adam Young	Tamworth A	1.70	5
5	Alex Wyer	Halesowen	1.70	4

Men High Jump (B string)

Pos	Name	Club	Perf	Pts
1	Alex Smit	Kettering Town	1.65	7
2	Gavin Showell	Tamworth A	1.55	5
3	Andrew Freeman	Broms & Redditch	1.55	4
4=	George Tyson	Cannock & Stafford	1.45	2.5
4=	Andrew Lloyd	Halesowen	1.45	2.5

Men Pole Vault (A string)

Pos	Name	Club	Perf	Pts
1	Gavin Showell	Tamworth A	4.20	9
2	Shaun Ainge	Cannock & Stafford	2.30	7
3	Mark Pearson	Kettering Town	2.30	6
4	Calvin Scoltock	Broms & Redditch	2.20	5

Men Pole Vault (B string)

Pos	Name	Club	Perf	Pts
1	Ricky Hallam	Tamworth A	3.50	7
2	George Tyson	Cannock & Stafford	2.20	5
3	Bradley Fox	Kettering Town	2.20	4

Men Shot Putt (A string)

Pos	Name	Club	Perf	Pts
1	Samuel Cater	Broms & Redditch	11.52	9
2	Mathew Paynter	Cannock & Stafford	11.02	7
3	Joseph Okpoti	Coventry Godiva	10.85	6
4	Adam Young	Tamworth A	9.32	5
5	Jay Stone	Halesowen	9.07	4
6	Mathew Peleszok	Kettering Town	7.61	3

Men Shot Putt (B string)

Pos	Name	Club	Perf	Pts
1	Neil Fox	Cannock & Stafford	9.09	7
2	Martin Aspley-Davis	Broms & Redditch	8.75	5
3	Ricky Hallam	Tamworth A	7.70	4
4	Nicolas Hazelwood	Halesowen	7.09	3
5	Emerson Combstock	Coventry Godiva	6.77	2
6	Adam Henley	Kettering Town	6.30	1

Men Discus (A string)

Pos	Name	Club	Perf	Pts
1	Mathew Paynter	Cannock & Stafford	41.95	9
2	Mathew Peleszok	Kettering Town	28.72	7
3	Richard O'Connor	Broms & Redditch	27.77	6
4	Joseph Okpoti	Coventry Godiva	24.44	5
5	Gavin Showell	Tamworth A	23.47	4
6	Nicolas Hazelwood	Halesowen	15.32	3

Men Discus (B string)

Pos	Name	Club	Perf	Pts
1	Neil Fox	Cannock & Stafford	36.74	7
2	Martin Aspley-Davis	Broms & Redditch	24.20	5
3	Adam Young	Tamworth A	20.87	4
4	Emerson Combstock	Coventry Godiva	17.72	3
5	Adam Henley	Kettering Town	15.90	2
6	Tom Trow-Poole	Halesowen	14.48	1

Men Hammer (A string)

Pos	Name	Club	Perf	Pts
1	Jay Stone	Halesowen	43.59	9
2	Martin Roberts	Cannock & Stafford	41.69	7
3	Samuel Cater	Broms & Redditch	36.61	6
4	Joseph Okpoti	Coventry Godiva	22.13	5
5	Gavin Showell	Tamworth A	21.48	4
6	Adam Henley	Kettering Town	18.23	3

Men Hammer (B string)

Pos	Name	Club	Perf	Pts
1	Richard O'Connor	Broms & Redditch	27.49	7
2	Mathew Peleszok	Kettering Town	15.24	5
3	George Tyson	Cannock & Stafford	6.64	4

Men Javelin (A string)

Pos	Name	Club	Perf	Pts
1	Samuel Cater	Broms & Redditch	45.46	9
2	Richard Stanley	Cannock & Stafford	43.26	7
3	James Knights	Coventry Godiva	40.29	6
4	Adam Young	Tamworth A	36.69	5
5	Nicolas Hazelwood	Halesowen	31.34	4
6	Mathew Peleszok	Kettering Town	31.24	3

Men Javelin (B string)

Pos	Name	Club	Perf	Pts
1	Mathew Paynter	Cannock & Stafford	37.61	7
2	Paul Tasker	Tamworth A	33.49	5
3	Emerson Combstock	Coventry Godiva	32.55	4
4	Andrew Freeman	Broms & Redditch	32.46	3
5	Andrew Lloyd	Halesowen	18.34	2
6	Adam Henley	Kettering Town	13.79	1

Mens 4x100m

Pos	Name	Club	Perf	Pts
1		Broms & Redditch	44.1	9
2		Coventry Godiva	44.8	7
3		Cannock & Stafford	46.4	6
4		Kettering Town	46.9	5
5		Tamworth A	48.7	4
6		Halesowen	50.9	3

Mens 4x400m

Pos	Name	Club	Perf	Pts
1		Coventry Godiva	3.25.5	9
2		Cannock & Stafford	3.35.7	7
3		Tamworth A	3.36.6	6
4		Broms & Redditch	3.42.1	5
5		Halesowen	3.45.3	4
6		Kettering Town	3.46.4	3

Women 100m (A string)

Pos	Name	Club	Perf	Pts
1	Joanne Frost	Broms & Redditch	12.3	9
2	Milly Kellyman	Tamworth A	12.5	7
3	Niamh Bailey	Kettering Town	12.5	6
4	Mary-Ann Okpoti	Coventry Godiva	13.0	5
5	Harriet Thompson	Cannock & Stafford	dq	0

Women 100m (B string)

Pos	Name	Club	Perf	Pts
1	Daisy Johnson	Broms & Redditch	12.7	7
2	Gemma Elliott	Kettering Town	13.1	5
3	Lauren Saunders	Tamworth A	13.7	4
4	Hannah Greaves	Cannock & Stafford	13.8	3

Women 200m (A string)

Pos	Name	Club	Perf	Pts
1	Joanne Frost	Broms & Redditch	25.7	9
2	Sophie Taylor	Tamworth A	26.0	7
3	Niamh Bailey	Kettering Town	26.1	6
4	Mary-Ann Okpoti	Coventry Godiva	26.8	5
5	Natalie Edwards	Cannock & Stafford	27.7	4

Women 200m (B string)

Pos	Name	Club	Perf	Pts
1	Elizabeth Tomlinson	Broms & Redditch	26.7	7
2	Celia Taylor	Coventry Godiva	26.7	5
3	Milly Kellyman	Tamworth A	26.9	4
4	Alex Keyworth	Kettering Town	27.4	3
5	Hannah Greaves	Cannock & Stafford	28.4	2

Women 400m (A string)

Pos	Name	Club	Perf	Pts
1	Sophie Taylor	Tamworth A	59.6	9
2	Gemma Elliott	Kettering Town	61.0	7
3	Judith Buckley	Halesowen	63.0	6
4	Natalie Edwards	Cannock & Stafford	64.5	5
5	Sally Olorenshaw	Coventry Godiva	65.5	4
6	Megan Criessel	Broms & Redditch	71.6	3

Women 400m (B string)

Pos	Name	Club	Perf	Pts
1	Alex Keyworth	Kettering Town	61.2	7
2	Rebecca Cooke	Cannock & Stafford	66.4	5
3	Zara Hyde Peters	Coventry Godiva	67.3	4
4	Charlotte Tongue	Broms & Redditch	83.8	3

Women 100m H (A string)

Pos	Name	Club	Perf	Pts
1	Molly Bagworth	Coventry Godiva	15.4	9
2	Harriet Thompson	Cannock & Stafford	15.5	7
3	Carmen Gameson	Tamworth A	18.5	6
4	Isobel Billau	Broms & Redditch	20.2	5
5	Sophie Munn	Kettering Town	25.2	4

Women 100m H (B string)

Pos	Name	Club	Perf	Pts
1	Rebecca Cooke	Cannock & Stafford	20.9	7
2	Faye Mccabe	Tamworth A	23.2	5
3	Amanda Marlow	Kettering Town	25.3	4

Women 400m H (A string)

Pos	Name	Club	Perf	Pts
1	Rebecca Cooke	Cannock & Stafford	72.2	9
2	Elizabeth Checkley	Tamworth A	76.5	7
3	Helen Keyworth	Kettering Town	78.1	6
4	Zarinda Batstone	Coventry Godiva	78.6	5
5	Melanie Hepke	Broms & Redditch	89.8	4

Women 400m H (B string)

Pos	Name	Club	Perf	Pts
1	Natalie Ainge	Cannock & Stafford	78.4	7
2	Sophie Munn	Kettering Town	91.3	5

Women 800m (A string)

Pos	Name	Club	Perf	Pts
1	Celia Taylor	Coventry Godiva	2.13.0	9
2	Stacey Johnson	Cannock & Stafford	2.20.2	7
3	Sophie Munn	Kettering Town	2.35.1	6
4	Megan Criessel	Broms & Redditch	2.38.9	5

Women 800m (B string)

Pos	Name	Club	Perf	Pts
1	Rachel Atherton	Cannock & Stafford	2.27.7	7
2	Jayne Mumford	Coventry Godiva	2.39.9	5
3	Helen Keyworth	Kettering Town	2.48.1	4
4	Melanie Hepke	Broms & Redditch	3.02.2	3

Women 1500m (A string)

Pos	Name	Club	Perf	Pts
1	Stacey Johnson	Cannock & Stafford	4.45.5	9
2	Joanna Emery	Coventry Godiva	4.56.2	7
3	Sally Hogan	Broms & Redditch	5.05.7	6
4	Rebecca Smith	Tamworth A	5.12.9	5
5	Sophie Munn	Kettering Town	5.35.6	4

Women 1500m (B string)

Pos	Name	Club	Perf	Pts
1	Zara Hyde Peters	Coventry Godiva	5.01.4	7
2	Rebecca Bray	Cannock & Stafford	5.20.2	5
3	Melanie Hepke	Broms & Redditch	5.53.6	4
4	Kerry Munn	Kettering Town	5.57.8	3

Women 3000m (A string)

Pos	Name	Club	Perf	Pts
1	Joanna Emery	Coventry Godiva	10.32.6	9
2	Rebecca Smith	Tamworth A	11.51.4	7
3	Susan Kneill-Boxley	Cannock & Stafford	12.01.4	6
4	Kerry Munn	Kettering Town	12.49.5	5

Women 3000m (B string)

Pos	Name	Club	Perf	Pts
1	Myshola Kirkham	Coventry Godiva	11.16.7	7
2	Bethany Clarke	Cannock & Stafford	13.05.9	5
3	Yvonne Elliott	Kettering Town	16.25.1	4

Women Long Jump (A string)

Pos	Name	Club	Perf	Pts
1	Joanne Frost	Broms & Redditch	5.47	9
2	Hannah Oliver	Coventry Godiva	4.93	7
3	Chloe Boulter	Cannock & Stafford	4.90	6
4	Carmen Gameson	Tamworth A	4.49	5
5	Gemma Elliott	Kettering Town	3.91	4

Women Long Jump (B string)

Pos	Name	Club	Perf	Pts
1	Natalie Ainge	Cannock & Stafford	4.90	7
2	Megan Dougall	Tamworth A	4.13	5
3	Amanda Marlow	Kettering Town	3.62	4
4	Charlotte Tongue	Broms & Redditch	3.56	3
5	Jayne Mumford	Coventry Godiva	2.99	2

Women Triple Jump (A string)

Pos	Name	Club	Perf	Pts
1	Joanne Frost	Broms & Redditch	11.10	9
2	Natalie Ainge	Cannock & Stafford	10.93	7
3	Megan Dougall	Tamworth A	8.92	6
4	Dannielle Smith	Kettering Town	7.25	5

Women Triple Jump (B string)

Pos	Name	Club	Perf	Pts
1	Isobel Billau	Broms & Redditch	10.62	7
2	Chloe Boulter	Cannock & Stafford	10.26	5
3	Amanda Marlow	Kettering Town	7.21	4

Women High Jump (A string)

Pos	Name	Club	Perf	Pts
1	Chloe Boulter	Cannock & Stafford	1.65	9
2	Hannah Oliver	Coventry Godiva	1.60	7
3	Niamh Bailey	Kettering Town	1.50	6
4	Carmen Gameson	Tamworth A	1.40	5
5	Judith Buckley	Halesowen	1.40	4
6	Isobel Billau	Broms & Redditch	1.25	3

Women High Jump (B string)

Pos	Name	Club	Perf	Pts
1	Natalie Edwards	Cannock & Stafford	1.50	7
2	Sophie Taylor	Tamworth A	1.35	5
3	Helen Keyworth	Kettering Town	1.25	4

Women Pole Vault (A string)

Pos	Name	Club	Perf	Pts
1	Melanie Hepke	Broms & Redditch	1.70	9

Women Shot Putt (A string)

Pos	Name	Club	Perf	Pts
1	Carol Parker	Coventry Godiva	12.37	9
2	Tina Clarke	Broms & Redditch	9.85	7
3	Karen Moody	Cannock & Stafford	7.56	6
4	Faye McCabe	Tamworth A	7.50	5
5	Louise Granger	Kettering Town	7.34	4
6	Catherine Dempsey	Halesowen	7.10	3

Women Shot Putt (B string)

Pos	Name	Club	Perf	Pts
1	Katherine Mcbeth	Coventry Godiva	9.90	7
2	Alicia Clarke	Cannock & Stafford	7.39	5
3	Elizabeth Checkley	Tamworth A	7.02	4
4	Dannielle Smith	Kettering Town	6.40	3
5	Yasmine Al-Daftary	Broms & Redditch	6.37	2
6	Jullie Bellfield	Halesowen	6.30	1

Women Discus (A string)

Pos	Name	Club	Perf	Pts
1	Carol Parker	Coventry Godiva	38.57	9
2	Tina Clarke	Broms & Redditch	32.97	7
3	Louise Granger	Kettering Town	28.74	6
4	Samantha Lawton	Tamworth A	22.67	5
5	Alicia Clarke	Cannock & Stafford	22.51	4
6	Catherine Dempsey	Halesowen	16.41	3

Women Discus (B string)

Pos	Name	Club	Perf	Pts
1	Simone Huggins-Ward	Coventry Godiva	24.10	7
2	Faye Mccabe	Tamworth A	21.69	5
3	Ceri Hammond	Broms & Redditch	17.35	4
4	Lynn Bellfield	Halesowen	16.12	3
5	Gemma Elliott	Kettering Town	15.90	2
6	Carol Denning	Cannock & Stafford	15.08	1

Women Hammer (A string)

Pos	Name	Club	Perf	Pts
1	Carol Parker	Coventry Godiva	35.91	9
2	Karen Moody	Cannock & Stafford	34.14	7
3	Sophie Allen	Tamworth A	34.10	6
4	Catherine Dempsey	Halesowen	30.62	5
5	Tina Clarke	Broms & Redditch	27.65	4
6	Louise Granger	Kettering Town	21.79	3

Women Hammer (B string)

Pos	Name	Club	Perf	Pts
1	Samantha Lawton	Tamworth A	33.87	7
2	Katherine Mcbeth	Coventry Godiva	21.22	5
3	Carol Denning	Cannock & Stafford	21.22	4
4	Yasmine Al-Daftary	Broms & Redditch	17.86	3
5	Sarah Bailey	Kettering Town	13.99	2

Women Javelin (A string)

Pos	Name	Club	Perf	Pts
1	Simone Huggins-Ward	Coventry Godiva	42.05	9
2	Faye Mccabe	Tamworth A	22.30	7
3	Julie Wakelam	Broms & Redditch	20.83	6
4	Sophie Munn	Kettering Town	15.43	5
5	Joanne Smallwood	Halesowen	15.42	4
6	Rebecca Bray	Cannock & Stafford	14.22	3

Women Javelin (B string)

Pos	Name	Club	Perf	Pts
1	Katherine Mcbeth	Coventry Godiva	32.63	7
2	Charlotte Tongue	Broms & Redditch	18.35	5
3	Sophie Allen	Tamworth A	15.75	4
4	Amanda Marlow	Kettering Town	15.33	3
5	Natalie Edwards	Cannock & Stafford	12.95	2
6	Jackie Bradshaw	Halesowen	12.73	1

Womens 4x100m

Posi	Name	Club	Perf	Pts
1		Broms & Redditch	51.3	9
2		Cannock & Stafford	51.6	7
3		Tamworth A	52.5	6
4		Coventry Godiva	53.9	5
5		Kettering Town	54.4	4

Womens 4x400m

Posi	Name	Club	Perf	Pts
1		Kettering Town	4.12.4	9
2		Broms & Redditch	4.14.6	7
3		Coventry Godiva	4.21.2	6
4		Cannock & Stafford	4.25.3	5
5		Tamworth A	4.46.9	4

Non Scoring Events

100m
100m Race 1 Combined M & F

1	Stewart Marshall	Coventry Godiva	11.4
2	Akpoviropo Esiekpe	Coventry Godiva	11.7
3	Scott Eburne	Coventry Godiva	12.0
4	Tom Carvell	Kettering Town	12.2
5	Elizabeth Tomlinson	Broms & Redditch	13.1
6	Bronwyne Smit	Kettering Town	14.6
7	Katy Williams	Kettering Town	15.8

100m Race 2

1	Russell Hingley	Broms & Redditch	11.8
2	Nicholas Freer	Broms & Redditch	11.9
3	Alasdair Rigby	Cannock & Stafford	12.3
4	Adam Smith	Cannock & Stafford	12.3
5	Shaun Ainge	Cannock & Stafford	12.8
6	Paul Edwards	Cannock & Stafford	12.8
7	George Tyson	Cannock & Stafford	12.9

3000m (Men)

Emerson Combstock Coventry Godiva 9:47.0