

MCAA T&F League.		Type=	Photo-finish timing
Date=	16/05/2026	Division=	2
Match no.	1	Venue=	Newport

Club	Points
Birchfield Harriers	262
Cannock & Stafford AC	446
City of Stoke AC	70
Gloucester AC	329.5
Newport Harriers	464.5
Notts AC	567
Stratford-upon-Avon AC	170

Officials' Points

Team	Birchfield Ha	Cannock & Stafford AC	City of Stoke	Gloucester AC	Newport Harrie	Notts AC	Stratford-up
Points	-25	20	-45	-10	20	20	20

Event	Event	100 metres	MEN				
100	A string	Wind reading if applic	0 m/s		Performance	Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Lewis Ross	Newp	5	11.23	12	0
	2	Declan Kangudi	Notts	6	11.50	10	0
	3	Dave Hawkins	Glouc	4	11.90	8	0
	4	Joel Milner	Strat	7	11.93	7	0
	5	Theo Winn	Stoke	3	12.45	6	0
	6	Tunde Adeyemo	C&S	2	13.30	5	0

Event	Event	100 metres	MEN				
100	B/C race 1	Wind reading if applic	0 m/s		Performance	Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Daniel Gatland	Newp	55	11.30		
	2	Chadale Stephenson	Bir	11	11.58		
	3	Dan Wood	Glouc	44	12.00		
	4	Riley Chimbetete	Notts	66	12.56		
	5	Harry Rich	Strat	77	12.84		

Event	Event	100 metres	MEN				
100	B/C race 2	Wind reading if applic	-0.2 m/s		Performance	Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Harry Mansfield	Newp	555	11.61		
	2	Peter Hall	Bir	111	11.67		
	3	Mark Illingworth	Strat	777	14.88		

Event	Event	100 metres	MEN				
100	COMBINED B / C RACES FOR	Wind reading if applic	0 & -0.2 m/s		Performance	Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Daniel Gatland	Newp	55	11.30	10	0
	2	Chadale Stephenson	Bir	11	11.58	8	0
	3	Harry Mansfield	Newp	555	11.61	7	0
	4	Peter Hall	Bir	111	11.67	6	0
	5	Dan Wood	Glouc	44	12.00	5	0
	6	Riley Chimbetete	Notts	66	12.56	4	0
	7	Harry Rich	Strat	77	12.84	3	0
	8	Mark Illingworth	Strat	777	14.88	2.5	0

Event	Event	200 metres	MEN				
200	A string	Wind reading if applic	-1.2 m/s		Performance	Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Daniel Gatland	Newp	5	23.06	12	0
	2	Declan Kangudi	Notts	6	23.45	10	0
	3	Dave Hawkins	Glouc	4	24.28	8	0
	4	Jahzai Roberts	Bir	1	24.32	7	0
	5	Joel Milner	Strat	7	24.44	6	0
	6	Theo Winn	Stoke	3	25.02	5	0
	7	Craig Carr	C&S	2	25.32	4	0

Event	200						MEN
MEN	B/C race 1	Wind reading if applic	-1.7	m/s	Performance	Position	Bonus
	Position	Competitor	Club	Bib Number		Points	Points
	1	Tom Evans	Newp	55	24.25		
	2	Dan Wood	Glouc	44	24.51		
	3	Andrew murray	Bir	11	24.88		
	4	Tunde Adeyemo	C&S	22	25.90		
	5	Riley Chimbetete	Notts	66	25.91		
	6	Harry Rich	Strat	77	26.37		

Event	200						MEN
MEN	B/C race 2	Wind reading if applic	-1	m/s	Performance	Position	Bonus
	Position	Competitor	Club	Bib Number		Points	Points
	1	Samson Chinaka	Newp	555	24.37		
	2	Mark Illingworth	Strat	777	31.48		

Event	200						MEN
COMBINED		B / C RACES FOR		SCORING			
MEN	B+C string	Wind reading if applic	-1.7 & -1	m/s	Performance	Position	Bonus
	Position	Competitor	Club	Bib Number		Points	Points
	1	Tom Evans	Newp	55	24.25	10	0
	2	Samson Chinaka	Newp	555	24.37	8	0
	3	Dan Wood	Glouc	44	24.51	7	0
	4	Andrew murray	Bir	11	24.88	6	0
	5	Tunde Adeyemo	C&S	22	25.90	5	0
	6	Riley Chimbetete	Notts	66	25.91	4	0
	7	Harry Rich	Strat	77	26.37	3	0
	8	Mark Illingworth	Strat	777	31.48	2.5	0

Event	400 metres						MEN	
MEN	A string	Position	Competitor	Club	Bib Number	Performance	Position	Bonus
							Points	Points
		1	Lucas Salvage	Newp	5	50.20	12	0
		2	Athenkosi Nombeko	Notts	6	50.79	10	0
		3	Jamaal Watson	Bir	1	53.30	8	0
		4	Leo Hopes	Glouc	4	54.77	7	0
		5	Joel Milner	Strat	7	55.14	6	0
		6	Craig Carr	C&S	2	56.13	5	0
		7	Khasim Croft	Stoke	3	1:02.13	4	0

Event	400						MEN	
MEN	B+C string	Position	Competitor	Club	Bib Number	Performance	Position	Bonus
							Points	Points
		1	Gareth Davies	Newp	55	53.44	10	0
		2	Ethan Walls	Bir	11	53.90	8	0
		3	Jye Cope	Bir	111	57.56	7	0
		4	Tunde Adeyemo	C&S	22	57.99	6	0
		5	Jack Wickham	Notts	66	58.35	5	0

Event	800 metres						MEN	
MEN	A string	Position	Competitor	Club	Bib Number	Performance	Position	Bonus
							Points	Points
		1	Ali Samer Khan	Bir	1	2:10.44	12	0
		2	Tom Gilbert	Newp	5	2:11.01	10	0
		3	Craig Carr	C&S	2	2:14.57	8	0
		4	Andy Noakes	Glouc	4	2:15.64	7	0
		5	Khasim Croft	Stoke	3	2:17.10	6	0
		6	Tim Hartley	Notts	6	2:37.69	5	0
		7	Michael Sheppard	Strat	7	2:52.43	4	0

Event	800						MEN	
MEN	B+C string	Position	Competitor	Club	Bib Number	Performance	Position	Bonus
							Points	Points
		1	Ben Oliver	Newp	55	2:15.30	10	0
		2	Oliver Stone	C&S	22	2:21.01	8	0
		3	Matt Eardley	Stoke	33	2:29.54	7	0
		4	Jason Tilley	Glouc	44	2:40.13	6	0
		5	David Jones	Strat	77	3:10.60	5	0

Event	Event	110H	metres	MEN			
110H	A string	Wind reading if applic	-1.1	m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jack Wickham	Notts	6	18.99	12	0

Event	Event	400H	metres	MEN			
400H	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Samer Alyafee	Bir	11	56.93	12	5
	2	Jack Wickham	Notts	6	1:03.94	10	0
	3	Jamie Chapman	C&S	22	1:08.71	8	0

Event	Event	400H				Position	Bonus
MEN	B+C string					Points	Points
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jye Cope	Bir	1	1:05.84	10	0
	2	Alasdair Rigby	C&S	2	1:17.12	8	0

Event	Event	1500	metres	MEN			
1500	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Craig Williams	Newp	5	4:02.95	12	0
	2	Leif Payne	Stoke	3	4:34.51	10	0
	3	Xander Heaton	Bir	1	4:35.26	8	0
	4	Andy Noakes	Glouc	4	4:51.02	7	0
	5	Tim Hartley	Notts	6	4:54.46	6	0
	6	Jamie Chapman	C&S	2	5:12.32	5	0
	7	Michael Sheppard	Strat	7	5:43.46	4	0

Event	Event	1500				Position	Bonus
MEN	B+C string					Points	Points
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Joseph Roberts	Newp	55	4:19.94	10	0
	2	Ali Samer Khan	Bir	11	4:40.04	8	0
	3	Khasim Croft	Stoke	33	4:53.25	7	0
	4	Jeremy Mower	Glouc	44	5:12.88	6	0
	5	Colin Palmer	Notts	66	5:16.95	5	0
	6	David Jones	Strat	77	6:46.14	4	0

Event	Event	5000	metres	MEN			
5000	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jason Bennett	Bir	1	16:11.48	12	0
	2	Amdebrhan Berhe	Notts	6	16:20.42	10	0
	3	Evan Price	Newp	5	16:32.74	8	0
	4	Oliver Stone	C&S	2	17:52.90	7	0
	5	Andy Noakes	Glouc	4	18:18.44	6	0

Event	Event	5000				Position	Bonus
MEN	B+C string					Points	Points
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Tim Hartley	Notts	66	17:08.34	10	0
	2	Iestyn Williams	Newp	55	18:07.51	8	0
	3	Jeremy Mower	Glouc	44	18:40.40	7	0

Event	Event	2000SC	metres	MEN			
2000SC	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	unknown	Bir	1	0.00	10	0
	2	Darrell Wilde	C&S	2	0.00	10	0
	3	Jason Tilley	Glouc	4	0.00	10	0

Event	Event	2000SC				Position	Bonus
MEN	B+C string					Points	Points
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jeremy Mower	Glouc	44	0.00	10	0

Event	Event	4x100	metres	MEN			
4x100	A string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	
	1	Newport Harriers	Newp	5	43.53	12	
	2	Birchfield Harriers	Bir	1	45.10	10	
	3	Notts AC	Notts	6	46.98	8	
	4	Gloucester AC	Glouc	4	50.50	7	
	5	Stratford-upon-Avon AC	Strat	7	58.61	6	

Event	Event	4x400	metres	MEN			
4x400	A string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	
	1	Newport Harriers	Newp	5	3:35.69	12	
	2	Cannock & Stafford AC	C&S	2	3:56.99	10	
	3	Notts AC	Notts	6	4:03.27	8	
	4	Birchfield Harriers	Bir	1	DQ:00.00	0	

Event	Event	HJ	metres	MEN			
HJ	A string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Brooklyn Crooks	Notts	6	1.65	12	0
	2	James Ritchie	Glouc	44	1.55	10	0
	3	Alasdair Rigby	C&S	2	1.50	8	0

Event	Event	HJ	metres	MEN			
HJ	B+C string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Donovan Davenport	Notts	66	1.50	10	0
	2	Jak Carpenter	C&S	22	1.50	8	0
	3	Dave Hawkins	Glouc	4	1.45	7	0

Event	Event	PV	metres	MEN			
PV	A string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Kofi Afirifah - Mensah	Notts	6	0.00	11	0
	2	Paul Yeoman	Newp	5	0.00	11	0

Event	Event	PV	metres	MEN			
PV	B+C string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Brooklyn Crooks	Notts	66	0.00	10	0

Event	Event	LJ	metres	MEN				Wind if applic
LJ	A string							
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points	m/s
	1	Brooklyn Crooks	Notts	6	6.30	12	0	
	2	Dai Quan Harvey	Bir	1	5.48	10	0	
	3	Joel Milner	Strat	7	5.12	8	0	
	4	Dave Hawkins	Glouc	4	5.10	7	0	
	5	James Morgan	Newp	5	4.39	6	0	
	6	Jamie Chapman	C&S	2	4.36	5	0	

Event	Event	LJ	metres	MEN				Wind if applic
LJ	B+C string							
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points	m/s
	1	Matt Madden	Notts	66	5.49	10	0	
	2	Harry Rich	Strat	77	4.90	8	0	
	3	Donovan Davenport	Notts	666	4.54	7	0	
	4	James Ritchie	Glouc	44	4.53	6	0	
	5	Mark Illingworth	Strat	777	3.65	5	0	
	6	Paul Yeoman	Newp	55	3.17	4	0	

Event	Event	TJ	metres	MEN				Wind if applic
TJ	A string							
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points	m/s
	1	Matt Madden	Notts	6	12.49	12	0	
	2	Gareth Davies	Newp	5	12.25	10	0	
	3	Dave Hawkins	Glouc	4	11.24	8	0	
	4	Jamie Chapman	C&S	2	9.96	7	0	

Event

TJ	B+C string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Donovan Davenport	Notts	66	10.62	10	0	
	2	James Ritchie	Glouc	44	10.12	8	0	

Event	Event	SP	metres	MEN			
SP	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jak Carpenter	C&S	2	11.87	12	0
	2	Matthew Baker	Newp	555	11.02	10	0
	3	Brooklyn Crooks	Notts	6	9.61	8	0
	4	Eathan Grimes	Stoke	3	7.96	0	0

Event	B+C string					Position	Bonus
SP						Points	Points
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Samson Chinaka	Newp	5	10.02	10	0
	2	Matt Madden	Notts	66	9.32	8	0
	3	Ian Williams	Newp	55	7.95	0	0
	4	Martin Roberts	C&S	22	6.74	0	0

Event	Event	DT	metres	MEN			
DT	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Mubatowashe Mtonbeni	Notts	6	48.49	12	5
	2	Jak Carpenter	C&S	2	30.67	10	0
	3	Ian Williams	Newp	5	21.51	8	0
	4	Chadale Stephenson	Bir	1	19.86	0	0
	5	Eathan Grimes	Stoke	3	19.61	0	0
	6	Paul Hawkins	Strat	77	9.22	0	0

Event	B+C string					Position	Bonus
DT						Points	Points
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Brooklyn Crooks	Notts	66	30.60	10	0
	2	Alasdair Rigby	C&S	22	21.99	8	0
	3	Mark Boswell	Newp	55	19.91	0	0
	4	Aki Samer Khan	Bir	11	16.07	0	0

Event	Event	HT	metres	MEN			
HT	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Mark Boswell	Newp	5	31.78	12	0
	2	Martin Roberts	C&S	2	29.98	10	0
	3	Eathan Grimes	Stoke	3	13.28	0	0

Event	B+C string					Position	Bonus
HT						Points	Points
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jak Carpenter	C&S	22	19.93	0	0

Event	Event	JT	metres	MEN			
JT	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Joshua Livesey Hambridge	Newp	5	41.05	12	0
	2	Jak Carpenter	C&S	2	36.62	10	0
	3	Matt Maddeen	Notts	66	35.23	8	0
	4	Eathan Grimes	Stoke	3	29.44	7	0
	5	Mark Illingworth	Strat	7	23.61	0	0

Event	B+C string					Position	Bonus
JT						Points	Points
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Brooklyn Crooks	Notts	6	32.76	10	0
	2	Alasdair Rigby	C&S	22	30.08	8	0
	3	James Morgan	Newp	55	29.16	7	0
	4	Ian Williams	Newp	555	24.22	0	0
	5	Matt Eardley	Stoke	33	23.47	0	0
	6	Martin Roberts	C&S	222	19.56	0	0

Event	Event 100 metres							
100	A string	Wind reading if applic	-1.1 m/s			Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Abigail Osamundiamen	Bir	1	12.41	12	0	
	2	Sophie Hulse	C&S	2	12.48	10	0	
	3	Fura Mabengi	Notts	6	12.81	8	0	
	4	Sarah Gibbs	Newp	5	13.18	7	0	
	5	Isabela Fernandez	Glouc	4	13.29	6	0	
	6	Hollie Stow	Stoke	3	15.42	5	0	
	7	Kathryn Woodcock	Strat	7	18.47	4	0	

Event	Event 100							
WOMEN	B/C Race 1	Wind reading if applic	-0.6 m/s		Formatted	Position	Bonus	
	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Mia Wainwright	C&S	22	12.70			
	2	Melody Benn	Glouc	44	12.71			
	3	Precious Njoku	Notts	66	12.83			
	4	Cherish Watson	Newp	55	13.16			
	5	Daissy Jones	Bir	11	13.59			

Event	Event 100							
WOMEN	B/C Race 2	Wind reading if applic	-0.9 m/s		Formatted	Position	Bonus	
	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Larna Watkins	C&S	222	13.12			
	2	Silvia Onwubiko	Notts	666	13.38			
	3	Cordellia Goodger	Newp	555	13.77			

Event	Event 100							
WOMEN	COMBINED	B / C RACES FOR	SCORING					
	B+C string	Wind reading if applic	-0.6 & -0.9 m/s			Position	Bonus	
	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Mia Wainwright	C&S	22	0:12.70	10	0	
	2	Melody Benn	Glouc	44	0:12.71	8	0	
	3	Precious Njoku	Notts	66	0:12.83	7	0	
	4	Larna Watkins	C&S	222	0:13.12	6	0	
	5	Cherish Watson	Newp	55	0:13.16	5	0	
	6	Silvia Onwubiko	Notts	666	0:13.38	4	0	
	7	Daissy Jones	Bir	11	0:13.59	3	0	
	8	Cordellia Goodger	Newp	555	0:13.77	2.5	0	

Event	Event 200 metres							
200	A string	Wind reading if applic	-2.1 m/s			Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Sophie Hulse	C&S	2	25.47	12	0	
	2	Fura Mabengi	Notts	6	25.84	10	0	
	3	Isabela Fernandez	Glouc	4	27.51	8	0	
	4	Sarah Gibbs	Newp	5	27.69	7	0	
	5	Dianaliz Ciprian Gibson	Bir	1	29.49	6	0	
	6	Kathryn Woodcock	Strat	7	39.64	5	0	

Event	Event 200							
WOMEN	B/C Race 1	Wind reading if applic	-1.2 m/s		Formatted	Position	Bonus	
	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Abigail Osamundiamen	Bir	11	25.55			
	2	Stella Perrett	C&S	22	25.86			
	3	Precious Njoku	Notts	66	27.08			
	4	Cherish Watson	Newp	55	27.33			
	5	Ellie Hathaway	Glouc	44	30.72			
	6	Emma Bexson	Strat	77	37.48			

Event	Event 200							
WOMEN	B/C Race 2	Wind reading if applic	-1.1 m/s		Formatted	Position	Bonus	
	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Larna Watkins	C&S	222	26.34			
	2	Erykah Eze	Notts	666	27.88			
	3	Cordellia Goodger	Newp	555	28.94			

Event	COMBINED B / C RACES FOR		SCORING				
200	B+C string	Wind reading if applic	-1.2 & -1.1 m/s			Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Abigail Osamundiamen	Bir	11	0:25.55	10	0
	2	Stella Perrett	C&S	22	0:25.86	8	0
	3	Larna Watkins	C&S	222	0:26.34	7	0
	4	Precious Njoku	Notts	66	0:27.08	6	0
	5	Cherish Watson	Newp	55	0:27.33	5	0
	6	Erykah Eze	Notts	666	0:27.88	4	0
	7	Cordellia Goodger	Newp	555	0:28.94	3	0
	8	Ellie Hathaway	Glouc	44	0:30.72	2.5	0
	9	Emma Bexson	Strat	77	0:37.48	2	0

Event	Event		400 metres				
400	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Mia Wainwright	C&S	2	58.58	12	0
	2	Sophie Steele	Newp	5	1:01.32	10	0
	3	Ellie Hathaway	Glouc	4	1:07.57	8	0
	4	Joanne Clamp	Notts	6	1:22.19	7	0
	5	Kathryn Woodcock	Strat	7	1:36.17	6	0

Event	Event		400 metres				
400	B+C string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Natalie Griffiths	C&S	22	58.87	10	0
	2	Melody Benn	Glouc	44	59.88	8	0
	3	Emma Bexson	Strat	77	1:18.96	7	0
	4	Annabelle Crossdale	Notts	66	1:29.39	6	0

Event	Event		800 metres				
800	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Chloe Biggs	Newp	5	2:17.94	12	0
	2	Allegra Soutar	C&S	2	2:21.11	10	0
	3	Ellie Hathaway	Glouc	4	2:26.89	8	0
	4	Ellen Gallie	Notts	6	2:30.97	7	0
	5	Maddison-May Price	Bir	1	2:34.57	6	0
	6	Emma Bexson	Strat	7	2:59.50	5	0

Event	Event		800 metres				
800	B+C string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Poppy Oliver	Newp	55	2:25.05	10	0
	2	Isabela Fernandez	Glouc	44	2:39.58	8	0
	3	Joanne Clamp	Notts	66	2:53.40	7	0
	4	Sue Kneill-Boxley	C&S	22	3:03.05	6	0
	5	Kathryn Woodcock	Strat	77	3:54.06	5	0

Event	Event		100H metres				
100H	A string	Wind reading if applic	-1 m/s			Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Chloe Wilde	C&S	2	16.99	12	0
	2	Emma Lyons	Notts	6	18.92	10	0
	3	Hollie Stow	Stoke	3	20.63	8	0
	4	Emma Bexson	Strat	7	27.93	7	0

Event	Event		400H metres				
400H	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Chloe Wilde	C&S	2	1:02.46	12	5
	2	Poppy Turton	Newp	5	1:05.61	10	5
	3	Emma Bexson	Strat	7	1:31.07	8	0

Event	Event		400H metres				
400H	B+C string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Natalie Griffiths	C&S	22	1:08.49	10	0
	2	Poppy Oliver	Newp	55	1:14.04	8	0

Event	Event 1500 metres							
1500	A string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Kayley Price	Newp	5	4:47.64	12	0	
	2	Allegra Soutar	C&S	2	4:55.23	10	0	
	3	Emma Richardson	Glouc	4	5:05.03	8	0	
	4	Victoria Weir	Bir	11	5:05.59	7	0	
	5	Joanne Clamp	Notts	6	5:47.32	6	0	
	6	Emma Bexson	Strat	7	6:01.37	5	0	

Event	Event 1500 metres							
1500	B+C string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Anya Brady	Newp	55	4:53.56	10	0	
	2	Sophie Banks	Bir	1	5:12.93	8	0	
	3	Tracy Hinxman	Glouc	44	5:21.94	7	0	
	4	Sue Kneill-Boxley	C&S	22	6:10.71	6	0	

Event	Event 5000 metres							
5000	A string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Chloe Harrington	Newp	5	18:31.44	12	0	
	2	Jorja Wright	Bir	1	18:10.08	10	0	
	3	Allegra Soutar	C&S	2	19:07.79	8	0	
	4	Emma Richardson	Glouc	44	19:27.07	7	0	
	5	Becca Peach	Notts	6	20:24.84	6	0	

Event	Event 5000 metres							
5000	B+C string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Ellie Hathway	Glouc	444	19:27.21	10	0	
	2	Jen Davies	Glouc	4	20:24.84	8	0	
	3	unknown	Bir	11	21:06.78	7	0	
	4	Naomi Handley	Newp	55	22:51.05	6	0	

Event	Event 2000SC metres							
2000SC	A string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Victoria Weir	Bir	1	7:26.53	12	0	
	2	Joanne Clamp	Notts	6	8:23.84	10	0	
	3	Emma Bexson	Strat	7	8:44.89	8	0	

Event	Event 2000SC metres							
2000SC	B+C string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Kathryn Woodcock	Strat	77	11:30.87	10	0	

Event	Event 4x100 metres							
4x100	A string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Cannock & Stafford AC	C&S	2	49.73	12		
	2	Notts AC	Notts	66	49.85	10		
	3	Newport Harriers	Newp	5	53.11	8		

Event	Event 4x400 metres							
4x400	A string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Cannock & Stafford AC	C&S	2	3:56.27	12		
	2	Newport Harriers	Newp	5	4:13.24	10		
	3	Notts AC	Notts	6	4:17.86	8		
	4	Gloucester AC	Glouc	4	4:41.74	7		
	5	Birchfield Harriers	Bir	1	4:47.98	6		

Event	Event HJ metres							
HJ	A string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Nina McEachran	Notts	6	1.65	12	0	
	2	Bernice Coulson	Bir	1	1.65	10	0	
	3	Hollie Stow	Stoke	3	1.25	8	0	
	4	Chloe Wilde	C&S	2	1.25	7	0	

Event	Event HJ metres							
HJ	B+C string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Robyn Atkinson	Notts	66	1.50	10	0	

Event	Event PV metres							
PV	A string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Emma Lyons	Notts	6	0.00	11	0	
	2	Natasha Clarke	Bir	1	0.00	11	0	

Event	Event PV metres							
PV	B+C string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Hannah Lewis	Notts	66	0.00	8	0	
	2	Bernice Coulson	Bir	11	0.00	8	0	
	3	Nina McEachran	Notts	666	0.00	8	0	

Event	Event LJ metres								
LJ	A string				Formatted Performance	Position Points	Bonus Points	Wind if applic	
WOMEN	Position	Competitor	Club	Bib Number				m/s	
	1	Mia Wainwright	C&S	22	5.20	12	0		
	2	Kate Davies	Glouc	4	4.81	10	0		
	3	Emma Lyons	Notts	6	4.78	8	0		
	4	Coleka Masama	Bir	1	4.02	7	0		
	5	Hollie Stow	Stoke	3	3.78	6	0		
	6	Louise Kirby	Newp	5	3.02	5	0		
	7	Kathryn Woodcock	Strat	7	1.39	4	0		

Event	Event LJ metres								
LJ	B+C string				Formatted Performance	Position Points	Bonus Points	Wind if applic	
WOMEN	Position	Competitor	Club	Bib Number				m/s	
	1	Sophie Hulse	C&S	2	5.01	10	0		
	2	Larna Watkins	C&S	222	4.82	8	0		
	3	Robyn Atkinson	Notts	66	3.04	7	0		

Event	Event TJ metres								
TJ	A string				Formatted Performance	Position Points	Bonus Points	Wind if applic	
WOMEN	Position	Competitor	Club	Bib Number				m/s	
	1	Kate Davies	Glouc	4	10.54	12	0		
	2	Mia Wainwright	C&S	2	9.97	10	0		
	3	Emma Lyons	Notts	6	9.64	8	0		
	4	Coleka Masama	Bir	1	9.28	7	0		

Event	Event SP metres							
SP	A string				Formatted Performance	Position Points	Bonus Points	
WOMEN	Position	Competitor	Club	Bib Number				
	1	Poppy Bean	Notts	6	10.01	12	0	
	2	Michelle Thomas	Bir	1	9.14	10	0	
	3	Kate Davies	Glouc	4	8.93	8	0	
	4	Lydia Kelsall	Stoke	3	8.10	7	0	
	5	Lisa Boswell	Newp	5	7.94	6	0	
	6	Natalie Griffiths	C&S	22	7.76	5	0	

Event	SP				Formatted Performance	Position Points	Bonus Points
Event	B+C string						
WOMEN	Position	Competitor	Club	Bib Number			
	1	Annabelle Crossdale	Notts	66	8.99	10	0
	2	Ellen Thrall	Glouc	44	8.00	8	0
	3	Stella Perrett	C&S	2	7.49	7	0
	4	Hayley Clowes	Stoke	333	6.67	0	0
	5	Bernice Coulson	Bir	11	6.18	0	0
	6	Hollie Stow	Stoke	33	6.04	0	0
	7	Naomi Handley	Newp	55	5.68	0	0

Event	DT				Formatted Performance	Position Points	Bonus Points
Event	A string						
WOMEN	Position	Competitor	Club	Bib Number			
	1	Lydia Kelsall	Stoke	3	28.48	12	0
	2	Poppy Bean	Notts	6	24.31	10	0
	3	Ellen Thrall	Glouc	4	23.94	8	0
	4	Natalie Griffiths	C&S	2	22.90	7	0
	5	Lisa Boswell	Newp	5	18.74	6	0
	6	Bernice Coulson	Bir	11	12.02	0	0

Event	DT				Formatted Performance	Position Points	Bonus Points
Event	B+C string						
WOMEN	Position	Competitor	Club	Bib Number			
	1	Hayley Clowes	Stoke	33	25.58	10	0
	2	Kate Davies	Glouc	44	21.52	8	0
	3	Emma Lyons	Notts	66	19.79	7	0
	4	Sarah Gibbs	Newp	55	16.42	0	0
	5	Karen Davies	Bir	1	11.61	0	0

Event	HT				Formatted Performance	Position Points	Bonus Points
Event	A string						
WOMEN	Position	Competitor	Club	Bib Number			
	1	Poppy Bean	Notts	6	55.85	12	5
	2	Ellen Thrall	Glouc	4	45.84	10	5
	3	Lisa Boswell	Newp	5	34.92	8	0
	4	Natalie Griffiths	C&S	2	22.11	7	0
	5	Hayley Clowes	Stoke	3	19.10	0	0
	6	Kathryn Woodcock	Strat	7	17.33	0	0
	7	Karen Davies	Bir	1	15.14	0	0

Event	HT				Formatted Performance	Position Points	Bonus Points
Event	B+C string						
WOMEN	Position	Competitor	Club	Bib Number			
	1	Annabelle Crossdale	Notts	66	51.32	10	5
	2	Sienna Savage	Glouc	44	25.09	8	0
	3	Lydia Kelsall	Stoke	33	18.03	0	0

Event	JT				Formatted Performance	Position Points	Bonus Points
Event	A string						
WOMEN	Position	Competitor	Club	Bib Number			
	1	Kate Davies	Glouc	4	31.05	12	0
	2	Ava Stratford-Davies	Newp	55	29.77	10	0
	3	Emma Lyons	Notts	66	22.90	8	0
	4	Lydia Kelsall	Stoke	3	21.19	7	0
	5	Chloe Wilde	C&S	2	17.53	0	0

Event	JT				Formatted Performance	Position Points	Bonus Points
Event	B+C string						
WOMEN	Position	Competitor	Club	Bib Number			
	1	Lisa Boswell	Newp	5	22.25	10	0
	2	Helen Robbins	Notts	6	21.14	8	0
	3	Hayley Clowes	Stoke	333	17.69	0	0
	4	Hollie Stow	Stoke	33	14.19	0	0

GUESTS

Event	Competitor	Club	Performance	Wind if applic m/s
200	Silvia Olwubiko	Notts AC	28.05	-1.1
200	Libby Jones	Newport	28.96	-1.1
200	Harry Mansfield	Newport	23.71	-1
200	Chadale Stephenson	Birchfield	23.72	-1
200	Joshua Livesey-Hambridge	Newport	23.97	-1
200	Akash Shetty	Newport	24.20	-1
100	Erykah Eze	Notts AC	13.44	-0.9
100	Libby Jones	Newport	14.11	-0.9
100	Samson Chinaka	Newport	11.99	-0.1
100	Seth Heward	Newport	12.03	-0.1
100	Joshua Livesey-Hambridge	Newport	12.03	-0.1
100	Akash Shetty	Newport	12.21	-0.1
100	Paul Yeoman	Newport	14.90	-0.1