

Open Meeting, Northwood, Stoke-on-Trent

Perf

Sunday, April 19 2009

Perf

T8 SenM 800m				SenM 800m				
1	182	Richard Dare	CLC Striders	2:10.9	<b>PB 5</b>			
2	171	Philip Jowett	CLC Striders	2:17.4	<b>PB 6</b>			
3					<b>7</b>			
4					<b>8</b>			
T7 JunM 800m				JunM 800m				
1	234	Liam Hendrick	City of Stoke AC	2:13.4	<b>5</b>			
2	231	James Paramore	Charnwood AC	2:13.5	<b>6</b>			
3					<b>7</b>			
4					<b>8</b>			
T6 U17M 800m				U17M 800m				
1	366	Tom Guy	City of Stoke AC	2:03.8	<b>6</b>	364 James Roberts	Wrexham AC	2:13.7
2	381	Joshua lacey	Birchfield harriers	2:05.3	<b>7</b>	378 Sam Derry	Cannock & Stafford AC	2:14.8
3	360	Calum Gardner	Derby AC	2:06.1	<b>8</b>	368 David O'Farrell	Cannock & Stafford AC	2:27.6
4	382	Nathen Ainsworth	City of Stoke AC	2:07.3	<b>9</b>	384 George Mellor	Newcastle AC	2:41.4
5	370	Alex Brecker	City of Stoke AC	2:08.3	<b>PB</b>			
T4 U15B 800m				U15B 800m				
1	126	David Blower	Wrexham AC	2:14.0	<b>5</b>	135 Korey Hallett-Blanch	City of Stoke AC	2:25.2
2	121	Kieran Lee	City of Stoke AC	2:14.2	<b>PB 6</b>	130 Samuel Botham	City of Stoke AC	2:34.2
3	133	Stephen Sutton	Cannock & Stafford	2:17.1	<b>PB 7</b>	120 Gregory Smalley	City of Stoke AC	2:42.7
4	413	Ryan Terry	Cannock & Stafford	2:20.6	<b>PB 8</b>			
T2 U13B 800m				U13B 800m				
1	500	Matthew Dougliss	Wolverhampton and Bilston	2:28.7	<b>PB 5</b>	242 Aaron Bedson	City of Stoke AC	2:52.0
2	247	Liam Bagglely	City of Stoke AC	2:32.4	<b>PB 6</b>	136 Alex Kingston	City of Stoke AC	2:59.5
3	239	Lindon Evans	City of Stoke AC	2:37.9				
4	238	Nick Stoddard	City of Stoke AC	2:41.8	<b>PB</b>			
T2 U11B 800m				U11B 800m				
1	139	Ciaran Johnson	BW & F AC	2:43.1	<b>PB</b>			
2	412	Joshua Dougliss	Wolverhampton and Bilston	3:02.2	<b>PB</b>			
3	140	Ethan Wemyss	City of Stoke AC	3:14.5	<b>PB</b>			
T11 SenM 3000m				SenM 3000m				
1	181	Joe Brocklehurst	Stratford AC	08:50.40	<b>PB</b>			
2	187	Will Ferguson	CLC Striders	09:15.80	<b>PB</b>			
3								
T11 U17M 3000m				U17M 3000m				
1	382	Nathen Ainsworth	City of Stoke AC	09:42.90	<b>PB 5</b>	379 Joe Broome	City of Stoke AC	10:01.20
2	367	Phil Pugh	Cannock & Stafford AC	09:48.90				
3	363	Chris Goodwin	West Cheshire AC	09:50.10				
4	358	Michael Harding	City of Stoke AC	10:01.20				
T11 U15B 3000m				U15B 3000m				
1	124	Ashley Wyatt	City of Stoke AC	10:46.60	<b>PB</b>			
2	125	Ben Ashcroft	Shrewsbury AC	10:58.30	<b>PB</b>			

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<b>T13</b>	<b>U11B 75m</b>		Wind=			<b>U11B 75m</b>	Wind=	
1	137 Evian Johns	City of Stoke AC		10.9	<b>PB</b>	139 Ciaran Johnson	BW & F AC	12.3
2	141 Nathen Astley	City of Stoke AC		11.5	<b>PB</b>			
3	138 Cameron Steven	City of Stoke AC		11.6	<b>PB</b>			
4	142 Reece Clowes	City of Stoke AC		12.0	<b>PB</b>			
<b>T22</b>	<b>SenM 100m</b>		Wind=			<b>SenM 100m</b>	Wind=	
1	174 John Ruddy	Shettleston Harriers - DUKA		11.5	<b>6</b>	415 Shaun Ainge	Cannock & Stafford	12.8
2	194 Nelson Bolumbu	Enfield & Haringey-DUKA		11.6	<b>PB 7</b>	196 Paul Edwards	Cannock & Stafford AC	12.9
3	183 Nick o'Neill	CLC Striders		12.1	<b>PB 8</b>	280 Paul Williams	City of Stoke AC	15.8
4	175 Jason Steadman	Jarrow & Hebburn - DUKA		12.4				
5	435 Sam Howard	Unattached		12.5	<b>PB</b>			
<b>T21</b>	<b>JunM 100m</b>		Wind=			<b>JunM 100m</b>	Wind=	
1	233 Matthew Scragg	City of Stoke AC		11.9				
2	231 James Paramore	Charnwood AC		12.6	<b>PB</b>			
3	414 Thomas Smith	Cannock & Stafford AC		13.5	<b>PB</b>			
<b>T19</b>	<b>U17M 100m</b>		Wind=			<b>U17M 100m</b>	Wind=	
1	365 Thomas Cusworth	Wrexham AC		11.6	<b>5</b>	369 Andrew Bedson	City of Stoke AC	12.7
2	357 Reece Davies	City of Stoke AC		12.0	<b>6</b>	380 Ashley Carr	City of Stoke AC	12.8
3	359 Mitchell Cliffe	City of Stoke AC		12.2	<b>7</b>	373 Jonan Lovatt	City of Stoke AC	13.2
4	321 Gareth Bennett	Wrexham AC		12.2				
<b>T17</b>	<b>U15B 100m</b>		Wind=			<b>U15B 100m</b>	Wind=	
1	132 Immanuel Gardner	Wolverhampton and Bilston		12.1	<b>PB 6</b>	241 Nathan Petherick	City of Stoke AC	13.5
2	115 James Taylor	City of Stoke AC		12.1	<b>PB 7</b>	413 Ryan Terry	Cannock & Stafford	13.5
3	117 Kieron Humpage	City of Stoke AC		12.6	<b>PB 8</b>	118 Brandon Millward	City of Stoke AC	14.8
4	433 Alexander Hulme	City of Stoke AC		12.7	<b>PB</b>			
5	133 Stephen Sutton	Cannock & Stafford		13.1				
<b>T15</b>	<b>U13B 100m</b>		Wind=			<b>U13B 100m</b>	Wind=	
1	237 Joshua Billington	City of Stoke AC		13.5	<b>5</b>	247 Liam Baggley	City of Stoke AC	15.4
2	244 Charlie Cook	City of Stoke AC		14.1	<b>PB 6</b>	242 Aaron Bedson	City of Stoke AC	16.0
3	243 Joel Mann	City of Stoke AC		14.2				
4	246 Ryan Sproson	City of Stoke AC		14.7	<b>PB</b>			
<b>T28</b>	<b>JunM 1500m</b>					<b>JunM 1500m</b>		
1	223 Adam Cotton	Birchfield Harriers		4:03.1	<b>PB</b>			
2	228 Toby Griffiths	Oswestry Olympians		4:30.7				
3	234 Liam Hendrick	City of Stoke AC		4:42.4				
<b>T28</b>	<b>U17M 1500m</b>					<b>U17M 1500m</b>		
1	366 Tom Guy	City of Stoke AC		4:09.2	<b>6</b>	360 Calum Gardner	Derby AC	4:36.2
2	320 Chris Perrin	Cannock & Stafford AC		4:21.7	<b>7</b>	367 Phil Pugh	Cannock & Stafford AC	4:37.0
3	319 James Perrin	Cannock & Stafford AC		4:22.8	<b>8</b>	361 Christopher Rushworth	Burton AC	4:46.7
4	364 James Roberts	Wrexham AC		4:33.3				
5	370 Alex Brecker	City of Stoke AC		4:34.9				
<b>T26</b>	<b>U15B 1500m</b>					<b>U15B 1500m</b>		
1	123 David Sheldon	City of Stoke AC		4:30.0	<b>PB</b>			
2	119 Callum Hulme	City of Stoke AC		4:43.6	<b>PB</b>			
3	113 Alex Benfield	Burton AC		4:58.5	<b>PB</b>			
4	114 Jordan Barrett	Cannock & Stafford AC		5:20.3				
<b>T26</b>	<b>U13B 1500m</b>					<b>U13B 1500m</b>		
1	245 Macauley Snutch	City of Stoke AC		4:47.6	<b>PB</b>			
2	248 Robroy Gregory	City of Stoke AC		5:55.8	<b>PB</b>			
3	240 George Steventon	City of Stoke AC		6:30.0	<b>PB</b>			

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T24 SenM 1Mile			SenM 1Mile						
1	168	Chris Lamb	Rugby & Northampton	4:26.4	<b>PB 5</b>	177	Terry Fowler	Buxton AC	5:21.6
2	178	Sebastian Duffy	City of Stoke AC	4:27.3	<b>PB</b>				
3	180	Craig Pearson	Cannock & Stafford AC	4:40.3					
4	182	Richard Dare	CLC Striders	4:53.8	<b>PB</b>				
T24 JunM 1Mile			JunM 1Mile						
1	225	Sam Evans	Cannock & Stafford AC	4:25.2	<b>PB</b>				
2	230	Robert Cook	City of Stoke AC	4:45.4	<b>PB</b>				
T38 SenM 200m			SenM 200m						
1	174	John Ruddy	Shettleston Harriers - DUKA	22.9	<b>PB 4</b>	175	Jason Steadman	Jarrow & Hebburn - DUKA	25.0
2	197	Robin Smith	City of Stoke AC	23.3	<b>PB 5</b>	415	Shaun Ainge	Cannock & Stafford	25.7
3	194	Nelson Bolumbu	Enfield & Haringey-DUKA	23.5	<b>6</b>	196	Paul Edwards	Cannock & Stafford AC	25.9
T37 JunM 200m			JunM 200m						
1	233	Matthew Scragg	City of Stoke AC	23.9					
2	231	James Paramore	Charnwood AC	25.2	<b>PB</b>				
3	222	Jamie Graham	Cannock & Stafford AC	25.4					
4	414	Thomas Smith	Cannock & Stafford AC	27.9	<b>PB</b>				
T35 U17M 200m			U17M 200m						
1	365	Thomas Cusworth	Wrexham AC	23.0	<b>5</b>	384	George Mellor	Newcastle AC	31.6
2	321	Gareth Bennett	Wrexham AC	23.9	<b>PB</b>				
3	357	Reece Davies	City of Stoke AC	24.1	<b>PB</b>				
4	369	Andrew Bedson	City of Stoke AC	26.9					
T33 U15B 200m			U15B 200m						
1	132	Immanuel Gardner	Wolverhampton and Bilston	24.8	<b>PB 7</b>	135	Korey Hallett-Blanch	City of Stoke AC	27.3
2	115	James Taylor	City of Stoke AC	24.8	<b>PB 8</b>	241	Nathan Petherick	City of Stoke AC	27.7
3	117	Kieron Humpage	City of Stoke AC	25.8	<b>PB 9</b>	118	Brandon Millward	City of Stoke AC	31.1
4	433	Alexander Hulme	City of Stoke AC	26.2	<b>PB</b>				
5	126	David Blower	Wrexham AC	26.5					
6	122	William Poole	Wrexham AC	27.2					
T31 U13B 200m			U13B 200m						
1	237	Joshua Billington	City of Stoke AC	27.7	<b>PB 5</b>	136	Alex Kingston	City of Stoke AC	33.1
2	243	Joel Mann	City of Stoke AC	28.4					
3	244	Charlie Cook	City of Stoke AC	28.9					
4	246	Ryan Sproson	City of Stoke AC	31.0	<b>PB</b>				
T29 U11B 200m			U11B 200m						
1	137	Evian Johns	City of Stoke AC	29.6	<b>PB</b>				
2	141	Nathen Astley	City of Stoke AC	32.2	<b>PB</b>				

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			Perf				Sunday, April 19 2009	Perf
<b>F1</b>	<b>SenM Hammer</b>						<b>SenM Hammer</b>	
1	277	Gregg Nixon City of Stoke AC	40.11					
2	167	Clive Howell City of Stoke AC	35.07 <b>PB</b>					
<b>F1</b>	<b>JunM Hammer</b>						<b>JunM Hammer</b>	
1	221	Robert Dean City of Stoke AC	51.97 <b>PB</b>					
2								
<b>F1</b>	<b>U17M Hammer</b>						<b>U17M Hammer</b>	
1	362	Jake Corbishley City of Stoke AC	46.28 <b>PB</b>					
2	383	Jake Downwood City of Stoke AC	39.68 <b>PB</b>					
3	377	Najee Fox City of Stoke AC	34.44					
<b>F4</b>	<b>SenM Long Jump</b>		Wind=				<b>SenM Long Jump</b>	Wind=
1	193	David Mountford City of Stoke AC	6.82	5	196	Paul Edwards Cannock & Stafford AC	5.13	
2	197	Robin Smith City of Stoke AC	6.43					
3	199	Jason Hill City of Stoke AC	6.08					
4	415	Shaun Ainge Cannock & Stafford	5.30 <b>PB</b>					
<b>F4</b>	<b>U17M Long Jump</b>		Wind=				<b>U17M Long Jump</b>	Wind=
1	357	Reece Davies City of Stoke AC	6.58 <b>PB</b>	5	384	George Mellor Newcastle AC	3.33	
2	380	Ashley Carr City of Stoke AC	5.36 <b>PB</b>					
3	370	Alex Brecker City of Stoke AC	5.05 <b>PB</b>					
4	369	Andrew Bedson City of Stoke AC	4.93 <b>PB</b>					
<b>F4</b>	<b>U15B Long Jump</b>		Wind=				<b>U15B Long Jump</b>	Wind=
1	121	Kieran Lee City of Stoke AC	5.53 <b>PB</b>	6	120	Gregory Smalley City of Stoke AC	3.84	
2	132	Immanuel Gardner Wolverhampton and Bilston	5.26	7	126	David Blower Wrexham AC	3.77	
3	133	Stephen Sutton Cannock & Stafford	4.87					
4	128	Liam Sproston City of Stoke AC	4.76 <b>PB</b>					
5	122	William Poole Wrexham AC	4.68					
<b>F2</b>	<b>U13B Long Jump</b>		Wind=				<b>U13B Long Jump</b>	Wind=
1	246	Ryan Sproson City of Stoke AC	4.35 <b>PB</b>	5	242	Aaron Bedson City of Stoke AC	3.39	
2	243	Joel Mann City of Stoke AC	4.03 <b>PB</b>					
3	238	Nick Stoddard City of Stoke AC	3.66 <b>PB</b>					
4	136	Alex Kingston City of Stoke AC	3.59 <b>PB</b>					
<b>F2</b>	<b>U11B Long Jump</b>		Wind=				<b>U11B Long Jump</b>	Wind=
1	138	Cameron Steven City of Stoke AC	3.62					
2	139	Ciaran Johnson BW & F AC	3.40					
3	141	Nathen Astley City of Stoke AC	3.32 <b>PB</b>					

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**F7 SenM High Jump**

1	189	Lee Hamilton	Charnwood AC
2	172	James Schofield	Beason - DUKA

1.90

1.80

**SenM High Jump**

**F7 U17M High Jump**

1	376	Bradley Bateson	City of Stoke AC
2	375	Lewis James Martin	City of Stoke AC

1.70 **PB**

1.60 **PB**

**U17M High Jump**

**F7 U15B High Jump**

1	127	Bradley Sentence	City of Stoke AC
2	120	Gregory Smalley	City of Stoke AC

1.50

1.35

**U15B High Jump**

**F7 U13B High Jump**

1	238	Nick Stoddard	City of Stoke AC
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1.10 **PB**

**U13B High Jump**

**F8 SenM Javelin**

1	188	Brett Byrd	Tamworth AC
2	186	Robert Eggleton	Stoke AC
3	198	James Dohnal	City of Stoke AC
4	199	Jason Hill	City of Stoke AC

59.06

52.27

41.95

41.18 **PB**

**SenM Javelin**

5

192

Steven Beeston

Unattached

15.25

**F8 JunM Javelin**

1	224	Danny Baeriswyl	Telford
2	232	Martin Bartholomew	City of Stoke AC

39.81

37.17

**JunM Javelin**

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**F10 SenM Shot**

1	277	Gregg Nixon	City of Stoke AC
2	179	James Cottrell	Derby
3	198	James Dohnal	City of Stoke AC
4	195	Gareth McGoven	City of Stoke AC

13.93
12.25
10.83
9.64 <b>PB</b>

**SenM Shot**


**F10 JunM Shot**

1	232	Martin Bartholomew	City of Stoke AC
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15.82
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**JunM Shot**

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**F10 U17M Shot**

1	377	Najee Fox	City of Stoke AC
2	374	Chris Hancock	City of Stoke AC
3	318	Marc williams	City of Stoke AC

12.75 <b>PB</b>
11.88 <b>PB</b>
11.72 <b>PB</b>

**U17M Shot**


**F6 U15B Shot**

1	115	James Taylor	City of Stoke AC
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10.76 <b>PB</b>
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**U15B Shot**

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**F11 SenM Discus**

1	176	Elliot Price	Birchfield Harriers
2	277	Gregg Nixon	City of Stoke AC
3	197	Robin Smith	City of Stoke AC
4	198	James Dohnal	City of Stoke AC
5	195	Gareth McGoven	City of Stoke AC

47.79
44.07
36.28 <b>PB</b>
33.68
32.55 <b>PB</b>

**SenM Discus**

6	199	Jason Hill	City of Stoke AC	28.22
7	179	James Cottrell	Derby	27.19

**F11 JunM Discus**

1	232	Martin Bartholomew	City of Stoke AC
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48.65
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**JunM Discus**

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**F11 U17M Discus**

1	377	Najee Fox	City of Stoke AC
2	374	Chris Hancock	City of Stoke AC
3	318	Marc williams	City of Stoke AC

43.60
35.26 <b>PB</b>
31.94

**U17M Discus**


**F9 U15B Discus**

1	434	Matthew Hancock	City of Stoke AC
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14.53 <b>PB</b>
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**U15B Discus**

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			Perf				Perf
			Wind=				Wind=
<b>T12</b>	<b>U11G 75m</b>			<b>U11G 75m</b>			
1	498	Neve Evans Wrexham AC	11.8				
2	496	Rebecca Francis City of Stoke AC	12.6 <b>PB</b>				
3	499	Melissa Clowes City of Stoke AC	13.1 <b>PB</b>				
4							
<b>T23</b>	<b>SenW 100m</b>			<b>SenW 100m</b>			
1	424	Katie Leek Cannock & Staffs AC	13.4				
2	249	Natalie Edwards Cannock & Staffs AC	14.1				
3	292	Joanne Dover Charnwood AC	15.5 <b>PB</b>				
4	296	Julia Foster CLC Striders	16.9 <b>PB</b>				
<b>T23</b>	<b>JunW 100m</b>			<b>JunW 100m</b>			
1	422	Natalie Ainge Cannock & Staffs AC	13.7				
2	149	Kerrell Walley Wigan Harriers	13.8 <b>PB</b>				
3	148	Carmen Suen DUKA	15.7				
4							
<b>T18</b>	<b>U17W 100m</b>			<b>U17W 100m</b>			
1	421	Samantha Griffiths Cheltenham Harriers	13.2				
2	399	Lucy Arkinstall Charnwood AC	14.2				
3	388	Amy Mellor Buxton AAC	14.3 <b>PB</b>				
4	389	Robinay Johns City of Stoke AC	14.6 <b>PB</b>				
<b>T16</b>	<b>U15G 100m</b>			<b>U15G 100m</b>			
1	461	Jenna Rayner Charnwood AC	13.0	4	466	Molly Patrick Newcastle AC	13.9
2	419	Megan Jones Cannock & Stafford AC	13.5	5	460	Elizabeth Billington City of Stoke AC	14.4 <b>PB</b>
3	468	Jaydene Thompson City of Stoke AC	13.9	6	469	Helen Blower Wrexham AC	14.6 <b>PB</b>
<b>T14</b>	<b>U13G 100m</b>			<b>U13G 100m</b>			
1	481	Heidi Jackson City of Stoke AC	14.2 <b>PB</b>	8	475	Harriet Nicholls City of Stoke AC	15.5 <b>PB</b>
2	416	Emily Fowler-Parkes Cannock & Stafford AC	14.4 <b>PB</b>	9	429	Tasha Stone City of Stoke AC	15.6 <b>PB</b>
3	477	Rachel Francis City of Stoke AC	14.4 <b>PB</b>	10	476	Bethan Heath City of Stoke AC	15.7 <b>PB</b>
4	474	Georgia Hollins Cannock & Stafford AC	14.5	11	482	Sarah Turner Tamworth AC	16.0 <b>PB</b>
5	486	Alice Hall City of Stoke AC	15.1 <b>PB</b>	12	488	Dilys Grocott Newcastle AC	16.3 <b>PB</b>
6	495	Chelsea Edwards City of Stoke AC	15.4 <b>PB</b>	13	428	Courtney Welch Crewe & Nantwich	16.7 <b>PB</b>
7	489	Louise Boden City of Stoke AC	15.5 <b>PB</b>	14	487	Alisha Johnson BW & FAC	17.5
<b>T27</b>	<b>U17W 1500m</b>			<b>U17W 1500m</b>			
1	394	Dannii Johnson Birchfield Harriers	4:53.7 <b>PB</b>				
2	395	Sammy Joe Daley-Davi City of Stoke AC	5:01.0 <b>PB</b>				
3	396	Sophie Plant City of Stoke AC	5:12.4				
<b>T27</b>	<b>U15G 1500m</b>			<b>U15G 1500m</b>			
1	472	Charlotte Dale Newcastle AC	5:30.6 <b>PB</b>				
2	473	Sabrina Walley Wigan Harriers	5:39.7				
3	471	Jade Heath City of Stoke AC	5:48.9 <b>PB</b>				
<b>T25</b>	<b>U13G 1500m</b>			<b>U13G 1500m</b>			
1	484	Elizabeth Smith Warrington AC	5:14.5 <b>PB</b>	5	490	Jessica Heath City of Stoke AC	5:55.0 <b>PB</b>
2	430	Lucy Holt City of Stoke AC	5:21.0 <b>PB</b>	6	479	Olivia Barnett City of Stoke AC	6:02.8 <b>PB</b>
3	480	Megan Cogan City of Stoke AC	5:40.6 <b>PB</b>				
4	478	Mairead Nolan City of Stoke AC	5:53.5 <b>PB</b>				

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T23 SenW 1Mile			SenW 1Mile		
1	432	Clare Booker City of Stoke AC	5:49.0	<b>PB</b>	
2	294	Rachel Vines CLC Striders	6:32.1	<b>PB</b>	
3	287	Wendy Morant Birchfield Harriers	8:25.6	<b>PB</b>	
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T36 SenW 200m			SenW 200m		
			Wind=		Wind=
1	424	Katie Leek Cannock & Staffs AC	27.1		
2	283	Amy Jobe Basingstoke & Mid Hants	27.8		
3	249	Natalie Edwards Cannock & Staffs AC	28.8	<b>PB</b>	
4	292	Joanne Dover Charnwood AC	32.0	<b>PB</b>	
T36 JunW 200m			JunW 200m		
			Wind=		Wind=
1	438	Chelsea Cooper City of Stoke AC	26.0	<b>PB</b>	
2	422	Natalie Ainge Cannock & Staffs AC	28.0		
T34 U17W 200m			U17W 200m		
			Wind=		Wind=
1	390	Chloe Jones Wrexham AC	27.0	5	389 Robinay Johns City of Stoke AC
2	421	Samantha Griffiths Cheltenham Harriers	28.1		
3	388	Amy Mellor Buxton AAC	29.6	<b>PB</b>	
4	399	Lucy Arkinstall Charnwood AC	29.7		
T32 U15G 200m			U15G 200m		
			Wind=		Wind=
1	420	Jess Leek Cannock & Stafford AC	27.0	7	465 Chloe Patrick Newcastle AC
2	461	Jenna Rayner Charnwood AC	27.2	<b>PB</b>	8 462 Hannah Jones Newcastle AC
3	419	Megan Jones Cannock & Stafford AC	27.5		
4	427	Lurenda Mudd Gloucestershire	28.7	<b>PB</b>	
5	466	Molly Patrick Newcastle AC	28.8		
6	460	Elizabeth Billington City of Stoke AC	29.8	<b>PB</b>	
T30 U13G 200m			U13G 200m		
			Wind=		Wind=
1	481	Heidi Jackson City of Stoke AC	28.8	<b>PB</b>	7 482 Sarah Turner Tamworth AC
2	416	Emily Fowler-Parkes Cannock & Stafford AC	29.7	<b>PB</b>	8 493 Catherine Mellor Newcastle AC
3	474	Georgia Hollins Cannock & Stafford AC	30.1	<b>PB</b>	9 488 Dilys Grocott Newcastle AC
4	486	Alice Hall City of Stoke AC	30.9	<b>PB</b>	10 429 Tasha Stone City of Stoke AC
5	489	Louise Boden City of Stoke AC	31.0	<b>PB</b>	11 428 Courtney Welch Crewe & Nantwich
6	492	Charmaine Chaudey Newcastle AC	32.1	<b>PB</b>	
T29 U11G 200m			U11G 200m		
			Wind=		Wind=
1	496	Rebecca Francis City of Stoke AC	36.4	<b>PB</b>	

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**F1 SenW Hammer**

1	281	Vicky Johnson	Liverpool Harriers	47.54
2	286	Beth Sewell	Cardiff AC - DUKA	46.20 <b>PB</b>
3	284	Joanne Davison	Worthing Harriers - DUKA	46.18
4	289	Bethan Lishman	Wigan Harriers - DUKA	43.45

**SenW Hammer**

5	423	Selina Walters	Nottingham AC	31.69 <b>PB</b>
6	293	Nicola Long	Burton AC	23.28 <b>PB</b>

**F1 U17W Hammer**

1	393	Sophie Allan	Charnwood AC	29.96 <b>PB</b>
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**U17W Hammer**

**F4 SenW Long Jump**

1	297	Sandra Campbell	Dartford Harriers - DUKA	4.02
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**SenW Long Jump**

Wind=	
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**F4 JunW Long Jump**

1	147	Natasha Stevens	City of Stoke AC	4.71
2	422	Natalie Ainge	Cannock & Staffs AC	4.50
3	148	Carmen Suen	DUKA	3.59

**JunW Long Jump**

Wind=	
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**F4 U17W Long Jump**

1	390	Chloe Jones	Wrexham AC	5.16 <b>PB</b>
2	391	Paige Machin	City of Stoke AC	4.85 <b>PB</b>

**U17W Long Jump**

Wind=	
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**F4 U15G Long Jump**

1	420	Jess Leek	Cannock & Stafford AC	5.10 <b>PB</b>
2	419	Megan Jones	Cannock & Stafford AC	4.77
3	464	Hannah Bridgewater	Shrewsbury AC	4.65
4	465	Chloe Patrick	Newcastle AC	3.93 <b>PB</b>

**U15G Long Jump**

5	417	Amber Schofield	Crewe & Nantwich AC	3.87
6	458	Chloe Heath	City of Stoke AC	3.40 <b>PB</b>
7	469	Helen Blower	Wrexham AC	2.90

**F2 U13G Long Jump**

1	477	Rachel Francis	City of Stoke AC	4.24 <b>PB</b>
2	474	Georgia Hollins	Cannock & Stafford AC	4.08 <b>PB</b>
3	476	Bethan Heath	City of Stoke AC	4.06 <b>PB</b>
4	489	Louise Boden	City of Stoke AC	3.88 <b>PB</b>

**U13G Long Jump**

5	492	Charmaine Chaudey	Newcastle AC	3.65 <b>PB</b>
6	493	Catherine Mellor	Newcastle AC	3.52 <b>PB</b>
7	475	Harriet Nicholls	City of Stoke AC	3.21
8	487	Alisha Johnson	BW & FAC	2.96

**F2 U11G Long Jump**

1	498	Neve Evans	Wrexham AC	3.13
2	496	Rebecca Francis	City of Stoke AC	2.90 <b>PB</b>

**U11G Long Jump**

Wind=	
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**F3 SenW High Jump**

1	249	Natalie Edwards	Cannock & Staffs AC	1.45	
2	297	Sandra Campbell	Dartford Harriers - DUKA	1.15	<b>PB</b>

**SenW High Jump**

**F3 JunW High Jump**

1	147	Natasha Stevens	City of Stoke AC	1.45	
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**JunW High Jump**

**F3 U17W High Jump**

1	397	Sian Swanson	Maldwyn Harriers	1.68	
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**U17W High Jump**

**F3 U15G High Jump**

1	468	Jaydene Thompson	City of Stoke AC	1.35	<b>PB</b>
2					

**U15G High Jump**

**F3 U13G High Jump**

1	477	Rachel Francis	City of Stoke AC	1.25	
2	475	Harriet Nicholls	City of Stoke AC	1.20	

**U13G High Jump**

**F5 SenW Javelin**

1	285	Rosie Semenytsh	Loughborough Students	45.83	
2	250	Elizabeth Henry	Loughborough University	35.56	<b>PB</b>

**SenW Javelin**

**F5 JunW Javelin**

1	144	Samantha Cullinane	Rugby & Northampton AC	39.78	<b>PB</b>
2	426	Alice Lennox	City of Stoke AC	34.48	<b>PB</b>

**JunW Javelin**

**F5 U17W Javelin**

1	387	Hollie Arnold	Cleethorpes AC	33.74	<b>PB</b>
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**U17W Javelin**

**F5 U15G Javelin**

1	459	Emma Claydon	City of Stoke AC	25.65	<b>PB</b>
2	462	Hannah Jones	Newcastle AC	19.23	<b>PB</b>
3	465	Chloe Patrick	Newcastle AC	15.25	

**U15G Javelin**

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**F6 SenW Shot**

1	423	Selina Walters	Nottingham AC	8.83
2	297	Sandra Campbell	Dartford Harriers - DUKA	8.40
3	300	Hayley Clowes	City of Stoke AC	8.20 <b>PB</b>

**SenW Shot**

**F6 JunW Shot**

1	150	Jade Weston	City of Stoke AC	12.32
2	426	Alice Lennox	City of Stoke AC	10.22
3	148	Carmen Suen	DUKA	7.53

**JunW Shot**

**F6 U17W Shot**

1	392	Lydia David	Wrexham AC	8.35
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**U17W Shot**

**F6 U15G Shot**

1	458	Chloe Heath	City of Stoke AC	5.69
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**U15G Shot**

**F6 U13G Shot**

1	436	Channice Lovatt	City of Stoke AC	5.73 <b>PB</b>
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**U13G Shot**

**F9 SenW Discus**

1	425	Lauren Hunt	West Cheshire AC	34.66
2	300	Hayley Clowes	City of Stoke AC	32.97 <b>PB</b>
3	289	Bethan Lishman	Wigan Harriers - DUKA	24.91 <b>PB</b>
4	423	Selina Walters	Nottingham AC	22.28

**SenW Discus**

**F9 JunW Discus**

1	145	Jade Moore	Birchfield Harriers	38.18
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**JunW Discus**

**F9 U17W Discus**

1	387	Hollie Arnold	Cleethorpes AC	28.47 <b>PB</b>
2	393	Sophie Allan	Charnwood AC	16.65

**U17W Discus**

**Home**

**STAFFORDSHIRE AAA CHAMPIONSIPS**

**T39 SenM/JunM 5000m**

1	324	Matthew Clowes	Staffs Moorlands
2	323	Adam Blundell	Birchfield Harriers

Perf

15:09.4
15:44.9

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**SenM/JunM 5000m**

Perf

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**T39 SenW/JunW 5000m**

1	322	Jacqui Slack	Newcastle AC
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18:33.0
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**SenW/JunW 5000m**

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**T39 SenM/JunM 5000m**

1	170	David Lee	City of Stoke AC
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Perf

17:26.1
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**SenM/JunM 5000m**

Perf

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**T39 SenWJunW 5000m**

1	291	Candy Hawkins	Ashford AC - DUKA
2	283	Amy Jobe	Basingstoke & Mid Hants

20:01.1
21:37.9

**SenWJunW 5000m**

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