

Men 100m (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Dewi Hammond	Broms & Redd	11.3	9
2	Sam Hook	Banbury	11.4	7
3	Guy Mayer	Cannock & Staffs	11.5	6
4	Richard Rubenis	Telford	11.6	5
5	Peter Shand	Tipton	11.6	4
6	Nicholas Pryce	Royal S C	11.9	3

Men 100m (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Paul Newark	Tipton	11.7	7
2	Thomas Russell	Broms & Redd	11.8	5
3	Hamish Pitkeathly	Royal S C	11.8	4
4	James Allen	Banbury	12.0	3
5	Alasdair Rigby	Cannock & Staffs	12.1	2
6	Peter Whitehouse	Telford	12.4	1

Men 200m (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Sam Hook	Banbury	22.8	9
2	Guy Mayer	Cannock & Staffs	22.9	7
3	Nicholas Pryce	Royal S C	23.1	6
4	Michael Dickens	Telford	23.3	5
5	Peter Shand	Tipton	23.3	4
6	Thomas Russell	Broms & Redd	23.4	3

Men 200m (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	David Edwards	Telford	23.4	7
2	Paul Newark	Tipton	23.8	5
3	James Allen	Banbury	24.2	4
4	Sam Moran	Broms & Redd	24.8	3
5	Paul Edwards	Cannock & Staffs	26.4	2
6	Jake Dubbleman	Royal S C	27.2	1

Men 400m (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Jack Imray	Tipton	51.0	9
2	Martin Aspley Davies	Broms & Redd	52.1	7
3	Peter Arnold	Telford	52.8	6
4	Adam Barnes	Royal S C	52.9	5
5	Adam Smith	Cannock & Staffs	55.9	4
6	Adam Crofts	Banbury	59.4	3

Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Toby Birtwhistle	Telford	52.2	7
2	James Hart	Broms & Redd	53.6	5
3	Amar Sanga	Tipton	53.7	4
4	Ben Wilson	Royal S C	55.7	3
5	Albert Rowett	Banbury	58.3	2
6	Sam Derry	Cannock & Staffs	63.8	1

Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Malcolm Dawes	Telford	17.5	9
2	Gary Myles	Cannock & Staffs	17.6	7
3	Mitchell Simms	Tipton	21.3	6
4	Andrew Freeman	Broms & Redd	21.7	5
5	Ian Robinson	Banbury	24.7	4

Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Paul Edwards	Cannock & Staffs	20.3	7
2	Adam Crofts	Banbury	21.3	5
3	Sam Moran	Broms & Redd	21.9	4

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Malcolm Dawes	Telford	60.5	9
2	Adam Smith	Cannock & Staffs	62.8	7
3	Andrew Freeman	Broms & Redd	63.8	6
4	Ian Robinson	Banbury	67.7	5

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Sam Moran	Broms & Redd	66.2	7
2	Paul Edwards	Cannock & Staffs	67.1	5
3	Adam Crofts	Banbury	72.0	4

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Chris Carter	Telford	1.57.4	9
2	Tom Holden	Tipton	1.58.1	7
3	Frederic Tremblay	Royal S C	2.04.1	6
4	Tom Richardson	Broms & Redd	2.05.6	5
5	Stuart Davies	Cannock & Staffs	2.13.1	4
6	Ian Robinson	Banbury	2.38.2	3

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Craig Walker	Telford	2.04.9	7
2	James Adie	Broms & Redd	2.08.2	5
3	Vikram Balachandar	Royal S C	2.18.6	4
4	Sam Derry	Cannock & Staffs	2.19.9	3
5	Bruce Hendrie	Banbury	2.42.1	2

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Beier	Tipton	4.04.7	9
2	Sean Bowden	Broms & Redd	4.12.7	7
3	Craig Walker	Telford	4.13.9	6
4	Frederic Tremblay	Royal S C	4.29.1	5
5	Tom Bradford	Banbury	4.34.6	4
6	Stuart Davies	Cannock & Staffs	4.44.3	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Tom Holden	Tipton	4.08.2	7
2	James Adie	Broms & Redd	4.13.8	5
3	Dale Wilkinson	Telford	4.24.6	4
4	Jamie Graham	Cannock & Staffs	4.54.9	3
5	Vikram Balachandar	Royal S C	5.05.7	2
6	Steven Alton	Banbury	5.08.3	1

Men 5000m (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Beier	Tipton	15.25.1	9
2	Paul Ward	Telford	15.28.5	7
3	Craig Pearson	Cannock & Staffs	16.11.6	6
4	Paul Collins	Broms & Redd	16.47.8	5
5	David	Banbury	17.06.3	4
6	Liam Sparrock	Royal S C	18.30.2	3

Men 5000m (B string)

Posn	Name	Club	Perf	Pts
1	Michael Buntin	Tipton	15.40.2	7
2	Paul Ward	Telford	16.07.6	5
3	Richard Malin	Broms & Redd	16.55.8	4
4	Paul Lester	Cannock & Staffs	17.21.9	3
5	Simon Pritchard	Banbury	17.30.1	2
6	Vikram Balachandar	Royal S C	18.57.2	1

Men 2000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Kieran Smith	Royal S C	6.45.6	9
2	Simon Lanckham	Broms & Redd	7.02.8	7
3	Tom Bradford	Banbury	7.03.2	6

Men 2000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Gavin Moorhead	Broms & Redd	7.26.1	7
2	Liam Sparrock	Royal S C	7.27.1	5

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Ben Cocker	Telford	6.19	9
2	Alasdair Rigby	Cannock & Staffs	5.85	7
3	James Hart	Broms & Redd	5.78	6
4	Sam Edwards	Banbury	5.41	5
5	Martin Cherrington	Tipton	5.26	4
6	Jake Dubbleman	Royal S C	4.81	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Peter Whitehouse	Telford	5.20	7
2	Joe Carter	Banbury	5.00	5
3	Thomas Russell	Broms & Redd	4.91	4
4	John Topliss	Royal S C	4.12	3
5	Alex Pinner	Cannock & Staffs	4.04	2

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Alasdair Rigby	Cannock & Staffs	11.84	9
2	Sam Edwards	Banbury	11.14	7
3	Jake Dubbleman	Royal S C	11.09	6
4	Sam Moran	Broms & Redd	11.01	5
5	Martin Cherrington	Tipton	10.45	4

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Daniel Timmis	Cannock & Staffs		7
2	Jack Imray	Tipton		5
3	Joe Carter	Banbury		4
4	Frederic Tremblay	Royal S C		3
5	Thomas Russell	Broms & Redd		2

Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Martin Cherrington	Tipton	1.95	9
2	James Hart	Broms & Redd	1.80	7
3	Kieran Smith	Royal S C	1.80	6
4	Steven Ridgway	Telford	1.75	5
5	Alasdair Rigby	Cannock & Staffs	1.70	4
6	Steve Walton	Banbury	1.60	3

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Mitchell Simms	Tipton	1.90	7
2	Andrew Freeman	Broms & Redd	1.55	5
3	Albert Rowett	Banbury	1.55	4

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Martin Cherrington	Tipton	3.10	9
2	David Samuels	Telford	3.00	7
3	Ian Robinson	Banbury	2.60	6

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	John Bradley	Telford	2.80	7
2	Bruce Hendrie	Banbury	2.30	5
3	Chris Farrington	Tipton	2.10	4

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Perris Wilkins	Banbury	12.30	9
2	Ian Taylor	Telford	12.25	7
3	Kevin Brown	Royal S C	10.83	6
4	Mathew Paynter	Cannock & Staffs	10.72	5
5	Chad Rhodes	Tipton	8.77	4
6	Martin Aspley Davies	Broms & Redd	8.42	3

Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Jamie Wilkinson	Telford	10.86	7
2	Daniel Timmis	Cannock & Staffs	10.66	5
3	Gary Jennings	Banbury	9.81	4
4	Graham Felton	Royal S C	8.16	3
5	Richard O'Connor	Broms & Redd	7.41	2
6	Chris Farrington	Tipton	6.11	1

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Perris Wilkins	Banbury	49.33	9
2	Ian Taylor	Telford	42.73	7
3	Kevin Brown	Royal S C	42.15	6
4	Mathew Paynter	Cannock & Staffs	37.62	5
5	Ben Hembry	Broms & Redd	31.03	4
6	Martin Cherrington	Tipton	23.85	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Daniel Timmis	Cannock & Staffs	34.05	7
2	Gary Jennings	Banbury	32.52	5
3	John Currie	Telford	30.28	4
4	Richard O'Connor	Broms & Redd	25.99	3
5	Graham Felton	Royal S C	19.91	2
6	Chris Farrington	Tipton	16.65	1

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Gary Jennings	Banbury	43.62	9
2	Chad Rhodes	Tipton	42.19	7
3	Martin Roberts	Cannock & Staffs	41.40	6
4	Ian Taylor	Telford	40.65	5
5	Richard O'Connor	Broms & Redd	20.56	4
6	Graham Felton	Royal S C	18.55	3

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Graham Middleton	Cannock & Staffs	37.75	7
2	John Currie	Telford	35.11	5
3	Perris Wilkins	Banbury	32.72	4
4	Chris Farrington	Tipton	31.40	3
5	Andrew Freeman	Broms & Redd	19.57	2
6	John Topliss	Royal S C	10.05	1

Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	James Hopley	Telford	60.32	9
2	Alex Pinner	Cannock & Staffs	43.44	7
3	Rashid Olubaji	Banbury	39.24	6
4	Andrew Freeman	Broms & Redd	35.50	5
5	Chad Rhodes	Tipton	35.19	4
6	Frederic Tremblay	Royal S C	21.48	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Jamie Wilkinson	Telford	50.93	7
2	Mathew Paynter	Cannock & Staffs	37.38	5
3	Martin Cherrington	Tipton	30.63	4
4	Gary Jennings	Banbury	28.74	3
5	Richard O'Connor	Broms & Redd	25.97	2
6	Vikram Balachandar	Royal S C	20.88	1

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Telford	45.5	9
2		Broms & Redd	45.9	7
3		Tipton	46.1	6
4		Banbury	47.4	5
5		Royal S C	47.8	4
6		Cannock & Staffs	49.3	3

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Royal S C	3.35.2	9
2		Broms & Redd	3.37.4	7
3		Tipton	3.40.1	6
4		Telford	3.43.4	5
5		Cannock & Staffs	3.54.1	4
6		Banbury	3.57.2	3

Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Joanne Frost	Broms & Redd	12.6	9
2	Sinead Johnson	Telford	13.3	7
3	Kim Smith	Tipton	13.4	6
4	Natalie Ainge	Cannock & Staffs	13.6	5
5	Leanne Buehling	Banbury	13.7	4
6	Kamille Vassell	Royal S C	14.0	3

Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Elizabeth Tomlinson	Broms & Redd	13.4	7
2	Shana Parker	Banbury	13.4	5
3	Megan Jones	Cannock & Staffs	14.0	4
4	Kamille Vassell	Royal S C	14.6	3

Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Joanne Frost	Broms & Redd	26.2	9
2	Leanne Buehling	Banbury	27.6	7

3	Natalie Edwards	Cannock & Staffs	28.2	6
4	Kamille Vassell	Royal S C	29.2	5
5	Naomi Farquharson	Telford	30.5	4

Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Elizabeth Tomlinson	Broms & Redd	27.1	7
2	Chloe Boulter	Cannock & Staffs	27.4	5
3	Sinead Johnson	Telford	28.2	4
4	Melanie Wilkinson	Banbury	28.7	3
5	Sandra McDonald	Royal S C	29.1	2

Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Natalie Ainge	Cannock & Staffs	59.4	9
2	Gabrielle Kinney	Royal S C	61.8	7
3	Lucy Ferguson	Telford	62.8	6
4	Sarah Kings	Broms & Redd	66.6	5
5	Ros Kelling	Banbury	67.9	4

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Jessica Leek	Cannock & Staffs	64.2	7
2	Georgina Newel	Banbury	65.7	5
3	Thomasina Ball	Broms & Redd	66.0	4
4	Amy Goodall	Royal S C	68.6	3

Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Lucy Ferguson	Telford	15.6	9
2	Natalie Edwards	Cannock & Staffs	19.9	7
3	Megan Evans	Royal S C	19.9	6
4	Claire Goodwin	Banbury	20.9	5
5	Olivia Newell	Broms & Redd	27.6	4

Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Natalie Ainge	Cannock & Staffs	19.7	7
2	Amy Goodall	Royal S C	20.1	5
3	Jane Oliver	Telford	21.1	4
4	Kerrie Perks	Broms & Redd	21.1	3

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
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1	Ros Kelling	Banbury	66.5	9
2	Natalie Edwards	Cannock & Staffs	73.1	7
3	Thomasina Ball	Broms & Redd	75.0	6
4	Lucy Jennings	Royal S C	89.8	5

Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Rebecca Cooke	Cannock & Staffs	70.5	7
2	Connie Mcmillan	Banbury	76.7	5
3	Emma Overy	Royal S C	78.8	4
4	Olivia Newell	Broms & Redd	84.6	3

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Amy Johnson	Royal S C	2.26.4	9
2	Ros Kelling	Banbury	2.30.3	7
3	Tamara Ball	Broms & Redd	2.33.5	6
4	Bethany Clarke	Cannock & Staffs	2.36.6	5
5	Joanne Forgarty	Telford	2.38.9	4

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Megan Stratford	Royal S C	2.29.1	7
2	Georgina Newel	Banbury	2.33.1	5
3	Sarah Kings	Broms & Redd	2.41.3	4
4	Samantha Forgarty	Telford	2.47.0	3
5	Sue K Boxley	Cannock & Staffs	2.51.4	2

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Connie Mcmillan	Banbury	4.51.2	9
2	Rebecca Robinson	Royal S C	4.53.2	7
3	Amie Fithern	Tipton	5.01.0	6
4	Tamara Ball	Broms & Redd	5.23.4	5
5	Bethany Clarke	Cannock & Staffs	5.45.8	4
6	Joanne Forgarty	Telford	5.46.7	3

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Lucy Jennings	Royal S C	5.18.4	7
2	Rebecca Cooke	Cannock & Staffs	5.28.6	5
3	Jeanette Malin	Broms & Redd	5.50.3	4
4	Samantha Forgarty	Telford	6.03.0	3

Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Sophie Lynch	Tipton	10.49.4	9
2	Jane Hawkins	Broms & Redd	11.24.6	7
3	Rebecca Bray	Cannock & Staffs	11.26.0	6
4	Lana Partridge	Royal S C	11.32.8	5
5	Ros Kelling	Banbury	11.43.6	4
6	Chloe Murphy	Telford	12.43.0	3

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Michelle Stevens	Tipton	11.32.8	7
2	Jeanette Malin	Broms & Redd	11.47.8	5
3	Sue K Boxley	Cannock & Staffs	11.49.5	4
4	Lizzie Farrow	Royal S C	12.22.7	3

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Joanne Frost	Broms & Redd	5.24	9
2	Megan Jones	Cannock & Staffs	4.96	7
3	Megan Evans	Royal S C	4.95	6
4	Shana Parker	Banbury	4.92	5
5	Kim Smith	Tipton	4.70	4
6	Jane Oliver	Telford	4.05	3

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jessica Leek	Cannock & Staffs	4.36	7
2	Sandra McDonald	Royal S C	4.22	5
3	Sarah Gerner	Broms & Redd	4.13	4
4	Naomi Farquharson	Telford	4.03	3
5	Claire Goodwin	Banbury	3.78	2

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Bethan Partridge	Telford	11.35	9
2	Gemma Smith	Cannock & Staffs	11.16	7
3	Joanne Frost	Broms & Redd	10.48	6
4	Megan Evans	Royal S C	10.23	5
5	Shana Parker	Banbury	10.01	4

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Melanie Wilkinson	Banbury	9.82	7
2	Thomasina Ball	Broms & Redd	9.61	5
3	Natalie Ainge	Cannock & Staffs	9.50	4

4	Emma Overy	Royal S C	8.08	3
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Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Bethan Partridge	Telford	1.70	9
2	Chloe Boulter	Cannock & Staffs	1.55	7
3	Connie Mcmillan	Banbury	1.50	6
4	Megan Evans	Royal S C	1.40	5
5	Kerrie Perks	Broms & Redd	1.35	4

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Natalie Edwards	Cannock & Staffs	1.45	7
2	Amy Goodall	Royal S C	1.25	5

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Kim Smith	Tipton	3.20	9
2	Amy Peacock	Banbury	2.30	7
3	Melanie Hepke	Broms & Redd	1.80	6

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Fagan	Telford	8.97	9
2	Alison George	Cannock & Staffs	8.64	7
3	Kim Smith	Tipton	8.24	6
4	Samantha Lloyd	Broms & Redd	7.94	5
5	Fiona Smith	Royal S C	6.19	4
6	Melanie Wilkinson	Banbury	5.93	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Beth Denning	Cannock & Staffs	7.72	7
2	Lisa Williams	Telford	7.33	5
3	Yasmine Al Daftary	Broms & Redd	6.27	4
4	Amy Peacock	Banbury	5.91	3
5	Jackie Porter	Tipton	5.11	2
6	Lucy Jennings	Royal S C	4.45	1

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Hayley Rubery	Telford	32.87	9
2	Samantha Lloyd	Broms & Redd	26.56	7
3	Beth Denning	Cannock & Staffs	21.05	6

4	Kim Smith	Tipton	19.41	5
5	Fiona Smith	Royal S C	16.24	4
6	Alicia Workman	Banbury	15.33	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Rebecca Fagan	Telford	25.86	7
2	Alicia Clarke	Cannock & Staffs	18.86	5
3	Julie Wakelam	Broms & Redd	16.30	4
4	Emma Overy	Royal S C	16.24	3
5	Margaret Coomb	Banbury	13.64	2

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Alison George	Cannock & Staffs	23.77	9
2	Fiona Smith	Royal S C	23.05	7
3	Alicia Workman	Banbury	21.71	6
4	Jackie Porter	Tipton	21.48	5
5	Rebecca Fagan	Telford	18.12	4
6	Julie Wakelam	Broms & Redd	15.37	3

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Hayley Rubery	Telford	17.93	7
2	Beth Denning	Cannock & Staffs	16.77	5
3	Lizzie Farrow	Royal S C	16.20	4
4	Margaret Coomb	Banbury	14.50	3
5	Rita Brownlie	Broms & Redd	13.12	2

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Amy Peacock	Banbury	36.77	9
2	Sally Clague	Cannock & Staffs	33.34	7
3	Samantha Lloyd	Broms & Redd	30.87	6
4	Bethan Partridge	Telford	27.59	5
5	Kim Smith	Tipton	23.08	4
6	Emma Overy	Royal S C	16.19	3

Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Chloe Murphy	Telford	25.62	7
2	Margaret Coomb	Banbury	20.04	5
3	Julie Wakelam	Broms & Redd	19.55	4
4	Rebecca Bray	Cannock & Staffs	13.96	3
5	Lizzie Farrow	Royal S C	11.81	2
6	Jackie Porter	Tipton	10.39	1

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Cannock & Staffs	53.7	9
2		Broms & Redd	54.1	7
3		Banbury	55.2	6
4		Telford	56.3	5
5		Royal S C	56.6	4
6		Tipton	58.3	3

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Cannock & Staffs	4.20.6	9
2		Royal S C	4.21.7	7
3		Broms & Redd	4.23.1	6
4		Banbury	4.54.6	5
5		Telford	5.26.2	4