

## North Staffs Cross Country League 2011 - Provisional Results - Race 1 Winsford - 8 Oct 2011

### U11 Boys

|                         |                        |      |       |
|-------------------------|------------------------|------|-------|
| 1 Ben Lee               | Vale Royal AC          | U11B | 8.23  |
| 2 Fraser Parsonage      | Uttoxeter Road Runners | U11B | 8.32  |
| 3 Connor Bentley        | Newcastle (Staffs) AC  | U11B | 8.34  |
| 4 William Kesteven      | Crewe & Nantwich AC    | U11B | 8.45  |
| 5 Adam Fradley          | Newcastle (Staffs) AC  | U11B | 8.50  |
| 6 John Humphries        | Vale Royal AC          | U11B | 8.51  |
| 7 Alex Doyle            | Vale Royal AC          | U11B | 9.05  |
| 8 Elliot Meylan         | Buxton & District AC   | U11B | 9.16  |
| 9 Matthew Jones         | Colwyn Bay AC          | U11B | 9.20  |
| 10 Jac Goodall          | West Cheshire AC       | U11B | 9.21  |
| 11 George Hodgkinson    | Stafford Harriers      | U11B | 9.22  |
| 12 Harry Dobberson      | Crewe & Nantwich AC    | U11B | 9.22  |
| 13 Peter Goodfellow     | Macclesfield Harriers  | U11B | 9.25  |
| 14 Ethan Wemyss         | City of Stoke AC       | U11B | 9.29  |
| 15 Jacob Droogmans      | Newcastle (Staffs) AC  | U11B | 9.33  |
| 16 Lewis Pass           | City of Stoke AC       | U11B | 9.34  |
| 17 Jordan Sides         | Crewe & Nantwich AC    | U11B | 9.34  |
| 18 Daniel Jakeman       | Vale Royal AC          | U11B | 9.37  |
| 19 Liam Read            | Cannock & Stafford AC  | U11B | 9.39  |
| 20 Jack Finney          | Trentham RC            | U11B | 9.46  |
| 21 Rory Thompson        | Vale Royal AC          | U11B | 9.47  |
| 22 Tommy Taylor         | Crewe & Nantwich AC    | U11B | 9.56  |
| 23 Chris Malkin         | Crewe & Nantwich AC    | U11B | 10.07 |
| 24 Aaron Doyle          | Vale Royal AC          | U11B | 10.11 |
| 25 Sam Hetchams         | Boalloy RC             | U11B | 10.13 |
| 26 Joshua Carey         | Macclesfield Harriers  | U11B | 10.16 |
| 27 Jack Cocker          | Macclesfield Harriers  | U11B | 10.19 |
| 28 Ethan ?              | Vale Royal AC          | U11B | 10.23 |
| 29 Harry Edgar          | Vale Royal AC          | U11B | 10.35 |
| 30 Jake Oliver          | Stafford Harriers      | U11B | 10.46 |
| 31 Isaac Chiltern-Jones | Trentham RC            | U11B | 10.48 |
| 32 James Evans          | Wrexham AAC            | U11B | 10.50 |
| 33 Mitchell Burrows     | Trentham RC            | U11B | 11.02 |
| 34 Mathew Maines        | Trentham RC            | U11B | 11.10 |
| 35 Luke Chatwin         | Crewe & Nantwich AC    | U11B | 11.19 |
| 36 Edward Keane         | Newcastle (Staffs) AC  | U11B | 11.23 |
| 37 Rory Wilson          | Macclesfield Harriers  | U11B | 11.27 |
| 38 Jamie Grundy         | City of Stoke AC       | U11B | 11.27 |
| 39 Ambrose Morris       | Newcastle (Staffs) AC  | U11B | 11.50 |
| 40 Richard Lyon         | Crewe & Nantwich AC    | U11B | 11.52 |
| 41 Sam Hogan            | City of Stoke AC       | U11B | 11.53 |
| 42 Adam Collett         | City of Stoke AC       | U11B | 12.00 |

|                         |    |
|-------------------------|----|
| 1 Vale Royal AC         | 14 |
| 2 Newcastle (Staffs) AC | 23 |
| 3 Crewe & Nantwich AC   | 33 |
| 4 Macclesfield Harriers | 66 |
| 5 City of Stoke AC      | 68 |
| 6 Trentham RC           | 84 |

### U13 Boys

|    |                        |                            |      |       |
|----|------------------------|----------------------------|------|-------|
| 1  | James Fradley          | Newcastle (Staffs) AC      | U13B | 12.11 |
| 2  | Will Nowel             | Vale Royal AC              | U13B | 12.19 |
| 3  | Callum Ahern           | Macclesfield Harriers      | U13B | 12.21 |
| 4  | Thomas Evans           | Wrexham AAC                | U13B | 12.44 |
| 5  | Cameron Weaver         | West Cheshire AC           | U13B | 12.46 |
| 6  | Michael Roberts        | Colwyn Bay AC              | U13B | 12.52 |
| 7  | Tom Sabin              | Stafford Harriers          | U13B | 13.11 |
| 8  | Mathew Vaughan         | Colwyn Bay AC              | U13B | 13.24 |
| 9  | Steve Mellor           | Buxton & District AC       | U13B | 13.29 |
| 10 | Casey Maddock          | City of Stoke AC           | U13B | 13.30 |
| 11 | Fred Dobberson         | Crewe & Nantwich AC        | U13B | 13.36 |
| 12 | Jack Soulsby           | Crewe & Nantwich AC        | U13B | 13.39 |
| 13 | Josh Betteley          | Crewe & Nantwich AC        | U13B | 13.49 |
| 14 | William Tomlinson      | Wrexham AAC                | U13B | 13.56 |
| 15 | Darren Morrey          | Staffordshire Moorlands AC | U13B | 13.57 |
| 16 | Alex Lightfoot         | City of Stoke AC           | U13B | 14.00 |
| 17 | Lucas Jones            | City of Stoke AC           | U13B | 14.08 |
| 18 | Gabriel Machin         | Crewe & Nantwich AC        | U13B | 14.14 |
| 19 | Will Sammons           | Stafford Harriers          | U13B | 14.15 |
| 20 | Daniel Burt            | Buxton & District AC       | U13B | 14.25 |
| 21 | Ben Hill               | Newcastle (Staffs) AC      | U13B | 14.42 |
| 22 | Kieran Connell         | Buxton & District AC       | U13B | 14.53 |
| 23 | Daniel Moseley         | Trentham RC                | U13B | 14.57 |
| 24 | Thomas Harrop          | West Cheshire AC           | U13B | 14.58 |
| 25 | Callum Aris            | Stafford Triathlon Club    | U13B | 15.00 |
| 26 | Harvey Myatt-Winterton | Newcastle (Staffs) AC      | U13B | 15.03 |
| 27 | Adam Barr              | Newcastle (Staffs) AC      | U13B | 15.13 |
| 28 | Matt Hole              | Crewe & Nantwich AC        | U13B | 15.14 |
| 29 | Joseph Pearce          | Boalloy RC                 | U13B | 15.41 |
| 30 | Lucas Yates            | Staffordshire Moorlands AC | U13B | 15.51 |
| 31 | Robert Finnis          | Macclesfield Harriers      | U13B | 15.55 |
| 32 | David Conlon           | Newcastle (Staffs) AC      | U13B | 16.12 |
| 33 | Oliver Greensill       | Cannock & Stafford AC      | U13B | 16.27 |
| 34 | Isaac Edge             | Newcastle (Staffs) AC      | U13B | 16.45 |
| 35 | Charlie Ridgeway       | Staffordshire Moorlands AC | U13B | 16.45 |
| 36 | Harry Julian           | Trentham RC                | U13B | 16.50 |
| 37 | Hassun Sharif          | Trentham RC                | U13B | 20.36 |

|   |                            |    |
|---|----------------------------|----|
| 1 | Crewe & Nantwich AC        | 36 |
| 2 | City of Stoke AC           | 43 |
| 3 | Newcastle AC               | 48 |
| 4 | Buxton and District AC     | 51 |
| 5 | Staffordshire Moorlands AC | 80 |
| 6 | Trentham RC                | 96 |

#### U15 Boys

|   |               |                            |      |       |
|---|---------------|----------------------------|------|-------|
| 1 | Elliot Bowker | Vale Royal AC              | U15B | 15.32 |
| 2 | Lindon Evans  | City of Stoke AC           | U15B | 16.21 |
| 3 | Liam Baggley  | City of Stoke AC           | U15B | 17.02 |
| 4 | Jacob Brown   | Crewe & Nantwich AC        | U15B | 17.09 |
| 5 | Ryan Lander   | City of Stoke AC           | U15B | 17.17 |
| 6 | Olver Sadler  | Staffordshire Moorlands AC | U15B | 17.31 |
| 7 | Elliot Nevill | Crewe & Nantwich AC        | U15B | 17.46 |

|    |                    |                            |      |       |
|----|--------------------|----------------------------|------|-------|
| 8  | Thomas Brookes     | Staffordshire Moorlands AC | U15B | 17.46 |
| 9  | Chris Harrop       | West Cheshire AC           | U15B | 17.53 |
| 10 | Nick Stoddard      | City of Stoke AC           | U15B | 18.03 |
| 11 | James Howell-Jones | Crewe & Nantwich AC        | U15B | 18.10 |
| 12 | Aaron Shaughnessy  | Macclesfield Harriers      | U15B | 18.34 |
| 13 | James Russell      | Cannock & Stafford AC      | U15B | 19.12 |
| 14 | Nick Gale          | Macclesfield Harriers      | U15B | 19.26 |
| 15 | Ryan Sproston      | City of Stoke AC           | U15B | 19.27 |
| 16 | Nathan Chester     | Newcastle (Staffs) AC      | U15B | 19.42 |
| 17 | Joe Smith          | Stafford Harriers          | U15B | 19.55 |
| 18 | Harry Palmer       | Macclesfield Harriers      | U15B | 20.11 |
| 19 | Joel Harper        | Boalloy RC                 | U15B | 20.12 |
| 20 | Connor Harrison    | Stafford Triathlon Club    | U15B | 20.19 |
| 21 | Duncan Parsonage   | Uttoxeter RC               | U15B | 20.29 |
| 22 | George Hooper      | Boalloy RC                 | U15B | 20.40 |
| 23 | Rob Forester       | Crewe & Nantwich AC        | U15B | 20.47 |
| 24 | Chris Whitehurst   | Newcastle (Staffs) AC      | U15B | 20.50 |
| 25 | Jack Scott         | Crewe & Nantwich AC        | U15B | 21.02 |
| 26 | Jake Roberts       | Boalloy RC                 | U15B | 21.02 |
| 27 | Edward Thompson    | Macclesfield Harriers      | U15B | 21.30 |
| 28 | George Steventon   | City of Stoke AC           | U15B | 21.37 |
| 29 | Josh Carr          | Boalloy RC                 | U15B | 21.59 |
| 30 | Aaron Bedson       | City of Stoke AC           | U15B | 24.46 |
| 31 | Dan Lowe           | City of Stoke AC           | U15B | 24.48 |

|   |                       |    |
|---|-----------------------|----|
| 1 | City of Stoke AC      | 10 |
| 2 | Crewe & Nantwich AC   | 22 |
| 3 | Macclesfield Harriers | 44 |
| 4 | Boalloy RC            | 67 |

#### U17 Men

|    |                   |                         |      |       |
|----|-------------------|-------------------------|------|-------|
| 1  | Richard Owen      | Crewe & Nantwich AC     | U17M | 17.44 |
| 2  | Zak Bamber        | Vale Royal AC           | U17M | 18.02 |
| 3  | Nathan Jones      | Colwyn Bay AC           | U17M | 18.17 |
| 4  | Dave Sheldon      | City of Stoke AC        | U17M | 18.26 |
| 5  | Patrick Stradling | Vale Royal AC           | U17M | 19.04 |
| 6  | Nathan Sabin      | Stafford Harriers       | U17M | 19.06 |
| 7  | Robert Poole      | Crewe & Nantwich AC     | U17M | 19.35 |
| 8  | Tyler Goodwin     | Boalloy RC              | U17M | 19.37 |
| 9  | Ryan Moore        | Vale Royal AC           | U17M | 19.40 |
| 10 | Alex Roslow       | Stafford Triathlon Club | U17M | 19.47 |
| 11 | Jordan Barrett    | Cannock & Stafford AC   | U17M | 19.55 |
| 12 | Ryan Wallis       | Macclesfield Harriers   | U17M | 20.07 |
| 13 | Jake Griffith     | Colwyn Bay AC           | U17M | 20.08 |
| 14 | Nathan Tipping    | Vale Royal AC           | U17M | 20.30 |
| 15 | Josh Edge         | South Cheshire Harriers | U17M | 20.36 |
| 16 | Paul Fradley      | Newcastle (Staffs) AC   | U17M | 20.53 |
| 17 | Matt Jakeman      | Vale Royal AC           | U17M | 21.48 |
| 18 | George Backshall  | Colwyn Bay AC           | U17M | 22.12 |
| 19 | Jacob Anderson    | Macclesfield Harriers   | U17M | 22.35 |
| 20 | Edward Finch      | Boalloy RC              | U17M | 22.36 |
| 21 | Richard Keane     | Newcastle (Staffs) AC   | U17M | 22.49 |
| 22 | James Taylor      | Macclesfield Harriers   | U17M | 22.58 |

|                        |                       |      |       |
|------------------------|-----------------------|------|-------|
| 23 Michael Keane       | Newcastle (Staffs) AC | U17M | 23.07 |
| 24 Jonothon Whitehurst | Newcastle (Staffs) AC | U17M | 24.03 |

|                         |  |    |
|-------------------------|--|----|
| 1 Vale Royal AC         |  | 16 |
| 2 Colwyn Bay AC         |  | 34 |
| 3 Macclesfield Harriers |  | 53 |
| 4 Newcastle AC          |  | 60 |

#### U11 Girls

|                         |                            |      |       |
|-------------------------|----------------------------|------|-------|
| 1 Charlie Peters        | Cannock & Stafford AC      | U11G | 8.40  |
| 2 Rachel Carter         | Macclesfield Harriers      | U11G | 8.48  |
| 3 Lucy O'Donovan        | Macclesfield Harriers      | U11G | 8.52  |
| 4 Iris Davies           | Cannock & Stafford AC      | U11G | 8.55  |
| 5 Caitlan Dimmock       | Staffordshire Moorlands AC | U11G | 9.01  |
| 6 Ceri Vaughan          | Colwyn Bay AC              | U11G | 9.09  |
| 7 Neve Maddock          | Vale Royal AC              | U11G | 9.30  |
| 8 Sophie Paxton         | Wrexham AAC                | U11G | 9.31  |
| 9 Ellie Jackson         | Vale Royal AC              | U11G | 9.41  |
| 10 Eve Heaward          | Crewe & Nantwich AC        | U11G | 9.43  |
| 11 Jade Halkett         | Trentham RC                | U11G | 9.48  |
| 12 Jasmine Thompson     | Vale Royal AC              | U11G | 9.53  |
| 13 Jessica Harrison     | Cannock & Stafford AC      | U11G | 9.56  |
| 14 Georgia Murphy       | City of Stoke AC           | U11G | 10.01 |
| 15 Amelia Newbold       | Buxton & District AC       | U11G | 10.07 |
| 16 Natasha McQue        | Newcastle (Staffs) AC      | U11G | 10.10 |
| 17 Millie Beard         | Boalloy RC                 | U11G | 10.16 |
| 18 Ellie Cushin         | Vale Royal AC              | U11G | 10.17 |
| 19 Isabelle Kelly       | Stafford Harriers          | U11G | 10.21 |
| 20 Alice Richards       | Cannock & Stafford AC      | U11G | 10.28 |
| 21 Emily Collett        | City of Stoke AC           | U11G | 10.29 |
| 22 Madeline Goodman     | Crewe & Nantwich AC        | U11G | 10.38 |
| 23 Ellaynna Proudlove   | Boalloy RC                 | U11G | 10.40 |
| 24 Lydia Hatton         | Macclesfield Harriers      | U11G | 10.45 |
| 25 Ellen Kenny          | Trentham RC                | U11G | 10.55 |
| 26 Millie Stanyer       | Stafford Harriers          | U11G | 11.01 |
| 27 Sarah Dufour-Jackson | Crewe & Nantwich AC        | U11G | 11.03 |
| 28 Bree Livesey         | Vale Royal AC              | U11G | 11.10 |
| 29 Ellen Spencer-Hall   | Crewe & Nantwich AC        | U11G | 11.11 |
| 30 Lucy Smith           | Crewe & Nantwich AC        | U11G | 11.14 |
| 31 Holly Smith          | Crewe & Nantwich AC        | U11G | 11.21 |
| 32 Sarah Preston        | Cannock & Stafford AC      | U11G | 11.27 |
| 33 Bethany Edge         | Newcastle (Staffs) AC      | U11G | 12.10 |
| 34 Elizabeth Bridgwater | Newcastle (Staffs) AC      | U11G | 12.10 |
| 35 Millie Peters        | Cannock & Stafford AC      | U11G | 12.20 |
| 36 Tess Newbold         | Buxton & District AC       | U11G | 12.45 |
| 37 Siobhan Burrows      | Trentham RC                | U11G | 13.07 |
| 38 Sophie Julian        | Trentham RC                | U11G | 13.07 |

|                         |  |    |
|-------------------------|--|----|
| 1 Cannock & Stafford AC |  | 18 |
| 2 Vale Royal AC         |  | 28 |
| 3 Macclesfield Harriers |  | 29 |
| 4 Crewe & Nantwich AC   |  | 59 |
| 5 Trentham RC           |  | 73 |

## U13 Girls

|    |                     |                            |      |       |
|----|---------------------|----------------------------|------|-------|
| 1  | Katie Hughes        | Staffordshire Moorlands AC | U13G | 8.12  |
| 2  | Elisha Walker       | Stafford Harriers          | U13G | 8.20  |
| 3  | Georgia Rafferty    | City of Stoke AC           | U13G | 8.38  |
| 4  | India Mellor        | City of Stoke AC           | U13G | 8.40  |
| 5  | Amy Carter          | Macclesfield Harriers      | U13G | 8.49  |
| 6  | Robyn Williams      | Wrexham AAC                | U13G | 8.51  |
| 7  | Katie Lowry         | Macclesfield Harriers      | U13G | 8.54  |
| 8  | Hannah Talbot       | Stafford Harriers          | U13G | 8.56  |
| 9  | Katie Finney        | City of Stoke AC           | U13G | 8.57  |
| 10 | Sophie Goodfellow   | Newcastle (Staffs) AC      | U13G | 9.02  |
| 11 | Dulcie Whadcock     | Macclesfield Harriers      | U13G | 9.06  |
| 12 | Cara Gibbons        | Crewe & Nantwich AC        | U13G | 9.15  |
| 13 | Rebecca Twardochleb | Newcastle (Staffs) AC      | U13G | 9.24  |
| 14 | Sian Walker         | Crewe & Nantwich AC        | U13G | 9.38  |
| 15 | Ellie Baxter        | Stafford Harriers          | U13G | 9.40  |
| 16 | Sophie Smith        | Crewe & Nantwich AC        | U13G | 9.42  |
| 17 | Becky Smith         | Vale Royal AC              | U13G | 9.44  |
| 18 | Lois Ruebotham      | Vale Royal AC              | U13G | 9.44  |
| 19 | Laura Cogan         | City of Stoke AC           | U13G | 9.51  |
| 20 | Annabel Hebb        | Macclesfield Harriers      | U13G | 9.56  |
| 21 | Rachel Fyfer        | Crewe & Nantwich AC        | U13G | 10.00 |
| 22 | Emma Underwood      | Stafford Harriers          | U13G | 10.19 |
| 23 | Georgia Edge        | Crewe & Nantwich AC        | U13G | 10.25 |
| 24 | Amy Oliver          | Stafford Harriers          | U13G | 10.30 |
| 25 | Pippa Wyer          | Macclesfield Harriers      | U13G | 10.36 |
| 26 | Chloe Lindop        | Newcastle (Staffs) AC      | U13G | 11.09 |
| 27 | Laura Whitehurst    | Newcastle (Staffs) AC      | U13G | 11.13 |
| 28 | Rachel Wallace      | Cannock & Stafford AC      | U13G | 11.26 |
| 29 | Georgia Wallace     | Cannock & Stafford AC      | U13G | 11.30 |
| 30 | Megan Hickman       | Trentham RC                | U13G | 11.47 |

|   |                       |    |
|---|-----------------------|----|
| 1 | City of Stoke AC      | 13 |
| 2 | Macclesfield Harriers | 23 |
| 3 | Stafford Harriers     | 25 |
| 4 | Crewe & Nantwich AC   | 42 |
| 5 | Newcastle (Staffs) AC | 49 |

## U15 Girls

|    |                       |                            |      |       |
|----|-----------------------|----------------------------|------|-------|
| 1  | Tasha Stone           | City of Stoke AC           | U15G | 12.45 |
| 2  | Rebecca Hughes        | Staffordshire Moorlands AC | U15G | 13.12 |
| 3  | Abigail Backshall     | Colwyn Bay AC              | U15G | 13.14 |
| 4  | Megan Cogan           | City of Stoke AC           | U15G | 13.17 |
| 5  | Sarah Griffiths       | City of Stoke AC           | U15G | 13.28 |
| 6  | Natasha Clowes        | City of Stoke AC           | U15G | 13.40 |
| 7  | Jess Heath            | City of Stoke AC           | U15G | 13.52 |
| 8  | Lucy Snelston         | Macclesfield Harriers      | U15G | 14.10 |
| 9  | Lauren Hancock        | Staffordshire Moorlands AC | U15G | 14.12 |
| 10 | Charlie Egan          | Newcastle (Staffs) AC      | U15G | 14.16 |
| 11 | Freya Taylor-Hatswell | Crewe & Nantwich AC        | U15G | 14.25 |
| 12 | Dilys Grocott         | City of Stoke AC           | U15G | 14.26 |
| 13 | Clara Pettit          | Vale Royal AC              | U15G | 14.27 |

|                              |                            |      |       |
|------------------------------|----------------------------|------|-------|
| 14 Anna Cawpron              | Crewe & Nantwich AC        | U15G | 14.42 |
| 15 Amelia Berrisford         | City of Stoke AC           | U15G | 14.43 |
| 16 Katie Salt                | Newcastle (Staffs) AC      | U15G | 15.05 |
| 17 Annie Huntbach            | Crewe & Nantwich AC        | U15G | 15.09 |
| 18 Victoria Stevenson        | Staffordshire Moorlands AC | U15G | 15.13 |
| 19 Katie Lennon              | Crewe & Nantwich AC        | U15G | 15.32 |
| 20 Kayleigh Derry            | Stafford Harriers          | U15G | 15.55 |
| 21 Laura Taylor              | Stafford Harriers          | U15G | 16.48 |
| 22 Beth Soutter              | Stourbridge RC             | U15G | 17.01 |
|                              |                            |      |       |
| 1 City of Stoke AC           |                            | 10   |       |
| 2 Staffordshire Moorlands AC |                            | 29   |       |
| 3 Crewe and Nantwich AC      |                            | 42   |       |

#### U17 Women

|                     |                       |      |       |
|---------------------|-----------------------|------|-------|
| 1 Lucy Hayes        | City of Stoke         | U17W | 17.38 |
| 2 Danielle Wallace  | Macclesfield Harriers | U17W | 18.23 |
| 3 Jessica Griffiths | City of Stoke         | U17W | 18.54 |
| 4 Jade Evans        | Vale Royal AC         | U17W | 19.04 |
| 5 Hannah Bishop     | Vale Royal AC         | U17W | 19.57 |
| 6 Melissa Harding   | City of Stoke         | U17W | 20.51 |
| 7 Cerys Heaher      | Vale Royal AC         | U17W | 21.06 |
| 8 Kate Moulds       | Vale Royal AC         | U17W | 21.21 |
| 9 Emily Rowlands    | Wrexham AAC           | U17W | 23.06 |
| 10 Lauren Gee       | Stafford Harriers     | U17W | 23.45 |
| 11 Hanya El Khashab | Crewe & Nantwich AC   | U17W | 24.47 |
|                     |                       |      |       |
| 1 City of Stoke AC  |                       | 10   |       |
| 2 Vale Royal AC     |                       | 16   |       |

#### Senior Women

|                        |                            |     |       |
|------------------------|----------------------------|-----|-------|
| 1 Katie Holt           | City of Stoke AC           | JW  | 18.42 |
| 2 Stacey Johnson       | Cannock & Stafford AC      | SW  | 19.01 |
| 3 Amy Mellor           | City of Stoke AC           | JW  | 19.44 |
| 4 Katherine Dulla      | Newcastle AC               | SW  | 20.08 |
| 5 Kerry Marchant       | Staffordshire Moorlands AC | W35 | 20.32 |
| 6 Mandy Vernon         | Trentham RC                | W40 | 20.38 |
| 7 Sharleen Hollinshead | Trentham RC                | W40 | 20.50 |
| 8 Julia Matheson       | Newcastle AC               | W45 | 20.56 |
| 9 Ruth Watchorn Rice   | Staffordshire Moorlands AC | W40 | 21.07 |
| 10 Jo Donnelly         | Trentham RC                | W35 | 21.20 |
| 11 Lucy Haywood        | Stafford Triathlon Club    | W35 | 21.26 |
| 12 Rebecca Harrison    | Cheadle RC                 | SW  | 21.29 |
| 13 Christine Holmes    | Trentham RC                | SW  | 21.30 |
| 14 Adele Salt          | Staffordshire Moorlands AC | W35 | 21.36 |
| 15 Lynn Callaghan      | Trentham RC                | SW  | 21.57 |
| 16 Katherine Hulme     | Cannock & Stafford AC      | JW  | 22.06 |
| 17 Jo Maitland         | Staffordshire Moorlands AC | SW  | 22.09 |
| 18 Debbie Thomas       | Trentham RC                | SW  | 22.12 |
| 19 Rebecca Marshall    | South Cheshire Harriers    | W40 | 22.39 |
| 20 Nina Skilton        | Stafford Harriers          | W40 | 22.43 |

|    |                    |                            |     |       |
|----|--------------------|----------------------------|-----|-------|
| 21 | Debbie Hope        | Staffordshire Moorlands AC | W40 | 22.46 |
| 22 | Laura Palmer       | Chase Harriers             | SW  | 22.51 |
| 23 | Sue Kneill-Boxley  | Cannock & Stafford AC      | W40 | 22.52 |
| 24 | Ruth Pryce         | South Cheshire Harriers    | W35 | 22.52 |
| 25 | Christine Skellern | Stafford Harriers          | W45 | 22.56 |
| 26 | Tracey Gee         | Stafford Harriers          | W40 | 23.03 |
| 27 | Esme Wilson        | Telford Harriers           | SW  | 23.07 |
| 28 | Helen Macarthur    | Colwyn Bay AC              | W40 | 23.11 |
| 29 | Ruth Goreham       | Staffordshire Moorlands AC | W40 | 23.15 |
| 30 | Sally Kenny        | Cheadle RC                 | W35 | 23.16 |
| 31 | Charmaine Wood     | Congleton Harriers         | SW  | 23.25 |
| 32 | Wendy Swift        | Newcastle AC               | W40 | 23.33 |
| 33 | Jenny Addison      | Stafford Harriers          | JW  | 23.51 |
| 34 | Charlie Weller     | Newcastle AC               | W40 | 23.56 |
| 35 | Linda Cooke        | Stone MM                   | W50 | 23.57 |
| 36 | Rose Wilson        | Trentham RC                | W50 | 24.00 |
| 37 | Julie Addison      | Stafford Harriers          | JW  | 24.06 |
| 38 | Jackie Thorne      | Vale Royal AC              | W50 | 24.18 |
| 39 | Theresa Hulme      | Cannock & Stafford AC      | JW  | 24.22 |
| 40 | Amy Cope           | Stone MM                   | W35 | 24.23 |
| 41 | Kirsty Forder      | Buxton & District AC       | SW  | 24.24 |
| 42 | Jo Moss            | Congleton Harriers         | W40 | 24.26 |
| 43 | Clare Holdcroft    | Mow Cop Runners            | W40 | 24.30 |
| 44 | Lucy Mellor        | Chase Harriers             | SW  | 24.32 |
| 45 | Beverley Noble     | Chase Harriers             | W40 | 24.32 |
| 46 | Eva Martin         | Trentham RC                | SW  | 24.52 |
| 47 | Jill Simpson       | Trentham RC                | W40 | 24.55 |
| 48 | Mel Crosby         | Stone MM                   | W40 | 24.56 |
| 49 | Nicola Lomas       | Newcastle AC               | W35 | 24.58 |
| 50 | Liz Clutton        | Cheadle RC                 | W55 | 25.02 |
| 51 | Sarah Hulme        | Cannock & Stafford AC      | JW  | 25.06 |
| 52 | Lisa Barlow        | Boalloy RC                 | W35 | 25.07 |
| 53 | Lisa Burkes        | Cheadle RC                 | SW  | 25.10 |
| 54 | Sheila Bradley     | Buxton & District AC       | W50 | 25.22 |
| 55 | Jackie Kilding     | Congleton Harriers         | W45 | 25.24 |
| 56 | Sally Williams     | Uttoxeter RR               | W35 | 25.28 |
| 57 | Louise Pinfield    | Chase Harriers             | W50 | 25.30 |
| 58 | Wendy Stead        | Stone MM                   | W40 | 25.34 |
| 59 | Rachel Gibson      | Telford Harriers           | SW  | 25.47 |
| 60 | Liz Stanyer        | Stafford Harriers          | W35 | 25.57 |
| 61 | Dianne Smith       | South Cheshire Harriers    | W35 | 26.00 |
| 62 | Rebecca Ibbs       | Newcastle AC               | W35 | 26.05 |
| 63 | Emily Davies       | Crewe & Nantwich AC        | JW  | 26.05 |
| 64 | Chloe Pearson      | Stourbridge RC             | SW  | 26.06 |
| 65 | Romilly Wills      | Mow Cop Runners            | W45 | 26.07 |
| 66 | Laurie Griffith    | Colwyn Bay AC              | W40 | 26.11 |
| 67 | Pam Davies         | Stone MM                   | W55 | 26.15 |
| 68 | Jayne Ford         | Stone MM                   | W50 | 26.22 |
| 69 | Emma Havenhand     | Buxton & District AC       | W40 | 26.30 |
| 70 | Jill Phillips      | Trentham RC                | W50 | 26.33 |
| 71 | Clare Shubotham    | Michelin AC                | SW  | 26.35 |
| 72 | Wendy Bainbridge   | Buxton & District AC       | W45 | 26.36 |
| 73 | Val Kinvig         | Vale Royal AC              | W45 | 26.42 |
| 74 | Emma Larwood       | Telford Harriers           | SW  | 26.47 |
| 75 | Kath Morris        | Newcastle AC               | W45 | 26.48 |

|     |                    |                            |     |       |
|-----|--------------------|----------------------------|-----|-------|
| 76  | Kerry Bromhall     | Telford Harriers           | W35 | 26.52 |
| 77  | Amanda Bell        | Mow Cop Runners            | W40 | 26.56 |
| 78  | Kay Boulton        | Staffordshire Moorlands AC | W50 | 26.58 |
| 79  | Lesley Hassall     | Blythe Bridge RC           | W45 | 27.06 |
| 80  | Justine Hall       | Stafford Triathlon Club    | W40 | 27.10 |
| 81  | Yvonne Nicholls    | Chase Harriers             | W50 | 27.15 |
| 82  | Jane Holt          | Newcastle AC               | W40 | 27.46 |
| 83  | Esther Goodhead    | South Cheshire Harriers    | W35 | 27.53 |
| 84  | Nicola Tomlinson   | Colwyn Bay AC              | SW  | 27.59 |
| 85  | Ella Lyman         | Congleton Harriers         | W40 | 28.13 |
| 86  | Rachel Jones       | Trentham RC                | W40 | 28.22 |
| 87  | Lesley Cole        | South Cheshire Harriers    | W55 | 28.35 |
| 88  | Karen Sabin        | Stafford Harriers          | W40 | 28.42 |
| 89  | Sue Baker          | Cheadle RC                 | W50 | 28.48 |
| 90  | Diane Newsome      | Vale Royal AC              | W40 | 28.49 |
| 91  | Jill Hodgkinson    | Stafford Harriers          | W40 | 28.57 |
| 92  | Sue Taylor         | Cheadle RC                 | W55 | 29.01 |
| 93  | Natilie Dellar     | Stourbridge RC             | SW  | 29.12 |
| 94  | Dawn Reeves-Jones  | Cheadle RC                 | W40 | 29.40 |
| 95  | Lucy Webb          | Uttoxeter RR               | W50 | 29.42 |
| 96  | Gillian Csizmadia  | Wrexham AAC                | W45 | 29.44 |
| 97  | Kathy Keane        | Newcastle AC               | W50 | 29.54 |
| 98  | Andrea McCucheon   | Michelin AC                | W35 | 30.11 |
| 99  | Emma Wright        | Telford Harriers           | SW  | 30.12 |
| 100 | Clare Brookes      | Mow Cop Runners            | W40 | 30.16 |
| 101 | Lindsey Hughes     | Trentham RC                | W35 | 30.17 |
| 102 | Laura Bloor        | Michelin AC                | SW  | 30.22 |
| 103 | Jayne Denby        | Buxton & District AC       | W55 | 30.44 |
| 104 | Lisa Russell       | Stone MM                   | W35 | 30.53 |
| 105 | Lisa Lancaster     | Uttoxeter RR               | W35 | 31.05 |
| 106 | Kayleigh Harrold   | Trentham RC                | SW  | 31.20 |
| 107 | Joanne Oliver      | Stafford Harriers          | W40 | 31.29 |
| 108 | Jeanette Hatton    | South Cheshire Harriers    | W40 | 31.32 |
| 109 | Anthea Millican    | Uttoxeter RR               | W40 | 31.46 |
| 110 | Lorraine Drougmans | Newcastle AC               | W45 | 32.17 |
| 111 | Jan Carter         | Blythe Bridge RC           | W50 | 32.44 |
| 112 | Bridgett McCourt   | Michelin AC                | W40 | 32.49 |
| 113 | Julia Dando        | Stone MM                   | W50 | 32.52 |
| 114 | Sara Broome        | Stafford Harriers          | W45 | 33.03 |
| 115 | Mary Radford       | West Cheshire AC           | W65 | 33.36 |
| 116 | Sarah Evans        | Stourbridge RC             | W40 | 33.49 |
| 117 | Sue Panesh         | Stourbridge RC             | W50 | 34.08 |
| 118 | Jackie MacPhail    | Trentham RC                | W45 | 34.22 |
| 119 | Sarah Platt        | Mow Cop Runners            | W40 | 34.52 |
| 120 | Georgina Westwood  | Telford Harriers           | W40 | 35.41 |
| 121 | Jan Bowers         | Blythe Bridge RC           | W55 | 35.56 |
| 122 | Marie Evans        | Michelin AC                | JW  | 36.12 |
| 123 | Jackie Evans       | Michelin AC                | W45 | 36.42 |
| 124 | Suzanne Hull       | Telford Harriers           | W35 | 37.16 |
| 125 | Julia Bridgewater  | Newcastle AC               | W45 | 37.18 |
| 126 | Ruby Ooi           | Stourbridge RC             | W60 | 37.58 |
| 127 | Sonia Edmonds      | Telford Harriers           | W40 | 38.53 |
| 128 | Hazel Barlow       | Michelin AC                | W50 | 39.14 |
| 129 | Tina Elcock        | Stourbridge RC             | W45 | 39.58 |

Div 1

|   |                            |            |
|---|----------------------------|------------|
| 1 | Trentham RC                | 36         |
| 2 | Staffordshire Moorlands AC | 45         |
| 3 | Newcastle AC               | 78         |
| 4 | Cheadle RC                 | 145        |
| 5 | Chase Harriers             | 168        |
| 6 | South Cheshire Harriers    | 187        |
| 7 | Telford Harriers           | 236        |
|   | Stafford Triathlon Club    | Incomplete |

Div 2

|   |                          |            |
|---|--------------------------|------------|
| 1 | Cannock and Stafford AC  | 80         |
| 2 | Stafford Harriers        | 104        |
| 3 | Stone Master Marathoners | 181        |
| 4 | Congleton Harriers       | 213        |
| 5 | Buxton & District AC     | 236        |
| 6 | Mow Cop Runners          | 285        |
| 7 | Uttoxeter RR             | 365        |
| 8 | Michelin AC              | 383        |
| 9 | Stourbridge RC           | 390        |
|   | Wrexham AAC              | Incomplete |
|   | Crewe and Nantwich AC    | Incomplete |
|   | Colwyn Bay AC            | Incomplete |
|   | West Cheshire AC         | Incomplete |
|   | Vale Royal AC            | Incomplete |
|   | Boalloy RC               | Incomplete |
|   | Blythe Bridge RC         | Incomplete |
|   | City of Stoke AC         | Incomplete |

Senior Men

|    |                 |                            |     |       |
|----|-----------------|----------------------------|-----|-------|
| 1  | Ryan Holdroyd   | Staffordshire Moorlands AC | JM  | 34.48 |
| 2  | Seb Duffy       | City of Stoke AC           | SM  | 34.55 |
| 3  | Marc Hartley    | Staffordshire Moorlands AC | SM  | 35.13 |
| 4  | Chris Perrin    | Cannock & Stafford AC      | JM  | 35.54 |
| 5  | Stuart Doyle    | Vale Royal AC              | M40 | 36.01 |
| 6  | Darren Rowlands | Wrexham AAC                | M40 | 36.24 |
| 7  | Steve Bazell    | City of Stoke AC           | SM  | 36.30 |
| 8  | Rob Tudor       | West Cheshire AC           | M45 | 37.04 |
| 9  | Jack Ross       | Staffordshire Moorlands AC | JM  | 37.07 |
| 10 | Mike Harding    | City of Stoke AC           | JM  | 37.15 |
| 11 | Henry Valentine | South Cheshire Harriers    | JM  | 37.20 |
| 12 | Jason Burgess   | Staffordshire Moorlands AC | SM  | 37.27 |
| 13 | Mike Griffiths  | Newcastle AC               | SM  | 37.31 |
| 14 | John Danahay    | City of Stoke AC           | M45 | 37.36 |
| 15 | Jamie Pringle   | Newcastle AC               | SM  | 37.40 |
| 16 | James Wood      | Congleton Harriers         | SM  | 37.47 |
| 17 | David Alexander | West Cheshire AC           | M40 | 37.49 |
| 18 | David Bratt     | Staffordshire Moorlands AC | SM  | 37.53 |
| 19 | Gareth Briggs   | Staffordshire Moorlands AC | SM  | 37.59 |
| 20 | Jeremy Wyatt    | City of Stoke AC           | M40 | 38.01 |
| 21 | Paul Lester     | Cannock & Stafford AC      | M40 | 38.08 |
| 22 | Oliver Langford | City of Stoke AC           | SM  | 38.11 |
| 23 | Pete Mallison   | South Cheshire Harriers    | M40 | 38.12 |
| 24 | Carl Moulton    | Boalloy RC                 | SM  | 38.24 |
| 25 | Craig Jeffrey   | Staffordshire Moorlands AC | SM  | 38.26 |

|    |                  |                            |     |       |
|----|------------------|----------------------------|-----|-------|
| 26 | Julian Goodwin   | Boalloy RC                 | M40 | 38.29 |
| 27 | Andy Miles       | Vale Royal AC              | JM  | 38.35 |
| 28 | Robin Hope       | Staffordshire Moorlands AC | M40 | 38.38 |
| 29 | Carl Platt       | Trentham RC                | SM  | 38.40 |
| 30 | Andrew Clague    | West Cheshire AC           | M40 | 38.46 |
| 31 | Alex Brecker     | City of Stoke AC           | JM  | 38.54 |
| 32 | Dave Allen       | Staffordshire Moorlands AC | M45 | 38.56 |
| 33 | Sam Lucking      | Staffordshire Moorlands AC | SM  | 38.59 |
| 34 | Mike Hatton      | South Cheshire Harriers    | M50 | 39.09 |
| 35 | Mark Flint       | Newcastle AC               | M45 | 39.24 |
| 36 | Dave Lee         | City of Stoke AC           | SM  | 39.29 |
| 37 | Ian Salt         | Uttoxeter RR               | SM  | 39.33 |
| 38 | Andy Allen       | City of Stoke AC           | M40 | 39.40 |
| 39 | Tom Halloway     | Staffordshire Moorlands AC | JM  | 39.49 |
| 40 | Mike Robbins     | Wrexham AAC                | M45 | 39.54 |
| 41 | Stephen Reid     | Telford Harriers           | SM  | 39.59 |
| 42 | Kelvin Amos      | Staffordshire Moorlands AC | M50 | 40.05 |
| 43 | Vinnie Martin    | Staffordshire Moorlands AC | SM  | 40.07 |
| 44 | Andy Clews       | Vale Royal AC              | JM  | 40.09 |
| 45 | Martin Hull      | Trentham RC                | M50 | 40.15 |
| 46 | Allan Henderson  | Telford Harriers           | SM  | 40.16 |
| 47 | Andy Moore       | Stafford Triathlon Club    | M40 | 40.17 |
| 48 | Tim Twentyman    | Newcastle AC               | M45 | 40.18 |
| 49 | Stephen Caldwell | Vale Royal AC              | SM  | 40.19 |
| 50 | Kevin Loundes    | Chase Harriers             | SM  | 40.20 |
| 51 | Phil Read        | Uttoxeter RR               | M45 | 40.21 |
| 52 | Paul Williams    | Telford AC                 | M45 | 40.22 |
| 53 | Neil Jones       | South Cheshire Harriers    | M40 | 40.26 |
| 54 | Mick Haire       | Boalloy RC                 | M45 | 40.34 |
| 55 | Tom Hobbins      | Stafford Harriers          | SM  | 40.36 |
| 56 | Russ Gibbons     | South Cheshire Harriers    | JM  | 40.40 |
| 57 | John Garmson     | Telford AC                 | M45 | 40.40 |
| 58 | Dave Hollyoak    | Stafford Triathlon Club    | M45 | 40.45 |
| 59 | Bryan Lomas      | Congleton Harriers         | M40 | 40.47 |
| 60 | Tom Hendricken   | City of Stoke AC           | JM  | 41.11 |
| 61 | Andy Mayers      | South Cheshire Harriers    | M40 | 41.16 |
| 62 | Mark Griffiths   | Telford Harriers           | M40 | 41.18 |
| 63 | Dean Blyth       | Telford Harriers           | SM  | 41.23 |
| 64 | Lee Riley        | South Cheshire Harriers    | SM  | 41.25 |
| 65 | Pete Newham      | Congleton Harriers         | M40 | 41.27 |
| 66 | James Pearce     | Congleton Harriers         | M40 | 41.31 |
| 67 | Dean Windsor     | Mow Cop Runners            | SM  | 41.43 |
| 68 | Amin Naeini      | City of Stoke AC           | SM  | 41.45 |
| 69 | Garry Palmer     | Stafford Harriers          | M40 | 41.51 |
| 70 | Chris Moss       | Congleton Harriers         | M40 | 41.52 |
| 71 | Paul Gibbings    | Trentham RC                | M45 | 41.54 |
| 72 | Mark Davies      | West Cheshire AC           | SM  | 42.04 |
| 73 | Sam Newton       | Trentham RC                | SM  | 42.08 |
| 74 | Paul Clinton     | Trentham RC                | M40 | 42.08 |
| 75 | Rob Hall         | Uttoxeter RR               | SM  | 42.08 |
| 76 | Sean Dyer        | South Cheshire Harriers    | JM  | 42.17 |
| 77 | Richard Sinclair | Boalloy RC                 | SM  | 42.22 |
| 78 | Russell Godwin   | Colwyn Bay AC              | M40 | 42.24 |
| 79 | John Carter      | Vale Royal AC              | M50 | 42.24 |
| 80 | Scott Bamber     | Vale Royal AC              | M40 | 42.28 |

|     |                     |                            |     |       |
|-----|---------------------|----------------------------|-----|-------|
| 81  | John Whilock        | Staffordshire Moorlands AC | M40 | 42.29 |
| 82  | Sean Lindop         | Newcastle AC               | SM  | 42.32 |
| 83  | Dave Rose           | Stourbridge RC             | M50 | 42.33 |
| 84  | Steve Linderidge    | Uttoxeter RR               | M40 | 42.36 |
| 85  | Robert Ibbs         | Newcastle AC               | M40 | 42.40 |
| 86  | Darren Doyle-Howson | Colwyn Bay AC              | SM  | 42.45 |
| 87  | Jim Holland         | Stone MM                   | SM  | 42.47 |
| 88  | John Thompson       | Vale Royal AC              | M45 | 42.51 |
| 89  | Robert Lloyd        | Chase Harriers             | M40 | 42.54 |
| 90  | Andy Roberts        | Congleton Harriers         | M40 | 43.03 |
| 91  | Steve Parsonage     | Uttoxeter RR               | M45 | 43.15 |
| 92  | Mark Cornes         | Mow Cop Runners            | SM  | 43.18 |
| 93  | Toby Miller         | Boalloy RC                 | SM  | 43.19 |
| 94  | Neal Jones          | Colwyn Bay AC              | SM  | 43.20 |
| 95  | John Rowlands       | Mow Cop Runners            | SM  | 43.33 |
| 96  | Michael Smith       | Cannock & Stafford AC      | JM  | 43.37 |
| 97  | Tony Archer         | Vale Royal AC              | M55 | 43.41 |
| 98  | Lee Campbell        | Boalloy RC                 | M50 | 43.42 |
| 99  | Phil Mainwaring     | Trentham RC                | SM  | 43.49 |
| 100 | Pete Swinnerton     | Newcastle AC               | SM  | 43.49 |
| 101 | Dale Colclough      | Trentham RC                | M50 | 44.00 |
| 102 | Dan Peel            | Trentham RC                | SM  | 44.05 |
| 103 | Peter Sadler        | Staffordshire Moorlands AC | M40 | 44.10 |
| 104 | Richard Lowndes     | Stafford Triathlon Club    | M40 | 44.16 |
| 105 | Anthony Derbyshire  | Boalloy RC                 | M40 | 44.23 |
| 106 | Paul Bosson         | Stafford Harriers          | M50 | 44.26 |
| 107 | Paul Hill           | Telford Harriers           | M40 | 44.49 |
| 108 | John Moules         | Vale Royal AC              | M45 | 44.49 |
| 109 | Dave Haines         | Vale Royal AC              | M40 | 44.53 |
| 110 | Martin Bailey       | Newcastle AC               | SM  | 45.05 |
| 111 | Graham Young        | Stafford Harriers          | M50 | 45.06 |
| 112 | Kevin Hendricken    | City of Stoke AC           | M50 | 45.07 |
| 113 | Steven Macha        | Boalloy RC                 | M45 | 45.11 |
| 114 | Chris Owen          | Stafford Harriers          | SM  | 45.16 |
| 115 | Andy Boardman       | Stourbridge RC             | M40 | 45.23 |
| 116 | Dave Dobberson      | Crewe & Nantwich AC        | M45 | 45.29 |
| 117 | John Cooke          | Stone MM                   | M55 | 45.37 |
| 118 | Pete Maher          | Vale Royal AC              | M55 | 45.40 |
| 119 | Daryl Ward          | Cheadle RC                 | SM  | 45.48 |
| 120 | Graham Fletcher     | Newcastle AC               | M50 | 45.51 |
| 121 | Chris Wade          | Boalloy RC                 | SM  | 45.53 |
| 122 | Neil Corby          | Cheadle RC                 | M45 | 45.59 |
| 123 | Richard Bailey      | Telford Harriers           | M45 | 46.04 |
| 124 | Mick Beardmore      | Cheadle RC                 | M60 | 46.12 |
| 125 | Dave Robinson-Smith | Cheadle RC                 | M40 | 46.12 |
| 126 | Andrew Sedgeley     | Telford Harriers           | M45 | 46.18 |
| 127 | Bill Boynton        | Congleton Harriers         | M65 | 46.28 |
| 128 | Ryan Downes         | Stafford Triathlon Club    | SM  | 46.30 |
| 129 | John Clarke         | Vale Royal AC              | M55 | 46.32 |
| 130 | Carl Williams       | Boalloy RC                 | M45 | 46.38 |
| 131 | Gary Payne          | Trentham RC                | SM  | 46.41 |
| 132 | Alex McCormick      | Congleton Harriers         | M45 | 46.48 |
| 133 | Neil Gerrity        | Newcastle AC               | SM  | 46.56 |
| 134 | Dave Sheppard       | Stourbridge RC             | M50 | 46.57 |
| 135 | Martin Tolley       | Stafford Triathlon Club    | M50 | 46.59 |

|     |                     |                         |     |       |
|-----|---------------------|-------------------------|-----|-------|
| 136 | Anthony Pinson      | Telford Harriers        | SM  | 47.08 |
| 137 | Andy Jones          | Crewe & Nantwich AC     | M45 | 47.10 |
| 138 | Kevin Uzzell        | Stone MM                | M60 | 47.12 |
| 139 | Bob Duncalf         | Blythe Bridge RC        | M50 | 47.24 |
| 140 | Paul Douglas        | Stafford Harriers       | M55 | 47.26 |
| 141 | Tom Exton           | Stafford Harriers       | JM  | 47.28 |
| 142 | Carl Astley         | Cheadle RC              | M40 | 47.31 |
| 143 | Ian Hassal          | Blythe Bridge RC        | M55 | 47.32 |
| 144 | Mark Purcell        | Buxton & District RC    | SM  | 47.44 |
| 145 | Harry Porter        | Mow Cop Runners         | SM  | 47.47 |
| 146 | Jonathan Howell     | Stone MM                | M55 | 47.52 |
| 147 | Andy Barlow         | Boalloy RC              | M40 | 47.56 |
| 148 | Craig Wikkens       | Telford Harriers        | M40 | 47.57 |
| 149 | Stephen Burrowes    | Trentham RC             | M45 | 47.59 |
| 150 | Phil Heathcote      | Cheadle RC              | M40 | 48.04 |
| 151 | Dave Tyson          | Blythe Bridge RC        | SM  | 48.09 |
| 152 | Edward Chatwin      | South Cheshire Harriers | M40 | 48.14 |
| 153 | Gary Jones          | Michelin AC             | M45 | 48.16 |
| 154 | Steve Turner        | Stafford Harriers       | M45 | 48.22 |
| 155 | Peter Bailey        | Buxton & District RC    | M50 | 48.26 |
| 156 | Andrew Addis        | Mow Cop Runners         | M55 | 48.28 |
| 157 | Guy Martin          | Trentham RC             | SM  | 48.30 |
| 158 | Paul Evans          | Wrexham AAC             | M40 | 48.31 |
| 159 | Mark Bentley        | Stafford Harriers       | M45 | 48.34 |
| 160 | Geoff Pettengell    | Mow Cop Runners         | M50 | 48.42 |
| 161 | Rob Lee             | City of Stoke AC        | SM  | 48.47 |
| 162 | Adrian Reeves-Jones | Cheadle RC              | M40 | 48.47 |
| 163 | Steve Cooper        | Stafford Harriers       | M40 | 48.48 |
| 164 | Christian Spencer   | Newcastle AC            | SM  | 48.49 |
| 165 | Jamie Graham        | Cannock & Stafford AC   | JM  | 48.50 |
| 166 | Alan Webster        | Macclesfield Harriers   | M50 | 49.00 |
| 167 | Mark Churton        | Stone MM                | M40 | 49.10 |
| 168 | Greg Julian         | Trentham RC             | M50 | 49.14 |
| 169 | Rob Huntbach        | Crewe & Nantwich AC     | M45 | 49.24 |
| 170 | Mike Rikkus         | Telford Harriers        | M50 | 49.26 |
| 171 | Dave Hough          | West Cheshire AC        | M60 | 49.27 |
| 172 | David Nickolls      | Stafford Triathlon Club | SM  | 49.28 |
| 173 | Dave Marsden        | Stafford Harriers       | M55 | 49.29 |
| 174 | Brian Mackey        | Uttoxeter RR            | M65 | 49.34 |
| 175 | Mike Whitmore       | Newcastle AC            | M70 | 49.37 |
| 176 | Andrew Noble        | Chase Harriers          | M40 | 49.47 |
| 177 | Phil Cliffe         | South Cheshire Harriers | M45 | 49.50 |
| 178 | Arthur Egan         | Wrexham AAC             | M65 | 49.55 |
| 179 | Nick Mellor         | Newcastle AC            | SM  | 50.12 |
| 180 | Eddie Smith         | Stafford Harriers       | M55 | 50.22 |
| 181 | Darren Fincham      | Telford AC              | M50 | 50.24 |
| 182 | Harry Stubbs        | Congleton Harriers      | M60 | 50.39 |
| 183 | Russ Cooper         | Mow Cop Runners         | M55 | 50.43 |
| 184 | Keith Sherrit       | Stafford Triathlon Club | M40 | 50.45 |
| 185 | Mark Maloney        | Michelin AC             | SM  | 50.50 |
| 186 | Mark Wheelton       | Macclesfield Harriers   | M50 | 50.53 |
| 187 | Ian Mulligan        | Colwyn Bay AC           | M40 | 51.03 |
| 188 | Andrew Thompson     | Chase Harriers          | M40 | 51.12 |
| 189 | Ian Hodkinson       | Stafford Harriers       | M40 | 51.49 |
| 190 | Ralph Wedlock       | Stafford Harriers       | M50 | 51.51 |

|                      |                       |     |       |
|----------------------|-----------------------|-----|-------|
| 191 Darren Mattocks  | Stafford Harriers     | SM  | 51.51 |
| 192 Richard Benson   | Congleton Harriers    | M55 | 52.16 |
| 193 K Morris         | Telford AC            | M40 | 52.22 |
| 194 Mark Oliver      | Stafford Harriers     | M40 | 52.24 |
| 195 Tim Miller       | Boalloy RC            | M55 | 52.26 |
| 196 Dave Taylor      | Congleton Harriers    | M60 | 53.04 |
| 197 Harold Pinkney   | Congleton Harriers    | M55 | 53.18 |
| 198 Kenny Johnson    | Michelin AC           | M50 | 53.24 |
| 199 Alan Derry       | Stafford Harriers     | M45 | 53.47 |
| 200 Richard Pettit   | Vale Royal AC         | M50 | 54.07 |
| 201 John Greatholder | Stafford Harriers     | M60 | 54.26 |
| 202 Colin Bourne     | Michelin AC           | SM  | 54.31 |
| 203 Phil Hutson      | Buxton & District RC  | M60 | 54.35 |
| 204 Carl Rushton     | Cheadle RC            | M40 | 54.36 |
| 205 Gerry Calvert    | Trentham RC           | M70 | 54.36 |
| 206 Nigel Symms      | Newcastle AC          | M45 | 54.39 |
| 207 David Shoesmith  | Macclesfield Harriers | M55 | 54.43 |
| 208 Andy Osgathorpe  | Stone MM              | M60 | 54.47 |
| 209 Tony Bridgwood   | Michelin AC           | M65 | 54.54 |
| 210 Darren Taylor    | Chase Harriers        | M45 | 54.59 |
| 211 Colin Pheasant   | Chase Harriers        | M55 | 55.18 |
| 212 Nigel Gardner    | City of Stoke AC      | M50 | 55.21 |
| 213 Paul Hudson      | Vale Royal AC         | M55 | 55.54 |
| 214 Roger Smith      | Blythe Bridge RC      | M55 | 56.04 |
| 215 Nigel Addison    | Stafford Harriers     | M45 | 56.21 |
| 216 John Strange     | Telford Harriers      | M60 | 56.57 |
| 217 Mick Collins     | Blythe Bridge RC      | M40 | 57.11 |
| 218 Bryan Dale       | Stafford Harriers     | M65 | 57.44 |
| 219 Mike Edwards     | Wrexham AAC           | M65 | 58.17 |
| 220 Ian Francis      | Buxton & District RC  | M40 | 58.27 |
| 221 Malcolm Rushton  | Trentham RC           | M60 | 58.46 |
| 222 Jim Bradley      | Buxton & District RC  | M65 | 59.17 |
| 223 Michael Jones    | Stafford Harriers     | M65 | 59.57 |
| 224 Bill Whitworth   | Stafford Harriers     | M70 | 60.14 |
| 225 Noel Sanders     | Stourbridge RC        | M50 | 68.03 |
| 226 Neil Edwards     | Wrexham AAC           | SM  | 72.35 |

Div 1

|                              |            |
|------------------------------|------------|
| 1 Staffordshire Moorlands AC | 62         |
| 2 City of Stoke AC           | 75         |
| 3 South Cheshire Harriers    | 238        |
| 4 Newcastle AC               | 278        |
| 5 Vale Royal AC              | 284        |
| 6 Congleton Harriers         | 366        |
| 7 Boalloy RC                 | 372        |
| 8 Trentham RC                | 391        |
| 9 Telford Harriers           | 442        |
| Cannock and Stafford AC      | Incomplete |

Div 2

|                           |     |
|---------------------------|-----|
| 1 West Cheshire AC        | 127 |
| 2 Uttoxeter RR            | 247 |
| 3 Stafford Triathlon Club | 337 |
| 4 Stafford Harriers       | 341 |
| 5 Wrexham AAC             | 382 |

|                           |            |
|---------------------------|------------|
| 6 Mow Cop Runners         | 399        |
| 7 Colwyn Bay AC           | 445        |
| 8 Telford AC              | 483        |
| 9 Stone MM                | 488        |
| 10 Cheadle RC             | 490        |
| 11 Chase Harriers         | 503        |
| 12 Stourbridge RC         | 557        |
| 13 Blythe Bridge RC       | 647        |
| 14 Buxton and District AC | 722        |
| 15 Michelin AC            | 738        |
| Crewe and Nantwich AC     | Incomplete |
| Macclesfield Harriers     | Incomplete |