

Total Scores

Position	Team	Points
1	Birchfield	404
2	Bristol & West/Yate	366.5
3	Notts AC	330
4	Cannock & Stafford AC	319.5
5	Rugby & Northampton	294.5
5	Tamworth AC 'A'	294.5
7	0	0
7	0	0

Mens Scores

Position	Team	Points
1	Birchfield	197
2	Bristol & West/Yate	174.5
3	Tamworth AC 'A'	170.5
4	Notts AC	154
5	Cannock & Stafford AC	145
6	Rugby & Northampton	143
0	0	0
0	0	0

Womens Scores

Position	Team	Points
1	Birchfield	192
2	Bristol & West/Yate	177
3	Notts AC	161
4	Cannock & Stafford AC	159.5
5	Rugby & Northampton	136.5
6	Tamworth AC 'A'	109
0	0	0
0	0	0

Officials Points

Team Name	Points
Birchfield	15
Bristol & West/Yate	15
Notts AC	15
Cannock & Stafford AC	15
Rugby & Northampton	15
Tamworth AC 'A'	15
0	
0	

Match Position after 37 Events

Men 100m (A string)**Wind Speed = 1 m/s**

Posn	Name	Club	Perf	Pts
1	Jack Lawrence	Birchfield	10.87	9
2	Adel Sesay	Rugby & Northampt	11.32	7
3	Daniel Brooks	Bristol & West/Yate	11.37	6
4	Myles Richardson	Tamworth AC 'A'	11.65	5
5	Timi Rotimi-Toviho	Notts AC	11.92	4
6	Mark Hawkins	Cannock & Stafford	12.23	3

Men 100m (B string)**Wind Speed = 1.8 m/s**

Posn	Name	Club	Perf	Pts
1	Kaie Chambers-Brown	Birchfield	10.96	7
2	Kane Densley	Tamworth AC 'A'	11.25	5
3	Dan George	Rugby & Northampt	11.43	4
4	Robert Philips	Bristol & West/Yate	11.56	3
5	Ethan Warner	Notts AC	11.94	2
6	Isaac Lewis	Cannock & Stafford	12.03	1

Men 200m (A string)**Wind Speed = 2 m/s**

Posn	Name	Club	Perf	Pts
1	Kyle Ennis	Rugby & Northampt	21.52	9
2	Peter Shand	Birchfield	21.92	7
3	Elijah Skervin	Notts AC	22.38	6
4	Ben Wells	Bristol & West/Yate	22.94	5
5	Myles Richardson	Tamworth AC 'A'	23.88	4
6	Mark Hawkins	Cannock & Stafford	24.65	3

Men 200m (B string)**Wind Speed = -0.5 m/s**

Posn	Name	Club	Perf	Pts
1	Fabian Batchelor	Birchfield	22.66	7
2	Daniel Brooks	Bristol & West/Yate	22.79	5
3	Kane Densley	Tamworth AC 'A'	22.97	4
4	Alfie Orpwood-Colton	Notts AC	23.65	3
5	David Underwood	Cannock & Stafford	24.78	2

Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Nik Kanonik	Birchfield	48.64	9
2	Josh Snook	Bristol & West/Yate	49.86	7
3	Ross Allen	Rugby & Northampt	50.66	6
4	Josh Richards	Cannock & Stafford	53.61	5
5	Charlie Price	Notts AC	53.96	4
6	Thomas Randolph	Tamworth AC 'A'	53.96	3

Men 400m (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Elliot Dunn	Birchfield	50.18	7
2	Kane Lee	Bristol & West/Yate	51.90	5
3	Owen Sherriff	Tamworth AC 'A'	53.82	4
4	Alex Irvine	Notts AC	54.45	3
5	Ewan Roberts	Rugby & Northampt	54.70	2
6	Jack Longmore	Cannock & Stafford	57.01	1

Men 110m H (A string)**Wind Speed = 0.1 m/s**

Posn	Name	Club	Perf	<i>Pts</i>
1	Maranga Mokaya	Notts AC	14.90	9
2	Onajite Okoro	Birchfield	15.11	7
3	Kane Densley	Tamworth AC 'A'	16.51	6
4	Tom Skinner	Bristol & West/Yate	17.77	5
5	Charles Barker	Rugby & Northampt	20.50	4
6	James Russell	Cannock & Stafford	23.83	3

Men 110m H (B string)**Wind Speed = 0.5 m/s**

Posn	Name	Club	Perf	<i>Pts</i>
1	Adam Young	Tamworth AC 'A'	19.71	7
2	Andrew Reeves	Rugby & Northampt	20.18	5
3	David Underwood	Cannock & Stafford	21.15	4

Men 400m H (A string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Maranga Mokaya	Notts AC	55.35	9
2	Kane Densley	Tamworth AC 'A'	56.06	7
3	Charles Barker	Rugby & Northampt	62.09	6
4	David Underwood	Cannock & Stafford	65.24	5
5	Peter Bains	Bristol & West/Yate	87.21	4

Men 400m H (B string)

Posn	Name	Club	Perf	<i>Pts</i>
1	Owen Sherriff	Tamworth AC 'A'	61.71	7
2	Alex Byers	Rugby & Northampt	64.41	5
3	James Russell	Cannock & Stafford	65.69	4
4	Ivan Usenko	Bristol & West/Yate	68.14	3

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Yayhe Dirir	Birchfield	1:56.71	9
2	Josh Ward	Cannock & Stafford	1:56.91	7
3	Sam Richardson	Notts AC	1:59.69	6
4	Otis Mondir	Bristol & West/Yate	2:00.90	5
5	Thomas Randolph	Tamworth AC 'A'	2:02.91	4
6	Joe Musgrove	Rugby & Northampt	2:07.29	3

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Harrison Hardy-Smith	Cannock & Stafford	2:00.02	7
2	Adnan Haq	Rugby & Northampt	2:00.51	5
3	Alastair Madondo	Birchfield	2:03.21	4
4	Jake Dyer	Notts AC	2:05.35	3
5	Steven Beardwell	Bristol & West/Yate	2:08.90	2
6	Max Kent	Tamworth AC 'A'	2:17.18	1

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Abdifataah Hasan	Bristol & West/Yate	4:06.50	9
2	Stephen Parkes	Tamworth AC 'A'	4:07.46	7
3	Robert Smith	Notts AC	4:09.60	6
4	Bill Chesters	Cannock & Stafford	4:16.80	5
5	Ben Prince	Birchfield	4:26.89	4
6	Joe Childs	Rugby & Northampt	4:35.18	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Adam Wilson	Bristol & West/Yate	4:12.74	7
2	Bikram Singh	Tamworth AC 'A'	4:13.46	5
3	Matthew Moir	Notts AC	4:15.92	4
4	Conall Green	Birchfield	4:26.97	3
5	Paul Birch	Rugby & Northampt	4:46.69	2
6	Greg Beech	Cannock & Stafford	4:49.58	1

Men 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Chistopher Perrin	Cannock & Stafford	9:00.05	9
2	Rob Keal	Notts AC	9:07.10	7
3	Scott Hudspith	Tamworth AC 'A'	9:13.26	6
4	Mark Hill	Rugby & Northampt	9:13.87	5
5	Orlando Corea	Birchfield	9:14.26	4
6	Maciej Bialogonski	Bristol & West/Yate	9:20.53	3

Men 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Reis Brooke	Birchfield	9:17.53	7
2	Robert Stewart	Bristol & West/Yate	9:21.56	5
3	James Dickinson	Notts AC	9:23.53	4
4	Samuel Bagley	Cannock & Stafford	9:39.34	3
5	Richard Latimer	Rugby & Northampt	9:41.23	2
6	Ben Evans	Tamworth AC 'A'	9:58.23	1

Men 3000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Ed Banks	Birchfield	9:46.09	9
2	Ryan Ashforth	Cannock & Stafford	10:56.94	7
3	Robert Stewart	Bristol & West/Yate	11:01.88	6
4	Howard Bush	Tamworth AC 'A'	12:09.89	5

Men 3000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	James Russell	Cannock & Stafford	11:02.22	7
2	Peter Bains	Bristol & West/Yate	11:41.07	5
3	Dave Williams	Tamworth AC 'A'	12:28.09	4

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jordan Kelly	Birchfield	6.66	9
2	Brendon Foster	Notts AC	6.27	7
3	Christian Pestell	Bristol & West/Yate	6.04	6
4	Isaac Lewis	Cannock & Stafford	5.99	5
5	James Woolley	Tamworth AC 'A'	5.90	4
6	Alex Byers	Rugby & Northampt	5.01	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Myles Durrant-Sutherland	Birchfield	6.54	7
2	Alasdair Rigby	Cannock & Stafford	5.81	5
3	Donovan Davenport	Notts AC	5.57	4
4	Myles Richardson	Tamworth AC 'A'	5.32	3
5	Matthew Muggeridge	Bristol & West/Yate	5.32	2
6	Charles Barker	Rugby & Northampt	4.67	1

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Fraser Kesteven	Notts AC	13.08	9
2	Jordan Kelly	Birchfield	12.38	7
3	Matthew Muggeridge	Bristol & West/Yate	11.67	6
4	Alex Byers	Rugby & Northampt	11.58	5
5	Adam Young	Tamworth AC 'A'	10.98	4
6	David Underwood	Cannock & Stafford	9.54	3

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Sean Mhende	Birchfield	12.11	7
2	Brendon Foster	Notts AC	11.23	5
3	Kane Densley	Tamworth AC 'A'	10.96	4
4	Charles Barker	Rugby & Northampt	10.63	3
5	Sam Chivers	Bristol & West/Yate	10.28	2

Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Fitzhenry	Cannock & Stafford	1.95	9
2	Adam Lubin	Birchfield	1.95	7
3	Jack Moore	Bristol & West/Yate	1.95	6
4	Doug Stark	Tamworth AC 'A'	1.75	5
5	Harry Whyley	Notts AC	1.70	4
6	Charles Barker	Rugby & Northampt	1.70	3

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Adam Brooks	Bristol & West/Yate	1.95	7
2	Stephan Baker	Birchfield	1.75	5
3	Adam Young	Tamworth AC 'A'	1.70	4
4	Alasdair Rigby	Cannock & Stafford	1.65	3
5	Andrew Reeves	Rugby & Northampt	1.60	2
6	Donovan Davenport	Notts AC	1.60	1

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Jacob Clarke	Notts AC	3.70	9
2=	Adam Young	Tamworth AC 'A'	2.70	6.5
2=	Jonny Shine	Bristol & West/Yate	2.70	6.5
4	Lee Woodward	Rugby & Northampt	2.40	5
5	Jak Carpenter	Cannock & Stafford	2.20	4

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Adam Lyons	Notts AC	3.40	7
2	Gavin Showell	Tamworth AC 'A'	2.50	5
3	Kevin Murch	Rugby & Northampt	2.30	4
4	Benjamin Latham	Bristol & West/Yate	2.30	3

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Ed Dunford	Birchfield	13.68	9
2	Doug Stark	Tamworth AC 'A'	13.22	7
3	Jak Carpenter	Cannock & Stafford	12.40	6
4	Josh Arimoro	Rugby & Northampt	11.15	5
5	Emeka Llione	Notts AC	10.71	4
6	Tom Skinner	Bristol & West/Yate	9.75	3

Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Alex Berrow	Tamworth AC 'A'	11.35	7
2	Brandon Wright	Notts AC	10.58	5
3	Kevin Murch	Rugby & Northampt	9.10	4
4	Onajite Okoro	Birchfield	8.56	3
5	Matthew Spicer	Bristol & West/Yate	7.76	2
6	Martin Roberts	Cannock & Stafford	7.46	1

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Ed Dunford	Birchfield	38.05	9
2	Andrew Thomas	Bristol & West/Yate	33.57	7
3	Jak Carpenter	Cannock & Stafford	29.70	6
4	Alex Berrow	Tamworth AC 'A'	26.15	5
5	Emeka Llione	Notts AC	23.17	4
6	John Gercs	Rugby & Northampt	16.27	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Tom Skinner	Bristol & West/Yate	28.88	7
2	Martin Roberts	Cannock & Stafford	21.08	5
3	Gavin Showell	Tamworth AC 'A'	20.40	4
4	Adam Rubery	Notts AC	20.22	3
5	David Rock	Birchfield	18.61	2
6	Jack Carey	Rugby & Northampt	12.74	1

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Chris Shorthouse	Birchfield	67.03	9
2	Craig Murch	Rugby & Northampt	66.42	7
3	Alex Berrow	Tamworth AC 'A'	49.78	6
4	Matthew Spicer	Bristol & West/Yate	39.68	5
5	Martin Roberts	Cannock & Stafford	37.98	4
6	Brandon Wright	Notts AC	31.88	3

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Paddy Price	Rugby & Northampt	50.64	7
2	Beau Morris	Birchfield	44.45	5
3	Tyler Molton	Bristol & West/Yate	35.77	4
4	Callum Houseman	Cannock & Stafford	32.18	3
5	Adam Rubery	Notts AC	20.00	2
6	Doug Stark	Tamworth AC 'A'	17.97	1

Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Emmish Prosper	Birchfield	56.98	9
2	Kevin Murch	Rugby & Northampt	47.69	7
3	Jak Carpenter	Cannock & Stafford	39.39	6
4	Greg Richards	Tamworth AC 'A'	38.21	5
5	Tom Skinner	Bristol & West/Yate	36.25	4
6	Adam Rubery	Notts AC	35.60	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Billy Morris	Birchfield	41.47	7
2	Matthew Muggeridge	Bristol & West/Yate	34.98	5
3	Alex Berrow	Tamworth AC 'A'	31.10	4
4	Jordan Wright	Notts AC	30.11	3
5	Jack Carey	Rugby & Northampt	27.94	2
6	James Russell	Cannock & Stafford	24.35	1

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Rugby & Northampt	43.69	9
2		Bristol & West/Yate	45.03	7
3		Tamworth AC 'A'	45.89	6
4		Notts AC	46.14	5
5		Cannock & Stafford	49.60	4

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Birchfield	3:30.78	9
2		Bristol & West/Yate	3:31.35	7
3		Notts AC	3:37.62	6
4		Tamworth AC 'A'	3:38.62	5
5		Rugby & Northampt	3:39.26	4
6		Cannock & Stafford	3:48.07	3

Women 100m (A string)**Wind Speed = 0 m/s**

Posn	Name	Club	Perf	Pts
1	Cassie-Ann Pemberton	Birchfield	12.39	9
2	Bethan Wakefield	Bristol & West/Yate	12.52	7
3	Sharhnee Skervin	Notts AC	12.87	6
4	Amy Pye	Cannock & Stafford	12.91	5
5	Lucy Wheeler	Tamworth AC 'A'	13.00	4
6	Anna Robinson	Rugby & Northampt	13.74	3

Women 100m (B string)**Wind Speed = 0.5 m/s**

Posn	Name	Club	Perf	Pts
1	Dionne Samuels	Birchfield	12.59	7
2	Chloe Lindop	Cannock & Stafford	13.01	5
3	Alice Mellor	Tamworth AC 'A'	13.04	4
4	Madison Wells	Rugby & Northampt	13.77	3
5	Tara Piggott	Notts AC	13.97	2

Women 200m (A string)**Wind Speed = 0.1 m/s**

Posn	Name	Club	Perf	Pts
1	Tia Jackson	Bristol & West/Yate	25.16	9
2	Nardhia Kidd-Walker	Birchfield	25.21	7
3	Emily Belton	Cannock & Stafford	26.15	6
4	Isabelle Neville	Tamworth AC 'A'	26.44	5
5	Lauren Tyrell	Notts AC	26.58	4
6	Lucy Laight	Rugby & Northampt	26.73	3

Women 200m (B string)**Wind Speed = 0 m/s**

Posn	Name	Club	Perf	Pts
1	Cassie-Ann Pemberton	Birchfield	25.85	7
2	Jessica Frazer	Bristol & West/Yate	26.40	5
3	Chloe Lindop	Cannock & Stafford	26.49	4
4	Laura Langowski	Tamworth AC 'A'	26.75	3
5	Alice Grocott	Rugby & Northampt	28.42	2
6	Tara Piggott	Notts AC	28.87	1

Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Megan Davies	Cannock & Stafford	55.96	9
2	Mia Spence	Notts AC	56.47	7
3	Natasha Segal	Birchfield	57.47	6
4	Laura Langowski	Tamworth AC 'A'	59.39	5
5	Georgia Taylor	Bristol & West/Yate	61.17	4
6	Georgina Woodward	Rugby & Northampt	67.79	3

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Natalie Ainge	Cannock & Stafford	57.89	7
2	Ellie Cooper	Notts AC	60.73	5
3	Katie Robbins	Bristol & West/Yate	61.37	4
4	Vertiy O'Shea	Birchfield	61.46	3
5	Olivia Woodward	Tamworth AC 'A'	63.13	2

Women 100m H (A string)**Wind Speed = 0 m/s**

Posn	Name	Club	Perf	Pts
1	Brittany Wood	Rugby & Northampt	16.27	9
2	Natalie Ainge	Cannock & Stafford	17.19	7
3	Charlotte Sadler	Notts AC	18.06	6
4	Madelaine Hartnoll	Bristol & West/Yate	18.52	5
5	Beth Devonshire	Tamworth AC 'A'	19.70	4

Women 100m H (B string)**Wind Speed = 0.1 m/s**

Posn	Name	Club	Perf	Pts
1	Kerry Murch	Rugby & Northampt	15.87	7
2	Chloe Boulter	Cannock & Stafford	19.70	5
3	Emily Findlater	Tamworth AC 'A'	20.23	4

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Hermione Plumptre	Birchfield	62.68	9
2	Isabelle Neville	Tamworth AC 'A'	63.24	7
3	Natalie Ainge	Cannock & Stafford	63.36	6
4	Charlotte Sadler	Notts AC	69.15	5
5	Madelaine Hartnoll	Bristol & West/Yate	74.79	4
6	Lauren Nash	Rugby & Northampt	76.95	3

Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Chloe Wilde	Cannock & Stafford	66.81	7
2	Louise Robinson	Birchfield	68.77	5
3	Emily Findlater	Tamworth AC 'A'	70.14	4
4	Georgina Woodward	Rugby & Northampt	71.87	3
5	Beth Newton	Notts AC	85.87	2

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Ejoro Okoro	Birchfield	2:12.91	9
2	Katie Lord	Cannock & Stafford	2:21.63	7
3	Eve Clawley	Tamworth AC 'A'	2:21.65	6
4	Ava Remzi	Notts AC	2:24.33	5
5	Sarah Everitt	Bristol & West/Yate	2:30.50	4
6	Minerva Chesser	Rugby & Northampt	3:06.90	3

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Allegra Souter	Cannock & Stafford	2:25.12	7
2	Caitlin McMorro	Birchfield	2:25.26	5
3	Charlotte Bush	Tamworth AC 'A'	2:31.94	4
4	Amelia Gould	Notts AC	2:34.76	3
5	Clare Jolliffe	Bristol & West/Yate	2:38.55	2

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Laura Smith	Notts AC	4:33.17	9
2	Hannah Hobbs	Bristol & West/Yate	4:45.55	7
3	Allegra Soutar	Cannock & Stafford	5:05.71	6
4	Rosanna Andrews	Rugby & Northampt	5:13.37	5
5	Eve Clawley	Tamworth AC 'A'	5:20.00	4
6	Erin Tapley	Birchfield	5:26.48	3

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Sarah Mackness	Notts AC	4:43.07	7
2	Sarah Everitt	Bristol & West/Yate	5:15.76	5
3	Lizzie Watter	Birchfield	5:28.96	4
4	Libby Dunne	Cannock & Stafford	5:35.70	3
5	Tilly Lea	Rugby & Northampt	5:39.96	2
6	Laura Lewis	Tamworth AC 'A'	6:04.81	1

Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Lucy Holt	Notts AC	10:24.01	9
2	Rosanna Andrews	Rugby & Northampt	10:40.05	7
3	Helen Newberry	Bristol & West/Yate	10:44.08	6
4	Sarah Armstrong	Cannock & Stafford	11:04.88	5
5	Debbie Walters	Birchfield	11:12.48	4
6	Charlotte Bush	Tamworth AC 'A'	11:53.80	3

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Sally Gray	Cannock & Stafford	11:05.58	7
2	Clare Jolliffe	Bristol & West/Yate	11:09.68	5
3	Lizzie Watters	Birchfield	11:12.99	4
4	Catherine Charlton	Notts AC	11:28.89	3
5	Minerva Chesser	Rugby & Northampt	13:19.41	2
6	Laura Lewis	Tamworth AC 'A'	13:25.99	1

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Tia Jackson	Bristol & West/Yate	5.76	9
2	Mayah Charles	Notts AC	5.33	7
3	Kerry Murch	Rugby & Northampt	4.90	6
4	Ellie England	Birchfield	4.87	5
5	Chloe Boulter	Cannock & Stafford	4.57	4
6	Charlotte Barnard	Tamworth AC 'A'	3.72	3

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Andrea Jesudason	Bristol & West/Yate	5.25	7
2	Anna Robinson	Rugby & Northampt	4.75	5
3	Cara Trivett	Birchfield	4.64	4
4	Paige Foster	Notts AC	4.34	3
5	Emily Findlater	Tamworth AC 'A'	3.46	2

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Andrea Jesudason	Bristol & West/Yate	11.13	9
2	Jasmin Lovell	Birchfield	11.01	7
3	Rimini Miloro	Notts AC	10.84	6
4	Chloe Boulter	Cannock & Stafford	9.89	5
5	Iola Grant	Rugby & Northampt	9.24	4
6	Charlotte Barnard	Tamworth AC 'A'	8.66	3

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Lemeyah Issac	Birchfield	10.52	7
2	Mayah Charles	Notts AC	9.88	5
3	Georgia Crew	Bristol & West/Yate	9.77	4
4	Rebecca Lawley	Cannock & Stafford	9.27	3
5	Anna Robinson	Rugby & Northampt	8.96	2
6	Isabelle Neville	Tamworth AC 'A'	7.92	1

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Olivia Jones	Birchfield	1.65	9
2	Amelia Hempleman- Adams	Bristol & West/Yate	1.60	7
3	Chloe Boulter	Cannock & Stafford	1.60	6
4	Sophi Hodgson	Notts AC	1.50	5
5	Kerry Murch	Rugby & Northampt	1.45	4
6	Beth Devonshire	Tamworth AC 'A'	1.25	3

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Cara Trivett	Birchfield	1.50	7
2=	Chloe Wilde	Cannock & Stafford	1.40	4.5
2=	Iola Grant	Rugby & Northampt	1.40	4.5

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Silvia Amibilino	Bristol & West/Yate	3.50	9
2	Lizzie Edden	Birchfield	3.50	7
3	Daisy Barnes	Notts AC	3.30	6
4	Amelia Birkett	Rugby & Northampt	2.80	5
5	Cara Brown	Cannock & Stafford	2.40	4
6	Lucy Wheeler	Tamworth AC 'A'	1.70	3

Women Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Elise Gauntlett	Bristol & West/Yate	3.20	7
2	Beth Newton	Notts AC	3.00	5
3	Georgina Woodward	Rugby & Northampt	2.40	4

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Kiarra Francis	Notts AC	10.80	9
2	Nichole Birmingham	Birchfield	10.39	7
3	Kerry Murch	Rugby & Northampt	9.98	6
4	Daisy Gilbert	Bristol & West/Yate	9.64	5
5	Olivia Woodward	Tamworth AC 'A'	8.99	4
6	Chloe Wilde	Cannock & Stafford	5.76	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Alice Grosjean	Bristol & West/Yate	9.62	7
2	Emily Cook	Birchfield	9.57	5
3	Annabelle Palmer	Notts AC	9.41	4
4	Lily Mae Pursey	Rugby & Northampt	8.95	3
5	Lucy Wheeler	Tamworth AC 'A'	7.47	2
6	Cara Brown	Cannock & Stafford	4.97	1

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Alice Grosjean	Bristol & West/Yate	37.67	9
2	Sara Bobash	Birchfield	31.14	7
3	Kerry Murch	Rugby & Northampt	25.58	6
4	Harriett Ahlgren	Notts AC	24.68	5
5	Natalie Ainge	Cannock & Stafford	21.08	4
6	Laura Allen	Tamworth AC 'A'	17.67	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Louise Whitehouse	Birchfield	26.35	7
2	Georgi Jones	Rugby & Northampt	23.52	5
3	Kiarra Francis	Notts AC	21.00	4
4	Bobbie-Louise Gannon	Bristol & West/Yate	19.19	3
5	Sophie Allen	Tamworth AC 'A'	15.10	2
6	Chloe Lindop	Cannock & Stafford	11.62	1

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Annabelle Palmer	Notts AC	55.34	9
2	Sara Bobash	Birchfield	51.65	7
3	Lily Mae Pursey	Rugby & Northampt	35.35	6
4	Daisy Gilbert	Bristol & West/Yate	35.24	5
5	Sophie Allen	Tamworth AC 'A'	27.21	4
6	Rebecca Lawley	Cannock & Stafford	18.49	3

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Candy Locket	Birchfield	43.96	7
2	Harriett Ahlgren	Notts AC	37.61	5
3	Bobbie-Louise Gannon	Bristol & West/Yate	33.62	4
4	Debbie Murch	Rugby & Northampt	27.97	3
5	Laura Allen	Tamworth AC 'A'	25.11	2
6	Chloe Boulter	Cannock & Stafford	12.78	1

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Kerry Murch	Rugby & Northampt	44.73	9
2	Jo Smerdon	Bristol & West/Yate	29.59	7
3	Rebecca Scott	Cannock & Stafford	27.68	6
4	Olivia Woodward	Tamworth AC 'A'	26.11	5
5	Sara Bobash	Birchfield	23.42	4
6	Millie France	Notts AC	20.17	3

Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Maria Townsend	Bristol & West/Yate	24.99	7
2	Jane Akinola	Rugby & Northampt	24.95	5
3	Tia Nicholls	Birchfield	23.12	4
4	Chloe Boulter	Cannock & Stafford	16.67	3
5	Laura Allen	Tamworth AC 'A'	13.27	2
6	Catherine Charlton	Notts AC	7.40	1

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Birchfield	49.02	9
2		Bristol & West/Yate	49.28	7
3		Cannock & Stafford	49.92	6
4		Notts AC	50.24	5
5		Rugby & Northampt	51.31	4
6		Tamworth AC 'A'	51.36	3

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Cannock & Stafford	4:03.21	9
2		Birchfield	4:07.16	7
3		Tamworth AC 'A'	4:08.27	6
4		Notts AC	4:15.61	5
5		Bristol & West/Yate	4:31.37	4

Men's 100 A (Guest Event)**Wind Speed = 0.5 m/s**

Posn	Name	Club	Perf
1	Nick Prentice	Birchfield	11.2
2	Stefan Dupey-White	Birchfield	11.5
3	Andrew Cousins	Birchfield	11.9
4	David Ammasham	Notts	12.2
5	Rhys Coles	Birchfield	12.4

Men's 100 B (Guest Event)**Wind Speed = 0.2 m/s**

Posn	Name	Club	Perf
1	Fabian Bachelor	Birchfield	11.26
2	Franklin Fenning	R&N	11.54
3	Christian Pestell	B&W	12.32
4	Dan James	Tamworth	12.62
5	Christopher Morris	C&S	12.63

Women's 100 (Guest Event)**Wind Speed = 0.8 m/s**

Posn	Name	Club	Perf
1	Natasha Segal	Birchfield	12.43
2	Emily Belton	C&S	12.80
3	Alexandra Bryant	B&W	13.08

Men's 200 A (Guest Event)**Wind Speed = 0.2 m/s**

Posn	Name	Club	Perf
1	Freddie Owsley	B&W	22.10
2	Zac Stapleton	R&N	23.16
3	Robert Phillips	B&W	23.44
4	Ethan Warner	Notts	24.62
5	Matthew Muggeridge	B&W	24.73
6	Rhys Coles	Birchfield	25.07
7	Dan James	Tamworth	25.28
8	Christopher Morris	C&S	25.56

Women's 200 (Guest Event)**Wind Speed = 0.1 m/s**

Posn	Name	Club	Perf
1	Amy Pye	C&S	26.47
2	Mayah Charles	Notts	26.62
3	Charlotte Barnard	Tamworth	29.02

Men's 400 (Guest Event)

Posn	Name	Club	Perf
1	Christian Byron	Birchfield	47.55
2	Jack Carey	R&N	56.37
3	Emilian Bowry	Notts	56.69

Women's 400 (Guest Event)

Posn	Name	Club	Perf
1	Georgia Lees	Birchfield	1:03.92

Men's 800 (Guest Event)

Posn	Name	Club	Perf
1	Michael Gayle	Birchfield	2:06.25
2	Joe Connors	B&W	2:07.94
3	Peter Mountain	B&W	2:28.75

Men's 1500 (Guest Event)

Posn	Name	Club	Perf
1	Robert Smith	Notts	4:10.40
2	Matthew Barnes	Notts	4:20.63
3	Otis Mondir	B&W	4:22.06

Men's 3000 (Guest Event)

Posn	Name	Club	Perf
1	Howard Bush	Tamworth	10:26.74

Women's 3000 (Guest Event)

Posn	Name	Club	Perf
1	Giorgia Chattwood	C&S	11:11.33
2	Emma Jolliffe	B&W	11:46.85

Women's Triple Jump (Guest Event)

Posn	Name	Club	Perf
1	Lucy Durham	B&W	9.86

Women's Hammer (Guest Event)

Posn	Name	Club	Perf
1	Emily Cook	Birchfield	39.76
2	Hannah Walker	Birchfield	27.79

Women's Shot (Guest Event)

Posn	Name	Club	Perf
1	Bobbie-Louise Gannon	B&W	9.03

Women's Javelin (Guest Event)

Posn	Name	Club	Perf
1	Bobbie-Louise Gannon	B&W	19.11

Women's Discus (Guest Event)

Posn	Name	Club	Perf
1	Lily Mae Pursey	R&N	25.48

Men's Javelin (Guest Event)

Posn	Name	Club	Perf
1	Ryan Ashforth	C&S	28.11

Men's Hammer (Guest Event)

Posn	Name	Club	Perf
1	Eugene Lawlor	B&W	36.94
2	Kevin Murch	R&N	32.15
3	David Rock	Birchfield	20.60

Men's Shot (Guest Event)

Posn	Name	Club	Perf
1	David Rock	Birchfield	6.98

Men's Long Jump (Guest Event)

Posn	Name	Club	Perf
1	Trevor Alexanderson	Birchfield	6.70
2	Morgan Trersure	Birchfield	5.98
3	Rhys Coles	Birchfield	5.11
4	Jonny Shine	B&W	5.05

Men's High Jump (Guest Event)

Posn	Name	Club	Perf
1	Chris Hewlett	Birchfield	1.70
2	Christian Pestell	B&W	1.65

Men's Triple Jump (Guest Event)

Posn	Name	Club	Perf
1	Jonny Shine	B&W	10.77