

## Midland T&F League Div 2

Telford Athletics Stadium, Telford , Sunday 17th July 2022

	Abing	BRAT	C&S	Stoke	Cov G	Telf		
Mens Points	109	180	144	118	135	189		
Womens Points	44	166	173	124	159	127		
Officials	15	10	15	10	-10	15		
<b>Grand Total</b>	<b>168</b>	<b>356</b>	<b>332</b>	<b>252</b>	<b>284</b>	<b>331</b>		

Position	Men	Points
1	Telf	189
2	BRAT	180
3	C&S	144
4	Cov G	135
5	Stoke	118
6	Abing	109

Position	Women	Points
1	C&S	173
2	BRAT	166
3	Cov G	159
4	Telf	127
5	Stoke	124
6	Abing	44

Match Poition		
Position	Team	Points
1	Birmingham Running & Tri Club	356
2	Cannock & Stafford AC	332
3	Telford AC	331
4	Coventry Godiva Harriers	284
5	City of Stoke AC	252
6	Abingdon AC	168

### OVERALL LEAGUE POSITION

Position	Club	Match Pts	League Pts	Match Pts B/Fwd	Laque Pts B/Fwd	Total M Pts	Total League Pts
1	Birmingham Running & Tri	356	6	723	10	1079	16
2	Coventry Godiva Harriers	284	3	748	11	1032	14
3	Cannock & Stafford AC	332	5	672	9	1004	14
4	City of Stoke AC	252	2	383	6	635	8
5	Telford AC	331	4	316	3	647	7
6	Abingdon AC	168	1	227	3	395	4

**NOTE:-** Match positions will be determined by the total number of League Points and if equal, by the total number of match points  
If a tie remains, the number of A string winners will determine the positions, then B string winners, then 2nd places etc.

**Notes:- BRAT & Stoke -5pts (They were awarded for the Steeplechase but times are void due to athletes missed**

Officials Points						
	Timekeeper	Track	Field	Penalties	Other Adjustments	Total Officials
Abing	5	5	5			15
BRAT	5	5	5		-5	10
C&S	5	5	5			15
Stoke	5	5	5		-5	10
Cov G	5		5	-20		-10
Telf	5	5	5			15

**Midland T&F League Div 2**  
**Telford Athletics Stadium, Telford , Sunday 17th July 2022**

Senior Men	Abing		BRAT		C&S		Stoke		Cov G		Telf		A	B	A	B
	A	B	A	B	A	B	A	B	A	B	A	B				
<a href="#">100m</a>	3	2	7	5	6	3	5		4	4	9	7				
<a href="#">200m</a>	3		6	4	9	5	7		4	3	5	7				
<a href="#">400m</a>	4	3	5	4	9	5			6	2	7	7				
<a href="#">110m H</a>			12	12	6		14		5		4					
<a href="#">400m H</a>			7	7	6		9									
<a href="#">800m</a>	5	5	7	4	3	3	9		4	7	6	2				
<a href="#">1500m</a>	5	5	6		4	4	7	7	3	2	9	3				
<a href="#">3000m</a>	4	4	9	7	6	5	7	2	5	3	3					
<a href="#">2000m s/c</a>			14	5	5	3	12	7	6	4	4					
<a href="#">Long Jump</a>	5		7	3	4	4			14	7	6	5				
<a href="#">Triple Jump</a>			7	5	6	4			5		9	7				
<a href="#">High Jump</a>	4		6	5	7				5	4	9	7				
<a href="#">Pole Vault</a>	7	7									9					
<a href="#">Shot Putt</a>	4	3	6	4	3	5	9		7	2	5	7				
<a href="#">Discus</a>	6	7	7	4	4	5	9	3	3	1	5	2				
<a href="#">Hammer</a>	4	3	5	5	6	4			12	2	14	7				
<a href="#">Javelin</a>	5	1	7	4	3	3	6	5	4	2	9	7				
<a href="#">4x100m</a>	5				7				6		9					
<a href="#">4x400m</a>	5		7		9				4		6					
<b>Total Top 25 Aggregate</b>	<b>109</b>		<b>180</b>		<b>144</b>		<b>118</b>		<b>135</b>		<b>189</b>					

**19 Events entered for Senior Men**

Senior Women	Abing		BRAT		C&S		Stoke		Cov G		Telf		A	B	A	B
	A	B	A	B	A	B	A	B	A	B	A	B				
<a href="#">100m</a>	9	3	6	4	7	5			5	7	4	2				
<a href="#">200m</a>	7	1	6	3	5	7	4	4	9	5	3	2				
<a href="#">400m</a>			5	4	9	5	7	7	4	2	6	3				
<a href="#">100m H</a>			9		7	7					6					
<a href="#">400m H</a>			7	5	14	7										
<a href="#">800m</a>			4	4	7	5	9	7	5	3	6					
<a href="#">1500m</a>			4	4	6		9	5	7	7	5					
<a href="#">3000m</a>			7	5	6		9	7								
<a href="#">2000m s/c</a>							9		7							
<a href="#">Long Jump</a>	3	2	5	7	4	4	6		9	5	7	3				
<a href="#">Triple Jump</a>			6		7				14	7	5	5				
<a href="#">High Jump</a>			5	4	6	5	7		9	7	4					
<a href="#">Pole Vault</a>											9	7				
<a href="#">Shot Putt</a>	3		7	7	4	4	5	3	6	5	14	2				
<a href="#">Discus</a>	4		9	7	6	5	7		5	3	3	4				
<a href="#">Hammer</a>	4		9	5	6	7	7		3	3	5	4				
<a href="#">Javelin</a>	3		7	7	6	4	5		9	3	4	5				
<a href="#">4x100m</a>	5		9		7				6		4					
<a href="#">4x400m</a>			6		9		7		4		5					
<b>Total Top 25 Aggregate</b>	<b>44</b>		<b>166</b>		<b>173</b>		<b>124</b>		<b>159</b>		<b>127</b>					

**19 Events entered for Senior Women**

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### Telford Athletics Stadium, Telford , Sunday 17th July 2022

100m Men A				Wind =	+0.1	100m Men B				Wind =	+0.4
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	6	Mohammed Aminu	Telf	11.1	856	1	66	Michael Dickens	Telf	11.4	771
2	2	Nathaniel Walker x	BRAT	11.3	799	2	22	Khari Mitchell-Lewis	BRAT	11.4	771
3	3	John Kirby	C&S	11.4	771	3	55	Ramadan Noah X	Cov G	11.7	691
4	4	Alec Batila-Mountsomp	Stoke	11.5	744	4	33	Henry Heathcote Y	C&S	11.8	665
5	5	Shaquille Watty X	Cov G	11.6	717	5	11	Joel Robinson Y	Abing	11.8	665
6	1	Oliver Thompson X	Abing	11.6	717						

200m Men A				Wind =	+1.0	200m Men B				Wind =	+1.2
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	3	Thomas Larkin X	C&S	23.0	795	1	66	Ebaniyo Sanu	Telf	23.1	782
2	4	Alec Batila-Mountsomp	Stoke	23.0	795	2	33	Jack Grimshaw	C&S	23.9	684
3	2	Nathaniel Walker x	BRAT	23.1	782	3	22	Jacob Gosnall X	BRAT	24.8	582
4	6	Santino Dummett	Telf	23.4	745	4	55	Michael Katsoulis	Cov G	27.8	301
5	5	Joshua Coley X	Cov G	23.9	684						
6	1	Joel Robinson Y	Abing	23.9	684						

400m Men A				400m Men B							
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	3	John Kirby	C&S	51.4	796	1	66	Josh Roura	Telf	53.4	692
2	6	Benjamin Naudi Y	Telf	51.8	775	2	33	Henry Heathcote Y	C&S	54.1	657
3	5	Caleb Coley X	Cov G	53.2	702	3	22	Jamie Callaghan X	BRAT	62.5	311
4	2	Jacob Gosnall X	BRAT	55.1	609	4	11	Pete Stepney	Abing	71.7	78
5	1	Andrew Caruana	Abing	60.2	393	5	55	Clark Roberts	Cov G	100.6	

800m Men A				800m Men B							
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	4	Jack Whittingham X	Stoke	1:57.0	843	1	55	Samuel Marshall	Cov G	2:17.1	413
2	2	Jake Williamson	BRAT	1:58.6	803	2	11	Thomas Spruce	Abing	2:19.3	375
3	6	Connor Jones	Telf	1:59.2	788	3	22	Paul Jolliffe	BRAT	2:20.4	357
4	1	Harry Richards X	Abing	2:05.4	644	4	33	Darrell Wilde	C&S	2:23.0	315
5	5	Clark Roberts	Cov G	2:07.3	603	5	66	Dean Gapper	Telf	2:28.6	235
6	3	Christian Roe Y	C&S	2:15.6	439						

## Midland T&F League Div 2

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1500m Men A				+0.4	1500m Men B				+0.4		
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	6	Alex Burrows	Telf	4:01.3	839	1	4	Matt Eardley	Stoke	4:33.7	503
2	44	Daniel Hilditch X	Stoke	4:18.2	653	2	11	Owen Stepney	Abing	4:36.3	480
3	2	Conor Farrell	BRAT	4:29.2	545	3	33	Mark Shepherd	C&S	4:50.0	367
4	1	Thomas Spruce	Abing	4:33.0	510	4	66	Dale Wilkinson	Telf	4:57.1	314
5	3	Thomas Eustace	C&S	4:36.2	481	5	55	Joe Chalmers	Cov G	5:19.8	172
6	5	William Chalmers X	Cov G	5:15.6	195	6					
7						7					
8						8					

2000m s/c Men A				2000m s/c Men B							
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	2	John Stolberg	BRAT	6:01.8	909	1	4	Matt Eardley	Stoke	6:46.1	659
2	44	Ross Connor	Stoke	6:19.2	806	2	22	Jake Williamson	BRAT	6:51.2	633
3	5	Damien Chambefort	Cov G	6:24.3	777	3	55	Peter Eccleston	Cov G	8:00.4	329
4	3	Ryan Ashforth	C&S	6:54.1	618	4	33	Christian Roe Y	C&S	8:09.5	297
5	6	Jedid Mensah Y	Telf	6:55.5	611	5					
6						6					
7						7					
8						8					

All 2000m s/c times are void as all athletes missed the water jump on lap 1

3000m Men A				3000m Men B							
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	2	Daniel Robinson	BRAT	9:18.8	644	1	22	Paul Jolliffe	BRAT	10:08.1	438
2	4	James Condlyffe	Stoke	9:21.6	631	2	3	Craig Pearson	C&S	10:30.0	359
3	33	James Mccann	C&S	9:48.8	514	3	1	Thomas Spruce	Abing	11:02.9	255
4	5	Samuel Marshall	Cov G	10:27.7	367	4	55	Peter Eccleston	Cov G	11:20.5	207
5	11		Abing	10:58.1	269	5	44	Carl Astley	Stoke	11:54.7	127
6	6	Dean Gapper	Telf	11:07.3	243	6					
7						7					
8						8					

110m Hurdles Men A				Wind = +2.2	110m Hurdles Men B				Wind = +2.2		
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	4	Alec Batila-Mountsompa	Stoke	15.3	848	1	2	Prince Ayeh	BRAT	15.7	786
2	22	Khari Mitchell-Lewis	BRAT	15.6	801						
3	3	Alasdair Rigby	C&S	16.7	640						
4	5	Joseph Gilkes	Cov G	17.5	535						
5	6	Jack Brothers	Telf	17.6	522						

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#### 400m Hurdles Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Alec Batila-Mountsompa	Stoke	57.3	802
2	2	Prince Ayeh	BRAT	61.7	634
3	3	Alasdair Rigby	C&S	63.0	588

#### 400m Hurdles Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	22	John Stolberg	BRAT	64.7	531

#### 4 x 100m Relay Men

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Santino Dummett , Michael Dickens , Mohammed Aminu , Max Millerchip	Telf	45.6	715
2	3	Tunde Adeyemo , John Kirby , Jack Grimshaw , Alasdair Rigby	C&S	47.2	624
3	5	Shaquille Watty X , Precious Omotoso Y , Michael Katsoulis , 0	Cov G	47.5	608
4	1	Joel Robinson Y , Harry Richards X , Andrew Caruana , Oliver Thompson X	Abing	48.9	534
5	2	Khari Mitchell-Lewis , Prince Ayeh , Nathaniel Walker x , Jamie Callaghan X	BRAT	DQ	
6					
7					
8					

#### 4 x 400m Relay Men

Posn	No.	Athlete	Club	Perf	IAAF
1	3	Benjamin Powers , James Malpass Y , Ryan Ashforth , John Kirby	C&S	3:38.4	649
2	2	Jake Williamson , John Stolberg , Jacob Gosnall X , Zuhair Tameem Y	BRAT	3:39.9	631
3	6	Josh Roura , Alex Burrows , Benjamin Naudi Y , Jack Brothers	Telf	3:47.6	544
4	1	Harry Richards X , Owen Stepney , Andrew Caruana , Thomas Spruce	Abing	4:05.1	371
5	5	Dale Ball , Precious Omotoso Y , Clark Roberts , Joe Mcleod	Cov G	4:06.1	362
6					
7					
8					

## Midland T&F League Div 2

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#### Long Jump Men A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	5	Alexander Farquharson	Cov G	6.96		908
2	2	Nathaniel Walker x	BRAT	5.84		679
3	66	Ben Riekstins	Telf	5.83		677
4	1	Oliver Thompson X	Abing	5.62		634
5	3	James Malpass Y	C&S	5.49		607

#### Long Jump Men B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	55	Joseph Gilkes	Cov G	6.86		887
2	6	Jack Brothers	Telf	5.82		675
3	33	Josh Blakesley Y	C&S	5.14		537
4	22	Zuhair Tameem Y	BRAT	5.10		528

#### Triple Jump Men A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	6	Jack Brothers	Telf	11.98		623
2	2	Prince Ayeh	BRAT	11.74		598
3	3	Thomas Larkin X	C&S	11.50		573
4	5	Giorgio Ampofo X	Cov G	10.93		513

#### Triple Jump Men B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	66	William Sadler X	Telf	11.48		571
2	22	John Stolberg	BRAT	11.15		536
3	33	Josh Blakesley Y	C&S	10.18		436
	55	Abdullahi Saleh X	Cov G	NM		

#### High Jump Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Jack Brothers	Telf	1.80	709
2	3	Alasdair Rigby	C&S	1.75	664
3	22	Victor YU	BRAT	1.65	575
4	5	Ramadan Noah X	Cov G	1.60	531
5	1	Joel Robinson Y	Abing	1.40	354

#### High Jump Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Andrew Neat	Telf	1.65	575
2	2	Zuhair Tameem Y	BRAT	1.60	531
3	55	Abdullahi Saleh X	Cov G	1.60	531

#### Pole Vault Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Neale Sadler	Telf	2.50	303
2	11	Pete Stepney	Abing	2.30	251

#### Pole Vault Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	1	James Thompson	Abing	2.30	251

## Midland T&F League Div 2

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#### Shot Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Morris Fox	Stoke	12.29	663
2	55	Andrejs Virsics	Cov G	9.57	503
3	2	Victor YU	BRAT	9.22	482
4	66	Santino Dummett	Telf	7.77	397
5	1	Marc Juffkins	Abing	7.23	365
6	3	Alasdair Rigby	C&S	7.02	352

#### Shot Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Eli Barnett	Telf	7.37	373
2	33	Martin Roberts	C&S	6.98	350
3	22	Nigel Clegg	BRAT	6.36	314
4	11	Owen Stepney	Abing	5.02	235
5	5	Samuel Marshall	Cov G	4.09	181

#### Javelin Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Jamie Wilkinson	Telf	41.76	554
2	22	Prince Ayeh	BRAT	38.17	504
3	44	Liam Tracey	Stoke	32.81	430
4	1	Marc Juffkins	Abing	29.38	383
5	5	Giorgio Ampofo X	Cov G	25.89	334
6	3	Darrell Wilde	C&S	22.79	291

#### Javelin Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Jamie Carter	Telf	40.82	541
2	4	Morris Fox	Stoke	30.01	391
3	2	Victor YU	BRAT	24.59	316
4	33	Martin Roberts	C&S	21.39	272
5	55	Samuel Marshall	Cov G	18.46	232
6	11	Pete Stepney	Abing	17.95	225

#### Hammer Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Mark Elliott	Telf	48.34	703
2	5	Andrejs Virsics	Cov G	45.80	664
3	3	Martin Roberts	C&S	32.38	462
4	22	Jamie Callaghan X	BRAT	31.45	448
5	1	Marc Juffkins	Abing	22.15	308

#### Hammer Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	David Garrott	Telf	21.54	299
2	2	Nigel Clegg	BRAT	14.56	195
3	33	Shaun Ainge	C&S	12.81	168
4	11	Pete Stepney	Abing	12.66	166
5	55	Giorgio Ampofo X	Cov G	10.60	136

#### Discus Men A

Posn	No.	Athlete	Club	Perf	IAAF
1	44	Morris Fox	Stoke	33.69	578
2	22	Jake Williamson	BRAT	29.08	494
3	1	Marc Juffkins	Abing	26.48	447
4	6	Jamie Carter	Telf	24.99	420
5	3	Alasdair Rigby	C&S	22.81	381
6	5	Clark Roberts	Cov G	16.71	271

#### Discus Men B

Posn	No.	Athlete	Club	Perf	IAAF
1	11	James Thompson	Abing	21.07	349
2	33	Martin Roberts	C&S	20.81	345
3	2	Jamie Callaghan X	BRAT	19.53	322
4	4	Liam Tracey	Stoke	18.88	310
5	66	Benjamin Naudi Y	Telf	15.26	245
6	55	Samuel Marshall	Cov G	10.56	160

## Midland T&F League Div 2

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100m Women A				Wind =	+0.4	100m Women B				Wind =	+0.4
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	1	Tiffany Cox	Abing	12.6	910	1	55	Emmanuela Asante X	Cov G	12.4	943
2	3	Sydney Davies	C&S	12.9	860	2	33	Mia Wainwright X	C&S	13.1	828
3	2	Lily Smith X	BRAT	13.1	828	3	22	Katie Collis X	BRAT	13.3	796
4	5	Emily Knox Y	Cov G	13.4	781	4	11	Emily Arrowsmith X	Abing	14.3	648
5	6	Tegan Stoddart Y	Telf	13.4	781	5	66	Helen Watson	Telf	16.4	386

200m Women A				Wind =	+1.5	200m Women B				Wind =	+1.3
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	5	Emmanuela Asante X	Cov G	25.7	921	1	33	Isabelle Kelly	C&S	27.1	815
2	1	Tiffany Cox	Abing	25.9	905	2	55	Naomi Jones X	Cov G	27.3	801
3	2	Isla O'Connor X	BRAT	26.0	897	3	44	Katie Williams Y	Stoke	27.8	765
4	3	Sydney Davies	C&S	26.5	860	4	22	Isabelle Carruthers X	BRAT	28.1	744
5	4	Ella Teasdale X	Stoke	27.7	772	5	66	Klenam Akpadli	Telf	29.8	631
6	6	Bethany Masefield	Telf	29.6	643	6	11	Victoria West	Abing	32.2	486

400m Women A				400m Women B							
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	3	Hannah Malpass	C&S	59.6	882	1	44	Katie Williams Y	Stoke	61.3	831
2	4	Niamh Bould X	Stoke	60.1	867	2	33	Mia Wainwright X	C&S	62.5	796
3	6	Charlotte Burrows Y	Telf	63.0	781	3	22	Eva Gunn	BRAT	68.1	640
4	2	Maisie Scamp Y	BRAT	65.6	708	4	66	Helen Watson	Telf	76.2	446
5	5	Sophia Charters	Cov G	73.2	514	5	55	Samantha Puri	Cov G	89.5	202

800m Women A				800m Women B							
Posn	No.	Athlete	Club	Perf	IAAF	Posn	No.	Athlete	Club	Perf	IAAF
1	44	Katie Holt	Stoke	2:17.2	868	1	4	Niamh Bould X	Stoke	2:24.0	766
2	3	Natalie Griffiths	C&S	2:20.6	816	2	33	Abbie Pendlebury X	C&S	2:39.5	558
3	6	Charlotte Burrows Y	Telf	2:23.5	774	3	2	Lara Stevens X	BRAT	2:52.8	406
4	5	Samantha Puri	Cov G	2:28.9	697	4	55	Sophia Charters	Cov G	2:54.8	385
5	22	May Smith X	BRAT	2:34.3	625						

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**1500m Women A**

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Katie Holt	Stoke	4:41.3	896
2	5	Samantha Puri	Cov G	5:04.9	740
3	3	Allegra Soutar	C&S	5:18.1	659
4	6	Isobelle Standell X	Telf	5:29.8	592
5	2	Alice Stewart Y	BRAT	5:55.4	456
6					
7					
8					

**1500m Women B**

Posn	No.	Athlete	Club	Perf	IAAF
1	55	Amelia Starling	Cov G	5:10.2	707
2	44	Ciara Yates X	Stoke	5:20.5	645
3	22	Maria-Ines Villalobos-Finigan	BRAT	6:42.7	252
4					
5					
6					
7					
8					

**2000m s/c Women A**

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Aria Aberley-Barker X	Stoke	8:02.9	709
2	5	Samantha Puri	Cov G	8:49.0	554
3					
4					
5					
6					
7					
8					

**2000m s/c Women B**

Posn	No.	Athlete	Club	Perf	IAAF
1					
2					
3					
4					
5					
6					
7					
8					

**3000m Women A**

Posn	No.	Athlete	Club	Perf	IAAF
1	4	Donna Sherwin	Stoke	10:49.3	770
2	2	Lucie Tait-Harris	BRAT	11:16.7	695
3	3	Katie Burney Y	C&S	11:49.2	611
4					
5					
6					
7					
8					

**3000m Women B**

Posn	No.	Athlete	Club	Perf	IAAF
1	44	Mandy Vernon	Stoke	11:38.1	639
2	22	Naomi Rae	BRAT	12:17.6	543
3					
4					
5					
6					
7					
8					

**100m Hurdles Women A**

Posn	No.	Athlete	Club	Perf	IAAF
1	2	Bonheur Tshibola X	BRAT	16.6	745
2	3	Natalie Griffiths	C&S	18.1	602
3	6	Kim Davies	Telf	27.8	44

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf	IAAF
1	33	Hannah Malpass	C&S	19.3	498

Wind = +1.5

Wind = +1.5

## Midland T&F League Div 2

### Telford Athletics Stadium, Telford , Sunday 17th July 2022

**400m Hurdles Women A**

Posn	No.	Athlete	Club	Perf	IAAF
1	3	Natalie Griffiths	C&S	63.7	916
2	2	Bonheur Tshibola X	BRAT	67.5	814

**400m Hurdles Women B**

Posn	No.	Athlete	Club	Perf	IAAF
1	33	Charlotte Hall	C&S	75.8	612
2	22	Isabelle Carruthers X	BRAT	77.8	568

**4 x 100m Relay Women**

Posn	No.	Athlete	Club	Perf	IAAF
1	2	Lily Smith X , Isla O'Connor X , Katie Collis X , Bonheur Tshibola X	BRAT	50.8	875
2	3	Charis Farmer , Mia Wainwright X , Sydney Davies , Hannah Malpass	C&S	51.4	853
3	5	Emily Knox Y , Kate Anderson , Chrisania McGuigan , Emmanuela Asante X	Cov G	53.2	788
4	1	Victoria West , Hayley Johnson X , Emily Arrowsmith X , Tiffany Cox	Abing	58.0	628
5	6	Kim Davies , Tegan Stoddart Y , Helen Watson , Klenam Akpadli	Telf	63.1	478
6					
7					
8					

**4 x 400m Relay Women**

Posn	No.	Athlete	Club	Perf	IAAF
1	3	Charlotte Hall , Natalie Griffiths , Isabelle Kelly , Hannah Malpass	C&S	4:05.7	857
2	4	Niamh Bould X , Ella Teasdale X , Katie Williams Y , Katie Holt	Stoke	4:13.3	802
3	2	Lilian Smith Y , Eva Gunn , Lara Stevens X , May Smith X	BRAT	4:33.6	665
4	6	Charlotte Burrows Y , Lucy Gapper X , Emily Gapper X , Isobelle Standell X	Telf	4:34.3	660
5	5	Kate Anderson , Samantha Puri , Sophia Charters , Amelia Starling	Cov G	4:48.5	572
6					
7					
8					

## Midland T&F League Div 2

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#### Long Jump Women A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	5	Naomi Jones X	Cov G	5.44		869
2	6	Tegan Stoddart Y	Telf	5.09		795
3	4	Ella Teasdale X	Stoke	5.08		793
4	2	Lily Smith X	BRAT	4.86		747
5	3	Isabelle Kelly	C&S	4.82		738
6	1	Victoria West	Abing	3.82		529

#### Long Jump Women B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	22	Mali Lloyd-Griffiths X	BRAT	4.55		681
2	55	Chrisania McGuigan	Cov G	4.43		656
3	33	Mia Wainwright X	C&S	3.86		537
4	66	Emily Gapper X	Telf	3.77		519
5	11	Hayley Johnson X	Abing	3.13		386

#### Triple Jump Women A

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	5	Francesca Rivers	Cov G	11.52		840
2	3	Isabelle Kelly	C&S	9.43		627
3	2	Jenny Scott	BRAT	8.68		552
4	6	Helen Watson	Telf	7.85		468

#### Triple Jump Women B

Posn	No.	Athlete	Club	Perf	Wind	IAAF
1	55	Yasmin Henlon	Cov G	9.97		682
2	66	Kim Davies	Telf	7.33		417
	22	Isla O'Connor X	BRAT	NM		

#### High Jump Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	5	Francesca Rivers	Cov G	1.45	658
2	4	Ella Teasdale X	Stoke	1.45	658
3	3	Heather Law Y	C&S	1.40	609
4	2	Lara Stevens X	BRAT	1.40	609
5	6	Klenam Akpadli	Telf	1.25	465

#### High Jump Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	55	Yasmin Henlon	Cov G	1.45	658
2	33	Abbie Pendlebury X	C&S	1.35	561
3	22	Maisie Scamp Y	BRAT	1.30	513

#### Pole Vault Women A

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Helen Watson	Telf	2.00	342

#### Pole Vault Women B

Posn	No.	Athlete	Club	Perf	IAAF
1	66	Klenam Akpadli	Telf	2.00	342

## Midland T&F League Div 2

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**Shot Women A**

Posn	No.	Athlete	Club	Perf	IAAF
1	6	Tegan Stoddart Y	Telf	12.19	702
2	2	Jenny Scott	BRAT	8.81	499
3	5	Cheuk Yan Lam	Cov G	8.18	461
4	4	Hayley Clowes	Stoke	7.42	415
5	3	Natalie Griffiths	C&S	7.24	404
6	1	Victoria West	Abing	6.49	359

**Shot Women B**

Posn	No.	Athlete	Club	Perf	IAAF
1	22	May Smith X	BRAT	6.66	369
2	55	Sophia Charters	Cov G	6.41	354
3	33	Sydney Davies	C&S	6.27	346
4	44	Niamh Bould X	Stoke	5.54	302
5	66	Pat Higgins	Telf	5.41	294

**Javelin Women A**

Posn	No.	Athlete	Club	Perf	IAAF
1	5	Cheuk Yan Lam	Cov G	31.16	537
2	2	Jenny Scott	BRAT	28.74	493
3	3	Sydney Davies	C&S	20.78	350
4	4	Hayley Clowes	Stoke	16.78	278
5	66	Kim Davies	Telf	15.83	261
6	1	Victoria West	Abing	9.44	147

**Javelin Women B**

Posn	No.	Athlete	Club	Perf	IAAF
1	22	Lilian Smith Y	BRAT	25.98	443
2	6	Pat Higgins	Telf	12.82	208
3	33	Charlotte Hall	C&S	9.68	152
4	55	Samantha Puri	Cov G	6.06	87

**Hammer Women A**

Posn	No.	Athlete	Club	Perf	IAAF
1	2	Jenny Scott	BRAT	26.02	388
2	4	Hayley Clowes	Stoke	22.31	329
3	33	Hannah Malpass	C&S	20.88	306
4	6	Pat Higgins	Telf	19.19	279
5	1	Christine Ivory	Abing	17.68	255
6	5	Cheuk Yan Lam	Cov G	15.01	213

**Hammer Women B**

Posn	No.	Athlete	Club	Perf	IAAF
1	3	Natalie Griffiths	C&S	20.47	300
2	22	Maisie Scamp Y	BRAT	17.74	256
3	66	Kim Davies	Telf	14.98	213
4	55	Chrisania McGuigan	Cov G	10.83	147

**Discus Women A**

Posn	No.	Athlete	Club	Perf	IAAF
1	2	Jenny Scott	BRAT	32.60	570
2	4	Hayley Clowes	Stoke	29.92	521
3	3	Natalie Griffiths	C&S	18.57	315
4	5	Cheuk Yan Lam	Cov G	17.53	296
5	1	Christine Ivory	Abing	13.41	222
6	6	Pat Higgins	Telf	11.13	181

**Discus Women B**

Posn	No.	Athlete	Club	Perf	IAAF
1	22	Isla O'Connor X	BRAT	20.17	344
2	33	Charlotte Hall	C&S	17.81	301
3	66	Kim Davies	Telf	10.14	163
4	55	Samantha Puri	Cov G	9.57	152

## Midland T&F League Div 2

### Telford Athletics Stadium, Telford , Sunday 17th July 2022

#### NON-SCORING EVENTS

<b>100m Men</b>				Wind=	+1.7	<b>100m Women</b>				Wind=	+0.4
<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>		<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>	
1	108	Thomas Larkin x	C&S	11.2		1	123	Charis Farmer	C&S	13.1	
2	211	Caleb Coley	Cov G	11.3		2	178	Hayley Johnston	Abing	14.8	
3	131	Ebamiyo Sanu	Telf	11.5		3					
4	113	Jack Grimshaw	C&S	11.5		4					
5	199	Ben Riekstins	Telf	12.0		5					
6	102	Tunde Adeyemo	C&S	12.2		6					
7	103	Ross Goode	C&S	12.4		7					
8	166	Michael Katsoulis	Cov G	13.6		8					
<b>200m Men</b>				Wind=	+0.5	<b>200m Women</b>				Wind=	+1.3
<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>		<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>	
1	186	Michael Dickens	Telf	23.4		1	123	Charis Farmer	C&S	27.5	
2	104	Benjamin Powers	C&S	24.9		2	174	Emily Arrowsmith	Abing	30.7	
3	102	Tunde Adeyemo	C&S	25.0		3					
4	103	Ross Goode	C&S	26.1		4					
<b>100m Men</b>				Wind=	+0.4	<b>100m Women</b>				Wind=	
<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>		<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>	
1	104	Benjamin Powers	C&S	12.2		1					
<b>Long Jump Men</b>						<b>Long Jump Women</b>					
<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>	<i>Wind</i>	<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>	
1						1	174	Emily Arrowsmith	Abing	3.74	
<b>Long Jump Men</b>						<b>Long Jump Women</b>					
<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>	<i>Wind</i>	<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>	
1	131	Ebamiyo Sanu	Telf	6.13		1					
2	145	Ramadan Noah X	Cov G	5.78		2					
<b>1500m Men</b>						<b>1500m Women</b>					
<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>		<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>	
1	205	Ryan Ashforth	C&S	4:49.1		1					
<b>3000m Men</b>						<b>3000m Women</b>					
<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>		<b>Posn</b>	<b>No.</b>	<b>Athlete</b>	<b>Club</b>	<b>Perf</b>	
1	216	Will Chalmers	Cov G	11:31.96		1					