MEN	input - track events		Photo-finish timing		Locking password is mcaa		
Event	Event	110mH					
110mH	Race 1	Wind reading if applic	0.6	m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Jaydon Allen Bramble	R&N	128		14.64	14.64
	2	Joshua Inpong-Pirard	Telford	60		16.21	16.21
	3	Jack Brothers	Telford	61		16.78	16.78
	4	Rhys Lees	DASH	240		17.08	17.08
	5	Jordan Mitchell	Sutton-in-Ashfield	70		17.45	17.45
	6	Jack Wickham	Notts AC	162		17.46	17.46
	7	Oliver Dodd	Halesowen	219		DNS	DNS
	8						
	9						
	10						

110mH	Race 2	Wind reading if applic	0.4	m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Alasdair Rigby	Cannock & Stafford AC	282		17.42	17.42
	2	Sam Morris	BRAT	315		17.92	17.92
	3	Alexander Clegg	BRAT	341		18.75	18.75
	4	Gavin Card	R&N	134		20.02	20.02
	5	Alexander Stewart	B&W&B	374		23.05	23.05
	6	Raymond Charlton	Leamington	188		23.69	23.69
	7	Jonathan Dumelow	Burton	296		23.73	23.73
	8						
	9						
	10						

110mH	Race 3	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

110mH	Race 4	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

Event	Event	3000m SC					
3000m SC	Race 1			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Alexander Stewart	B&W&B	374	9	42.41	9:42.41
	2	Adam Searle	Notts AC	174	10	15.08	10:15.08
	3	Alex Taylor	Halesowen	232	10	22.41	10:22.41
	4	Chris McKeown	Leamington	201	10	26.94	10:26.94
	5	Luke Cresswell	Cannock & Stafford AC	269	10	38.80	10:38.80
	6	Dylan Teasdale	BRAT	336	11	7.40	11:07.40
	7	Darrell Wilde	Cannock & Stafford AC	277	11	11.53	11:11.53
	8	Thomas Pryor	W&B	27	11	17.16	11:17.16
	9	Joe Read	BRAT	325	11	19.33	11:19.33
	10	Raymond Charlton	Leamington	188	11	34.87	11:34.87
	11	Euan Hallows	Burton	303	11	57.62	11:57.62
	12	Paul Mellor	Burton	286	13	35.23	13:35.23
	13	Danny Leighton	Cannock & Stafford AC	278		DNS	DNS
	14	Samer Alyafee	Birchfield	347		DNS	DNS
	15	Dylan Mander	R&N	138		DNS	DNS
	16						
	17						
	18						
	19						
	20						

3000m SC	Race 2			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						

2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					

Event **Event** **400mH**

400mH	**Race 1**			**m/s**	**Perf. Minutes**	**Perf. Seconds**	**Formatted**
MEN	**Position**	**Competitor**	**Club**	**Bib Number**	**Whole mins.**	**xx.yy or xx.y**	**Performance**
	1	Elliot Godfrey	R&N	136		54.59	54.59
	2	Luke Turner	R&N	125		56.42	56.42
	3	William Willetts	B&W&B	366		57.57	57.57
	4	Rhys Lees	DASH	240		60.34	60.34
	5	Jye Cope	Birchfield	355		61.17	61.17
	6	James Lappin	Leamington	193		64.93	64.93
	7	Samer Alyafee	Birchfield	347		67.83	67.83
	8	Euan Fraser	Notts AC	168		DNF	DNF
	9						
	10						

400mH	**Race 2**			**m/s**	**Perf. Minutes**	**Perf. Seconds**	**Formatted**
MEN	**Position**	**Competitor**	**Club**	**Bib Number**	**Whole mins.**	**xx.yy or xx.y**	**Performance**
	1	Joshua Inpong-Pirard	Telford	60		60.56	60.56
	2	Jordan Mitchell	Sutton-in-Ashfield	70		61.57	61.57
	3	Jack Wickham	Notts AC	162		62.49	62.49
	4	Oliver Dodd	Halesowen	219		62.65	62.65
	5	Henry Albatov	BRAT	330		63.72	63.72
	6	Alexander Stewart	B&W&B	374		63.88	63.88
	7	Charlie Barker	R&N	140		67.41	67.41
	8	Daniel Adubofour	BRAT	338		70.78	70.78
	9						
	10						

400mH	**Race 3**			**m/s**	**Perf. Minutes**	**Perf. Seconds**	**Formatted**	
MEN	**Position**	**Competitor**	**Club**	**Bib Number**	**Whole mins.**	**xx.yy or xx.y**	**Performance**	
	1	Euan Fraser	Notts AC	168		59.09	59.09	**Guest run**
	2	Alasdair Rigby	Cannock & Stafford AC	282		66.00	66.00	
	3	Adam Searle	Notts AC	174		67.01	67.01	
	4	Raymond Charlton	Leamington	188		70.14	70.14	
	5	Lucas Hodson	Burton	291		72.65	72.65	
	6	Jamie Chapman	Cannock & Stafford AC	274		78.25	78.25	
	7	Jonathan Dumelow	Burton	296		85.50	85.50	
	8							
	9							
	10							

400mH	**Race 4**			**m/s**	**Perf. Minutes**	**Perf. Seconds**	**Formatted**
MEN	**Position**	**Competitor**	**Club**	**Bib Number**	**Whole mins.**	**xx.yy or xx.y**	**Performance**
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

Event **Event** **400m**

400m	**Race 1**			**m/s**	**Perf. Minutes**	**Perf. Seconds**	**Formatted**
MEN	**Position**	**Competitor**	**Club**	**Bib Number**	**Whole mins.**	**xx.yy or xx.y**	**Performance**
	1	Efekemo Okoro	Birchfield	393		48.42	48.42
	2	Louis Starr	R&N	126		48.57	48.57
	3	Vincent Chikuka	Birchfield	342		49.03	49.03
	4	Jacob Gosnall	BRAT	327		49.09	49.09
	5	Sam Davey	Worcester	11		49.31	49.31

6	John Kirby	Cannock & Stafford AC	273		49.35	49.35
7	Numieri Saeed	R&N	121		50.55	50.55
8	David Mould	B&R	382		50.73	50.73
9						
10						

400m	Race 2			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Sam Downing	BRAT	316		50.34	50.34
	2	Roshane Gordon	W&B	32		50.64	50.64
	3	Kyle Haycock	Cannock & Stafford AC	271		50.96	50.96
	4	Thomas Stanton	Stratford	78		51.17	51.17
	5	Jimmy Ward	Leamington	192		51.27	51.27
	6	Josh Roura	Stoke	93		52.03	52.03
	7	James Crust	W&B	42		52.23	52.23
	8	Lucas Hodson	Burton	291		59.00	59.00
	9						
	10						

400m	Race 3			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Ollie Burton	Worcester	12		51.68	51.68
	2	Peter Dear	Halesowen	218		52.35	52.35
	3	Santiago Tamayo	Worcester	10		52.40	52.40
	4	James Colclough	BRAT	326		52.89	52.89
	5	Craig Carr	Cannock & Stafford AC	279		54.05	54.05
	6	Cole Flint	Worcester	20		54.14	54.14
	7	Charlie Johnson	B&W&B	389		55.97	55.97
	8	Greg Richards	Burton	384		58.91	58.91
	9						
	10						

400m	Race 4			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Zach Bent	Cannock & Stafford AC	258		52.52	52.52
	2	Luke Gawthorn	Newport	180		53.69	53.69
	3	Alex Taylor	Halesowen	232		53.78	53.78
	4	Leonel Lopes	Gloucester	234		54.17	54.17
	5	Connor Blincoe	W&B	48		54.68	54.68
	6	Alex Payne	Kidderminster	208		56.53	56.53
	7	Callum Fraser	Nuneaton	151		DNS	DNS
	8						
	9						
	10						

400m	Race 5			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Lucas Miah	Stoke	92		52.75	52.75
	2	Joel Benton	R&N	127		53.20	53.20
	3	Euan Oakes	Stoke	98		53.87	53.87
	4	Otto Homer	Cannock & Stafford AC	263		54.26	54.26
	5	Ben Godber	Tamworth	68		54.74	54.74
	6	Isiah Dominique	RSC	116		54.93	54.93
	7	Fletcher Harpham	Sutton-in-Ashfield	72		56.94	56.94
	8	Armadeep Sangha	Tipton	57		DNS	DNS
	9						
	10						

400m	Race 6			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Noah Bushell	BRAT	319		53.05	53.05
	2	Tom Mackman	RSC	108		55.22	55.22
	3	Tunde Adeyemo	Cannock & Stafford AC	259		55.44	55.44
	4	Lucas Gibbs	Sutton-in-Ashfield	69		58.73	58.73
	5	Gary Worral	W&B	44		58.82	58.82
	6	Ajwinder Sahi	Birchfield	365		59.80	59.80
	7	Fosuhene Oppong	Stoke	97		DNS	DNS
	8	Louie Paddison	Nuneaton	145		DNS	DNS
	9						
	10						

400m	Race 7			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	David Hawkins	Gloucester	237		57.25	57.25
	2	Tom Bradshaw	Cheltenham	249		58.34	58.34
	3	Raymond Charlton	Leamington	188		59.17	59.17
	4	Rory Brown	Yate	4		59.25	59.25
	5	Lee Connelly	Coventry	245		59.49	59.49
	6	Kevin Otieno	Coventry	246		61.56	61.56
	7	Lucas Hodson	Burton	291		DNS	DNS
	8						

9						
10						

400m	Race 8			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Paul Dean	W&B	33		59.86	59.86
	2	Andrew Cooknell	Leamington	203		60.59	60.59
	3	Paul Shaw	RSC	109		61.04	61.04
	4	Tom Hughes	Nuneaton	142		61.72	61.72
	5	Anthony Humphries	Burton	309		69.80	69.80
	6	David Jones	Stratford	88		81.87	81.87
	7	Mike Tomkins	Tamworth	66		DNS	DNS
	8						
	9						
	10						

400m	Race 9			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

400m	Race 10			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

Event	Event	3000m walk	THIS IS THE MEN SPLIT OUT FROM THE MIXED WALK				
3000m walk	Race 1			m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Jonathan Dumelow	Burton	296	17	5.02	17:05.02
	2	Robert Egan	Leamington	187	18	43.11	18:43.11
	3	Peter Boszko	Birchfield	351	18	56.30	18:56.30
	4	Ian Torode	Birchfield	358	20	56.16	20:56.16
	5	Dylan Teasdale	BRAT	336	21	17.85	21:17.85
	6	Martyn Clare	Cannock & Stafford AC	267	21	27.46	21:27.46
	7	Panu Khumchoo Japoom	BRAT	317	22	9.45	22:09.45
	8	Oliver Dodd	Halesowen	219	22	14.53	22:14.53
	9	Matt Eardley	Stoke	91	23	12.26	23:12.26
	10	Paul Hawkins	Stratford	80	23	50.46	23:50.46
	11	Luke Gawthorn	Newport	180	24	53.56	24:53.56
	12	Matthew Brown	B&W&B	391	26	4.31	26:04.31
	13	Paul Mellor	Burton	286		DNS	DNS
	14						
	15						
	16						
	17						
	18						
	19						
	20						

THIS IS THE FULL MIXED WALK AS THE SINGLE RESULT

3000m walk	Race 2			m/s	Perf. Minutes	Perf. Seconds	Formatted
MIXED	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Carolyn Derbyshire	Nuneaton	150	16	45.47	16:45.47
	2	Jonathan Dumelow	Burton	296	17	5.02	17:05.02
	3	Robert Egan	Leamington	187	18	43.11	18:43.11
	4	Peter Boszko	Birchfield	351	18	56.30	18:56.30
	5	Cat Hutchison	Worcester	21	19	1.54	19:01.54
	6	Helen Watson	Telford	63	19	11.44	19:11.44
	7	Julie Bellfield	Halesowen	225	19	41.38	19:41.38
	8	Jan McLure	Stratford	85	19	44.22	19:44.22
	9	Ian Torode	Birchfield	358	20	56.16	20:56.16
	10	Dylan Teasdale	BRAT	336	21	17.85	21:17.85
	11	Martyn Clare	Cannock & Stafford AC	267	21	27.46	21:27.46
	12	Lynn Bellfield	Halesowen	222	21	29.29	21:29.29
	13	Domenika Malinowska	BRAT	337	21	52.16	21:52.16

14	Panu Khumchoo Japoom	BRAT	317	22	9.45	22:09.45
15	Oliver Dodd	Halesowen	219	22	14.53	22:14.53
16	Matt Eardley	Stoke	91	23	12.26	23:12.26
17	Paul Hawkins	Stratford	80	23	50.46	23:50.46
18	Judith Kelsall	Burton	295	24	9.94	24:09.94
19	Luke Gawthorn	Newport	180	24	53.56	24:53.56
20	Matthew Brown	B&W&B	391	26	4.31	26:04.31
21	Laura Allen	Burton	293	30	32.82	30:32.82

Event	Event	100m					
100m	Race 1	Wind reading if applic	-0.2	m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Tevique Benjamin	Birchfield	344		10.91	10.91
	2	Toby Magee	Halesowen	213		10.94	10.94
	3	John Kirby	Cannock & Stafford AC	273		11.44	11.44
	4	Miles Lynch	Coventry	392		11.49	11.49
	5	Nathaniel Walker	BRAT	320		11.52	11.52
	6	Jaydon Allen Bramble	R&N	128		11.62	11.62
	7	Roshane Gordon	W&B	32		11.74	11.74
	8	Lewis Harkin	B&R	380		11.89	11.89
	9						
	10						

100m	Race 2	Wind reading if applic	1.6	m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Fred Buckland	Cheltenham	252		11.37	11.37
	2	Matt Yates	Shrewsbury	107		11.38	11.38
	3	K'1shein Downer-Thomas F	RSC	114		11.53	11.53
	4	Daniel Adubofour	BRAT	338		11.65	11.65
	5	Daniel Kolodziej	Burton	305		11.75	11.75
	6	Theo Ricketts	W&B	28		11.78	11.78
	7	Chyloh Mckenzie	W&B	49		DNS	DNS
	8						
	9						
	10						

100m	Race 3	Wind reading if applic	0.3	m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Nacardo Lewis	W&B	35		11.56	11.56
	2	James Crust	W&B	42		11.62	11.62
	3	Thomas Stanton	Stratford	78		11.65	11.65
	4	Russell Hingley	B&R	379		11.93	11.93
	5	Craig Carr	Cannock & Stafford AC	279		11.97	11.97
	6	Yusuf Paterson-Mosafeer	Burton	283		11.98	11.98
	7	Jamie Millichap	RSC	115		12.03	12.03
	8	Eugene Goche	W&B	46		DNS	DNS
	9						
	10						

100m	Race 4	Wind reading if applic	0.2	m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Cyon Watson-Nash	W&B	47		11.65	11.65
	2	James Mackman	B&R	381		11.84	11.84
	3	Rhys Lees	DASH	240		11.87	11.87
	4	Tristrum Bolton	Burton	284		12.17	12.17
	5	George Freeman	Halesowen	230		12.34	12.34
	6	Oscar Venthen	RSC	110		12.38	12.38
	7	Alasdair Rigby	Cannock & Stafford AC	282		12.57	12.57
	8	Ben Riekstins	Telford	64		12.59	12.59
	9						
	10						

100m	Race 5	Wind reading if applic	-0.2	m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Louis Blennerhassett	DASH	242		12.07	12.07
	2	Otto Homer	Cannock & Stafford AC	263		12.36	12.36
	3	Tunde Adeyemo	Cannock & Stafford AC	259		12.49	12.49
	4	Liam Hillier	Yate	5		12.53	12.53
	5	Lucas Gibbs	Sutton-in-Ashfield	69		13.03	13.03
	6	Samson Mee-Harris	Coventry	244		DNS	DNS
	7	Genci Hasanaj	Birchfield	359		DNS	DNS
	8						
	9						
	10						

100m	Race 6	Wind reading if applic	-1.1	m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Miguel Daley	BRAT	387		12.11	12.11
	2	William Hovell	Stratford	77		12.65	12.65
	3	Kevin Otieno	Coventry	246		13.10	13.10
	4	Adrian James	Kidderminster	209		13.21	13.21

5	Paul Dean	W&B	33		14.37	14.37
6						
7						
8						
9						
10						

100m	Race 7	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

100m	Race 8	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

100m	Race 9	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

100m	Race 10	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
MEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

WOMEN	input - track events		Photo-finish timing	Locking password is mcaa			
Event	Event	100mH					
100mH	Race 1	Wind reading if applic	0.3	m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Hayley Dimond	R&N	132		14.49	14.49
	2	Issabelle Knight	R&N	130		14.62	14.62
	3	Bonheur Tshibola	BRAT	339		15.42	15.42
	4	Louise Robinson	BRAT	322		17.08	17.08
	5	Chloe Wilde	Cannock & Stafford AC	280		DNS	DNS
	6	Maia Thompson	R&N	124		DNS	DNS
	7	Hayley Perrin	BRAT	332		DNS	DNS
	8	Jessie Walker	Tipton	55		DNS	DNS
	9						
	10						

100mH	Race 2	Wind reading if applic	0.5	m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Nyah Reuter	B&W&B	368		17.41	17.41
	2	Clair Zawada	Burton	306		18.21	18.21
	3	Hollie Stow	Stoke	94		19.03	19.03
	4	Natalie Griffiths	Cannock & Stafford AC	264		19.96	19.96
	5	Millie Talbot	Burton	287		22.23	22.23

6	Alex Lee	Sutton-in-Ashfield	75		22.39	22.39
7	Freya Lacey	Notts AC	166		DNS	DNS
8	Lauren Ashbourne	Leamington	190		DNS	DNS
9						
10						

100mH	Race 3	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

100mH	Race 4	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

Event	Event	3000m SC					
3000m SC	Race 1			m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Megan White	W&B	37	11	50.73	11:50.73
	2	Hannah Trotman	Notts AC	163	12	13.91	12:13.91
	3	Cat Hutchison	Worcester	21	12	27.15	12:27.15
	4	Emily Jones	BRAT	334	12	36.95	12:36.95
	5	Eva Miletic	BRAT	333	12	41.75	12:41.75
	6	Megan Smith	Burton	289	13	17.97	13:17.97
	7	Michelle Dale	Halesowen	220	13	25.66	13:25.66
	8	Joanne Clamp	Notts AC	161	13	34.23	13:34.23
	9	Elizabeth Morley	Charnwood	256	14	16.61	14:16.61
	10	Jade Holt	Leamington	194	14	33.32	14:33.32
	11	Talitha Scoltock-Daftary	B&R	377	14	45.38	14:45.38
	12	Susan Cox	Leamington	185	14	58.36	14:58.36
	13	Kathryn Woodcock	Stratford	82	17	44.57	17:44.57
	14	Eleanor Morley	Charnwood	257		DNS	DNS
	15	Megan Forrest	Cannock & Stafford AC	266		DNS	DNS
	16	Allegra Soutar	Cannock & Stafford AC	281		DNS	DNS
	17						
	18						
	19						
	20						

3000m SC	Race 2			m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						
	11						
	12						
	13						
	14						
	15						
	16						
	17						
	18						
	19						
	20						

Event	Event	400mH					
400mH	Race 1			m/s	Perf. Minutes	Perf. Seconds	Formatted

WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Natalie Griffiths	Cannock & Stafford AC	264	1	4.33	1:04.33
	2	Louise Robinson	BRAT	322	1	6.69	1:06.69
	3	Sophie Steele	Newport	176	1	7.23	1:07.23
	4	Molly Lazenbury	Worcester	14	1	8.55	1:08.55
	5	Charlotte Prince	Burton	308	1	11.38	1:11.38
	6	Alexandra Akins	Birchfield	364	1	12.38	1:12.38
	7	Alex Lee	Sutton-in-Ashfield	75	1	27.02	1:27.02
	8	Millie Talbot	Burton	287	1	32.60	1:32.60
	9						
	10						

400mH	Race 2			m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

400mH	Race 3			m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

400mH	Race 4			m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

Event	Event	400m					
400m	Race 1			m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Holly Pater	Leamington	195		55.53	55.53
	2	Joyella Jeffries	Cannock & Stafford AC	272		56.37	56.37
	3	Phoebe Dodd	Halesowen	217		57.11	57.11
	4	Khiaama Kofi	B&W&B	371		57.29	57.29
	5	Lucy Horton	DASH	241		57.44	57.44
	6	Mia Wainwright	Cannock & Stafford AC	265		57.45	57.45
	7	Jade Kinsey	B&W&B	372		57.97	57.97
	8	Louise Robinson	BRAT	322		64.13	64.13
	9						
	10						

400m	Race 2			m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Nia Myers	Notts AC	156		57.61	57.61
	2	Madeleine Whapples	SSH	101		58.42	58.42
	3	Therese Tolan	Birchfield	343		58.70	58.70
	4	Isabela Fernandez	Gloucester	235		58.93	58.93
	5	Niamh Bould	Stoke	90		59.08	59.08
	6	Larna Watkins	Cannock & Stafford AC	270		59.35	59.35
	7	Alice Lazenbury	Worcester	25		60.26	60.26
	8	Georgia Griffiths	Burton	302		DNS	DNS
	9						
	10						

400m	Race 3			m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Claire Borg	Hereford	211		59.04	59.04

2	Rosie Tyler	Burton	285		59.22	59.22
3	Carmen Van der Merwe	RSC	119		59.39	59.39
4	Ella Smith	Stratford	87		60.53	60.53
5	Jessica salt	Tamworth	67		61.74	61.74
6	Betty Rennocks	Notts AC	172		62.28	62.28
7	Lennie Covey	RSC	112		64.81	64.81
8	Stella Perrett	Cannock & Stafford AC	260			0.00
9						
10						

400m WOMEN	Race 4			m/s	Perf. Minutes	Perf. Seconds	Formatted
	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Isabel Kingston	BRAT	328		61.58	61.58
	2	Jessica Dale	Halesowen	227		62.54	62.54
	3	Charlotte Prince	Burton	308		62.63	62.63
	4	Katie Straw	RSC	113		66.35	66.35
	5	Shylar McKensie	Birchfield	346		68.62	68.62
	6	Jessica Tuckley	Nuneaton	148		73.27	73.27
	7	Michelle Thomas	Birchfield	353		DNS	DNS
	8	Sophie Steele	Newport	176		DNS	DNS
	9						
	10						

400m WOMEN	Race 5			m/s	Perf. Minutes	Perf. Seconds	Formatted
	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Gemma Knight	R&N	133		62.22	62.22
	2	Alice Tyler	Burton	310		63.21	63.21
	3	Daryna Kukhtina	Newport	183		63.60	63.60
	4	Skala Langton	Charnwood	254		64.02	64.02
	5	Ellena Ruddock	R&N	137		65.94	65.94
	6	Libby Oliver	Kidderminster	205		66.88	66.88
	7	Rosie Cale	Leamington	186		68.18	68.18
	8	Caprice Miloro	Sutton-in-Ashfield	73		70.00	70.00
	9						
	10						

400m WOMEN	Race 6			m/s	Perf. Minutes	Perf. Seconds	Formatted
	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Zelia Dussol	BRAT	311		63.52	63.52
	2	Amber Spackman	Gloucester	238		68.36	68.36
	3	Eleanor Cooknell	Leamington	199		69.42	69.42
	4	Molly Davey	Worcester	15		71.02	71.02
	5	Fiona Palmer	Notts AC	167		77.18	77.18
	6	Alex Lee	Sutton-in-Ashfield	75		78.52	78.52
	7	Stephanie Cooke	Nuneaton	144		DNS	DNS
	8						
	9						
	10						

400m WOMEN	Race 7			m/s	Perf. Minutes	Perf. Seconds	Formatted
	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

400m WOMEN	Race 8			m/s	Perf. Minutes	Perf. Seconds	Formatted
	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

400m WOMEN	Race 9			m/s	Perf. Minutes	Perf. Seconds	Formatted
	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						

	5						
	6						
	7						
	8						
	9						
	10						

400m	Race 10			m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

Event	Event	3000m walk	THIS IS THE WOMEN SPLIT OUT FROM THE MIXED WALK				
3000m walk	Race 1			m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Carolyn Derbyshire	Nuneaton	150	16	45.47	16:45.47
	2	Cat Hutchison	Worcester	21	19	1.54	19:01.54
	3	Helen Watson	Telford	63	19	11.44	19:11.44
	4	Julie Bellfield	Halesowen	225	19	41.38	19:41.38
	5	Jan McLure	Stratford	85	19	44.22	19:44.22
	6	Lynn Bellfield	Halesowen	222	21	29.29	21:29.29
	7	Domenika Malinowska	BRAT	337	21	52.16	21:52.16
	8	Judith Kelsall	Burton	295	24	9.94	24:09.94
	9	Laura Allen	Burton	293	30	32.82	30:32.82
	10						
	11						
	12						
	13						
	14						
	15						
	16						
	17						
	18						
	19						
	20						

3000m walk	Race 2			m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						
	11						
	12						
	13						
	14						
	15						
	16						
	17						
	18						
	19						
	20						

Event	Event	100m					
100m	Race 1	Wind reading if applic	0.1	m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Sophie Hulse	Cannock & Stafford AC	261		12.13	12.13
	2	Joyella Jeffries	Cannock & Stafford AC	272		12.27	12.27
	3	LaTaunya Samuels	W&B	39		12.43	12.43
	4	Mia Wainwright	Cannock & Stafford AC	265		12.51	12.51
	5	Rosie Tyler	Burton	285		12.76	12.76
	6	Hayley Perrin	BRAT	332		13.36	13.36
	7	Maia Thompson	R&N	124		DNS	DNS
	8	Tammy Saunders	W&B	31		DNS	DNS
	9						
	10						

100m	Race 2	Wind reading if applic	-0.8	m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Roisin Ellam	Shrewsbury	106		12.72	12.72
	2	Florence Thomas-Male	RSC	118		12.86	12.86
	3	Precious Njoku	Notts AC	154		12.88	12.88
	4	Ella Smith	Stratford	87		13.13	13.13
	5	Vanessa Mars	BRAT	312		13.47	13.47
	6	Alice Tyler	Burton	310		13.83	13.83
	7	Kayliah Henry	W&B	41		DNS	DNS
	8						
	9						
	10						
100m	Race 3	Wind reading if applic	-0.7	m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1	Libby Oliver	Kidderminster	205		13.38	13.38
	2	Millie Talbot	Burton	287		13.98	13.98
	3	Ellena Ruddock	R&N	137		14.00	14.00
	4	Nolwazi Ndlovu	Charnwood	255		14.31	14.31
	5	Michelle Thomas	Birchfield	353		14.47	14.47
	6	Sophie Godber	Tamworth	65		14.75	14.75
	7	Hollie Stow	Stoke	94		14.94	14.94
	8	Mel Garland	Worcester	16		15.50	15.50
	9						
	10						
100m	Race 4	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						
100m	Race 5	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						
100m	Race 6	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						
100m	Race 7	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						
100m	Race 8	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance

	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						
100m	Race 9	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						
100m	Race 10	Wind reading if applic		m/s	Perf. Minutes	Perf. Seconds	Formatted
WOMEN	Position	Competitor	Club	Bib Number	Whole mins.	xx.yy or xx.y	Performance
	1						
	2						
	3						
	4						
	5						
	6						
	7						
	8						
	9						
	10						

MEN	input - field events			Locking password is mcaa			
Event	Event	HT					
HT	Pool 1					Perf. metres	Formatted
MEN	Position	Competitor	Club	Bib Number		xx.yy	Performance
	1	Archie Small	Leamington	202		61.14	61.14
	2	Andrejs Virsics	Leamington	204		49.14	49.14
	3	Marcus Francis	Burton	290		45.31	45.31
	4	Iain Osborne	B&W&B	373		31.45	31.45
	5	Mark Boswell	Newport	179		31.23	31.23
	6	Cieran Lomax	Tipton	56		30.87	30.87
	7	Simon Pearce	BRAT	313		23.18	23.18
	8	Jak Carpenter	Cannock & Stafford AC	275		22.39	22.39
	9	Jaime Walker	Burton	299		21.19	21.19
	10						
	11						
	12						
	13						
	14						
	15						
	16						
	17						
	18						
	19						
	20						

HT	Pool 2					Perf. metres	Formatted
MEN	Position	Competitor	Club	Bib Number		xx.yy	Performance
	1	Chris Shorthouse	Birchfield	362		57.14	57.14
	2	Jack Hancock	R&N	129		44.21	44.21
	3	Martin Roberts	Cannock & Stafford AC	268		30.67	30.67
	4	Sam Cater	B&R	378		27.60	27.60
	5	Vito Ricci	B&R	376		26.85	26.85
	6	Gabe Mayall	R&N	135		24.72	24.72
	7	Konrad Katarzynski	Birchfield	354		23.28	23.28
	8	Anton-James Thompson	BRAT	340		23.02	23.02
	9	Steve Scottow	Nuneaton	143		20.50	20.50
	10	David Battersby	Stratford	89		20.29	20.29
	11	Martin Cherrington	Tipton	54		NM	NM
	12						
	13						
	14						
	15						
	16						
	17						

	18								
	19								
	20								

Event	Event	TJ						Best legal performance if applicable	
TJ	Pool 1				Wind if applic	Perf. metres	Formatted	Wind	Perf. metr
MEN	Position	Competitor	Club	Bib Number	m/s	xx.yy	Performance	m/s	xx.yy
	1	Matt Madden	Notts AC	158	-0.4	13.14	13.14		
	2	Jack Brothers	Telford	61	-0.1	12.64	12.64		
	3	Kayden King	SSH	102	0	12.19	12.19		
	4	Matt Yates	Shrewsbury	107	0.3	11.95	11.95		
	5	Roshane Gordon	W&B	32	0	11.57	11.57		
	6	Thomas Rhodes	Tipton	50	-1.1	11.00	11.00		
	7	Gavin Card	R&N	134	0	10.84	10.84		
	8	Theo Ricketts	W&B	28	0	10.30	10.30		
	9	Charlie Barker	R&N	140	-1.1	10.19	10.19		
	10	Jonathan Dumelow	Burton	296	-0.8	10.15	10.15		
	11	Luke Gawthorn	Newport	180	-1.6	10.01	10.01		
	12	Joshua Bedward	Birchfield	356		NM	NM		
	13								
	14								
	15								
	16								
	17								
	18								
	19								
	20								

								Best legal performance	
TJ	Pool 2				Wind if applic	Perf. metres	Formatted	Wind	Perf. metr
MEN	Position	Competitor	Club	Bib Number	m/s	xx.yy	Performance	m/s	xx.yy
	1	Nacardo Lewis	W&B	35	0	13.11	13.11		
	2	Daniel Adubofour	BRAT	338	-0.6	11.80	11.80		
	3	Daniel Katarzynski	Birchfield	361	0	11.45	11.45		
	4	Lucas Gibbs	Sutton-in-Ashfield	69	-1.1	11.01	11.01		
	5	Jordan Mitchell	Sutton-in-Ashfield	70	-1	11.01	11.01		
	6	David Hawkins	Gloucester	237	0	10.66	10.66		
	7	Henry Albatov	BRAT	330	-1.4	10.58	10.58		
	8	Kornel Rogaczewski	Telford	58	0	10.00	10.00		
	9	Martin Cherrington	Tipton	54	0	9.91	9.91		
	10	Jamie Chapman	Cannock & Stafford AC	274	-0.8	9.55	9.55		
	11								
	12								
	13								
	14								
	15								
	16								
	17								
	18								
	19								
	20								

Event	Event	HJ					
HJ	Pool 1					Perf. metres	Formatted
MEN	Position	Competitor	Club	Bib Number		xx.yy	Performance
	1	Dylan Phillips	Notts AC	170		2.00	2.00
	2	Sam Morris	BRAT	315		1.95	1.95
	3	Sam Marfleet	SSH	100		1.80	1.80
	4	Matty Morris	BRAT	321		1.80	1.80
	4	Matt Yates	Shrewsbury	107		1.80	1.80
	6	Oliver Dodd	Halesowen	219		1.75	1.75
	6	Jamie Croucher	Birchfield	357		1.75	1.75
	8	Rory Birtwistle	Notts AC	152		1.70	1.70
	9	Fletcher Harpham	Sutton-in-Ashfield	72		1.65	1.65
	9	Will Parsons	Yate	1		1.65	1.65
	9	Andrew Jay	Worcester	23		1.65	1.65
	12	William Willetts	B&W&B	366		1.65	1.65
	12	Thomas Rhodes	Tipton	50		1.65	1.65
	14	Charlie Barker	R&N	140		1.60	1.60
	15						
	16						
	17						
	18						
	19						
	20						

HJ	Pool 2					Perf. metres	Formatted
MEN	Position	Competitor	Club	Bib Number		xx.yy	Performance
	1	Harrison Postles	Stoke	96		1.75	1.75
	2	Isaac Gisbourne	Halesowen	229		1.70	1.70
	3	Oliver Knight	BRAT	388		1.70	1.70
	4	Noah Brunder	Tipton	53		1.70	1.70

5	Levi Gisbourne	Halesowen	224		1.65	1.65
6	Gavin Card	R&N	134		1.60	1.60
7	James Lappin	Leamington	193		1.55	1.55
7	Jonathan Dumelow	Burton	296		1.55	1.55
7	Martin Cherrington	Tipton	54		1.55	1.55
10	William Hovell	Stratford	77		1.55	1.55
11	Jak Carpenter	Cannock & Stafford AC	275		1.55	1.55
12	Alasdair Rigby	Cannock & Stafford AC	282		1.50	1.50
13	Rob Law	Cannock & Stafford AC	262		1.45	1.45
14	Daniel Kolodziej	Burton	305		1.40	1.40
15	Greg Richards	Burton	384		1.40	1.40
16						
17						
18						
19						
20						

Event **Event** **PV**

PV **Pool 1**

MIXED

Position	**Competitor**	**Club**	**Bib Number**		**Perf. metres** xx.yy	**Formatted Performance**
1	Braimoh Busari	Birchfield	363		4.40	4.40
2	Kofi Afirifah Mensah	Notts AC	160		4.20	4.20
3	James Robinson	Halesowen	228		4.00	4.00
4	Matty Morris	BRAT	321		4.00	4.00
5	Gavin Card	R&N	134		4.00	4.00
6	Liam Hillier	Yate	5		3.90	3.90
7	Emma Lyons	Notts AC	169		3.70	3.70
8	Harrison Postles	Stoke	96		3.50	3.50
9	Dexter Fynn	Leamington	200		3.50	3.50
10	Brooklyn Crooks	Notts AC	171		3.50	3.50
11	Martyin Vincent	R&N	122		3.40	3.40
12	Sophie Hornung	Yate	2		3.30	3.30
13	Jordan Mitchell	Sutton-in-Ashfield	70		3.30	3.30
14	William Hovell	Stratford	77		3.20	3.20
15	Charlotte Prince	Burton	308		3.10	3.10
16	Robert Egan	Leamington	187		2.90	2.90
17	Hannah Lewis	Notts AC	164		2.90	2.90
18	Lauren Healy	Leamington	189		2.80	2.80
19	Simon Pearce	BRAT	313		2.80	2.80
20	Alexander Clegg	BRAT	341		2.70	2.70
21	Finn Williams-Stein	Leamington	197		NH	NH

PV **Pool 2**

MIXED

Position	**Competitor**	**Club**	**Bib Number**		**Perf. metres** xx.yy	**Formatted Performance**
1	Jonny Shine	Yate	6		3.10	3.10
2	Natasha Clarke	Birchfield	352		3.00	3.00
2	Ella Wilkinson	Leamington	198		3.00	3.00
4	Jonathan Dumelow	Burton	296		2.90	2.90
5	Jak Carpenter	Cannock & Stafford AC	275		2.80	2.80
6	Joshua Hodges	Halesowen	226		2.70	2.70
7	Martin Cherrington	Tipton	54		2.60	2.60
8	Paul Yeoman	Newport	177		2.40	2.40
9	Alistair Knight	R&N	141		2.40	2.40
10	Melania Tutt	Burton	288		2.30	2.30
11	Hannah Davis	Leamington	196		2.20	2.20
12	Poppy Dunlop	Halesowen	216		2.00	2.00
13	Helen Watson	Telford	63		1.85	1.85
14	Rebecca Hartshorne	Tipton	51		1.70	1.70
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Event **Event** **SP**

SP **Pool 1**

MEN

Position	**Competitor**	**Club**	**Bib Number**		**Perf. metres** xx.yy	**Formatted Performance**
1	Marcus Francis	Burton	290		12.38	12.38
2	Matthew Baker	Newport	178		12.15	12.15
3	Steve Scottow	Nuneaton	143		10.00	10.00
4	Gabe Mayall	R&N	135		9.71	9.71
5	Sam Cater	B&R	378		8.76	8.76
6	Vito Ricci	B&R	376		8.27	8.27
7	Mark Boswell	Newport	179		7.49	7.49
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WOMEN	**input - field events**				Locking password is mcaa				
Event	**Event**	**HT**							
HT	**Pool 1**						**Perf. metres**	**Formatted**	
WOMEN	**Position**	**Competitor**	**Club**	**Bib Number**			**xx.yy**	**Performance**	
	1	Poppy Bean	Notts AC	155			55.58	55.58	
	2	Annabelle Crossdale	Notts AC	173			53.53	53.53	
	3	Jasmine Routledge	Burton	298			45.24	45.24	
	4	Ellen Thrall	Gloucester	236			45.01	45.01	
	5	Chrissie Prince	Burton	307			44.97	44.97	
	6	Jenna Galiszewski	Burton	297			43.73	43.73	
	7	Maisey Harvey	B&W&B	369			43.61	43.61	
	8	Louise Webster	W&B	38			41.80	41.80	
	9	Hannah Smith	RSC	117			40.57	40.57	
	10	Charlotte Bowers	R&N	139			39.64	39.64	
	11	Charlotte Colbert	Hereford	212			37.95	37.95	
	12	Savana Krunity-Salako	Yate	3			37.71	37.71	
	13	Georgina Neilson	W&B	43			36.94	36.94	
	14	Jess Surridge	Kidderminster	206			36.77	36.77	
	15	Karen Bailey	BRAT	324			35.23	35.23	
	16	Karoline Schneider	Leamington	191			33.16	33.16	
	17	Betsy Cooper	Halesowen	231			33.04	33.04	
	18	Lisa Boswell	Newport	181			32.81	32.81	
	19	Hayley Dimond	R&N	132			30.78	30.78	
	20	Maria Townsend	B&W&B	390			17.76	17.76	
	21								
HT	**Pool 2**						**Perf. metres**	**Formatted**	
WOMEN	**Position**	**Competitor**	**Club**	**Bib Number**			**xx.yy**	**Performance**	
	1	Ash Hillier-Smith	Yate	7			29.13	29.13	
	2	Kate Whiston-Smith	SSH	103			28.34	28.34	
	3	Rebecca Hartshorne	Tipton	51			27.32	27.32	
	4	Paula Williams	Stratford	79			26.12	26.12	
	5	Ava Gordon	Worcester	22			23.85	23.85	
	6	Linsi Scottow	Nuneaton	146			23.67	23.67	
	7	Amanda Davis	Sutton-in-Ashfield	74			23.17	23.17	
	8	Abigale Howell	Sutton-in-Ashfield	76			23.17	23.17	
	9	Olivia Postles	Tipton	52			22.70	22.70	
	10	Jen Harpham	Sutton-in-Ashfield	71			22.04	22.04	
	11	Rhiana Burrell	Birchfield	349			21.67	21.67	
	12	Natalie Griffiths	Cannock & Stafford AC	264			20.73	20.73	
	13	Kathryn Woodcock	Stratford	82			20.24	20.24	
	14	Imogen Sheppard	Stratford	86			20.22	20.22	
	15	Deborah Montgomery	BRAT	385			19.96	19.96	
	16	Sarah Bolderstone-Bowers	R&N	120			18.66	18.66	
	17	Rest Honour Akinkuolie	Birchfield	350			17.91	17.91	
	18	Helen Callaghan	BRAT	331			16.68	16.68	
	19								
	20								

									Best legal performance if applicable	
Event	**Event**	**TJ**								
TJ	**Pool 1**				**Wind if applic**	**Perf. metres**	**Formatted**		**Wind**	**Perf. metr**
WOMEN	**Position**	**Competitor**	**Club**	**Bib Number**	**m/s**	**xx.yy**	**Performance**		**m/s**	**xx.yy**
	1	Louise Hirst	Notts AC	159	0.4	11.48	11.48			
	2	Sam Barrett	B&W&B	367	1.0	11.35	11.35			
	3	Lottie Woodward	Burton	292	0.8	10.79	10.79			
	4	Kadisha Nwachukwu	Telford	59	0.0	10.77	10.77			
	5	Elin Jones	Newport	182	0.0	10.42	10.42			
	6	Megan Evans	RSC	111	0.9	10.29	10.29			
	7	Maria Rekoumi	R&N	123	0.0	10.28	10.28			
	8	Linsi Scottow	Nuneaton	146	0.7	10.25	10.25			
	9	Mia Wainwright	Cannock & Stafford AC	265	-1.0	9.90	9.90			
	10	Emma Hall	Worcester	17	0.0	9.74	9.74			
	11	Louisa Bando	BRAT	323	0.0	9.64	9.64			
	12	Elizabeth Bryant	Worcester	18	0.0	9.06	9.06			
	13	Lauren Healy	Leamington	189	0.0	8.77	8.77			
	14	Rosie Cale	Leamington	186	0.0	8.65	8.65			
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									Best legal performance	
TJ	**Pool 2**				**Wind if applic**	**Perf. metres**	**Formatted**		**Wind**	**Perf. metr**
WOMEN	**Position**	**Competitor**	**Club**	**Bib Number**	**m/s**	**xx.yy**	**Performance**		**m/s**	**xx.yy**

1	Danielle Hopkins	Worcester	19	1.1	10.40	10.40		
2	Larna Watkins	Cannock & Stafford AC	270	0.0	10.35	10.35		
3	Isabelle Haworth	Coventry	247	0.0	10.19	10.19		
4	Isobel Burfitt	Cheltenham	251	0.0	9.29	9.29		
5	Millie Talbot	Burton	287	0.0	9.16	9.16		
6	Natasha Clarke	Birchfield	352	0.0	8.98	8.98		
7	Vanessa Mars	BRAT	312	0.0	8.81	8.81		
8	Sienna Jackson	Halesowen	214	0.0	8.68	8.68		
9	Erin Straker	Hereford	210	0.0	8.67	8.67		
10	Mel Garland	Worcester	16	0.0	8.47	8.47		
11	Helen Watson	Telford	63	0.0	7.28	7.28		
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Event **Event** **HJ**

HJ **Pool 1**

WOMEN

Position	**Competitor**	**Club**	**Bib Number**		**Perf. metres xx.yy**	**Formatted Performance**
1	Lily Bailey	B&W&B	370		1.70	1.70
2	Rhiana Burrell	Birchfield	349		1.65	1.65
3	Natalie Seyler	Worcester	13		1.60	1.60
3	Harriet Moss	SSH	105		1.60	1.60
5	Natasha Need	Notts AC	157		1.60	1.60
6	Danielle Hopkins	Worcester	19		1.55	1.55
7	Jessica Dale	Halesowen	227		1.45	1.45
7	Sam Barrett	B&W&B	367		1.45	1.45
9	Emma Lyons	Notts AC	169		1.45	1.45
10	Jessica Pym	SSH	104		1.45	1.45
11	Erin Straker	Hereford	210		1.35	1.35
11	Amber Hopkins	Worcester	24		1.35	1.35
13	Emma Ross	Kidderminster	207		1.30	1.30
14	Lauren Healy	Leamington	189		1.30	1.30
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HJ **Pool 2**

WOMEN

Position	**Competitor**	**Club**	**Bib Number**		**Perf. metres xx.yy**	**Formatted Performance**
1	Heather Law	Cannock & Stafford AC	276		1.50	1.50
2	Hayley Dimond	R&N	132		1.50	1.50
3	Millie Talbot	Burton	287		1.40	1.40
4	Noor Bailey	BRAT	318		1.40	1.40
5	Larna Watkins	Cannock & Stafford AC	270		1.35	1.35
6	Isobel Burfitt	Cheltenham	251		1.35	1.35
7	Natasha Clarke	Birchfield	352		1.30	1.30
8	Melania Tutt	Burton	288		1.25	1.25
8	Hollie Stow	Stoke	94		1.25	1.25
8	Serenity Francis	BRAT	314		1.25	1.25
11	Mel Garland	Worcester	16		1.25	1.25
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Event **Event** **PV**

PV **Pool 3**

MIXED

Position	**Competitor**	**Club**	**Bib Number**		**Perf. metres xx.yy**	**Formatted Performance**
1	Emma Lyons	Notts AC	169		3.70	3.70
2	Sophie Hornung	Yate	2		3.30	3.30
3	Charlotte Prince	Burton	308		3.10	3.10
4	Hannah Lewis	Notts AC	164		2.90	2.90
5	Lauren Healy	Leamington	189		2.80	2.80
6	Natasha Clarke	Birchfield	352		3.00	3.00
7	Ella Wilkinson	Leamington	198		3.00	3.00
8	Melania Tutt	Burton	288		2.30	2.30
9	Hannah Davis	Leamington	196		2.20	2.20
10	Poppy Dunlop	Halesowen	216		2.00	2.00

11	Helen Watson	Telford	63		1.85	1.85
12	Rebecca Hartshorne	Tipton	51		1.70	1.70
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PV
MIXED

Pool 4					**Perf. metres**	**Formatted**
Position	**Competitor**	**Club**	**Bib Number**		**xx.yy**	**Performance**
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Event **Event** **SP**
SP
WOMEN

Pool 1					**Perf. metres**	**Formatted**
Position	**Competitor**	**Club**	**Bib Number**		**xx.yy**	**Performance**
1	Imogen Lane	Coventry	248		12.07	12.07
2	Paula Williams	Stratford	79		11.36	11.36
3	Linsi Scottow	Nuneaton	146		10.30	10.30
4	Issabelle Knight	R&N	130		10.14	10.14
5	Charlotte Colbert	Hereford	212		8.99	8.99
6	Lisa Boswell	Newport	181		8.65	8.65
7	Maria Townsend	B&W&B	390		8.28	8.28
8	Rebecca Hartshorne	Tipton	51		7.68	7.68
9	Maisey Harvey	B&W&B	369		7.67	7.67
10	Karoline Schneider	Leamington	191		7.25	7.25
11	Jen Harpham	Sutton-in-Ashfield	71		6.71	6.71
12	Hollie Stow	Stoke	94		6.47	6.47
13	Olivia Postles	Tipton	52		6.26	6.26
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